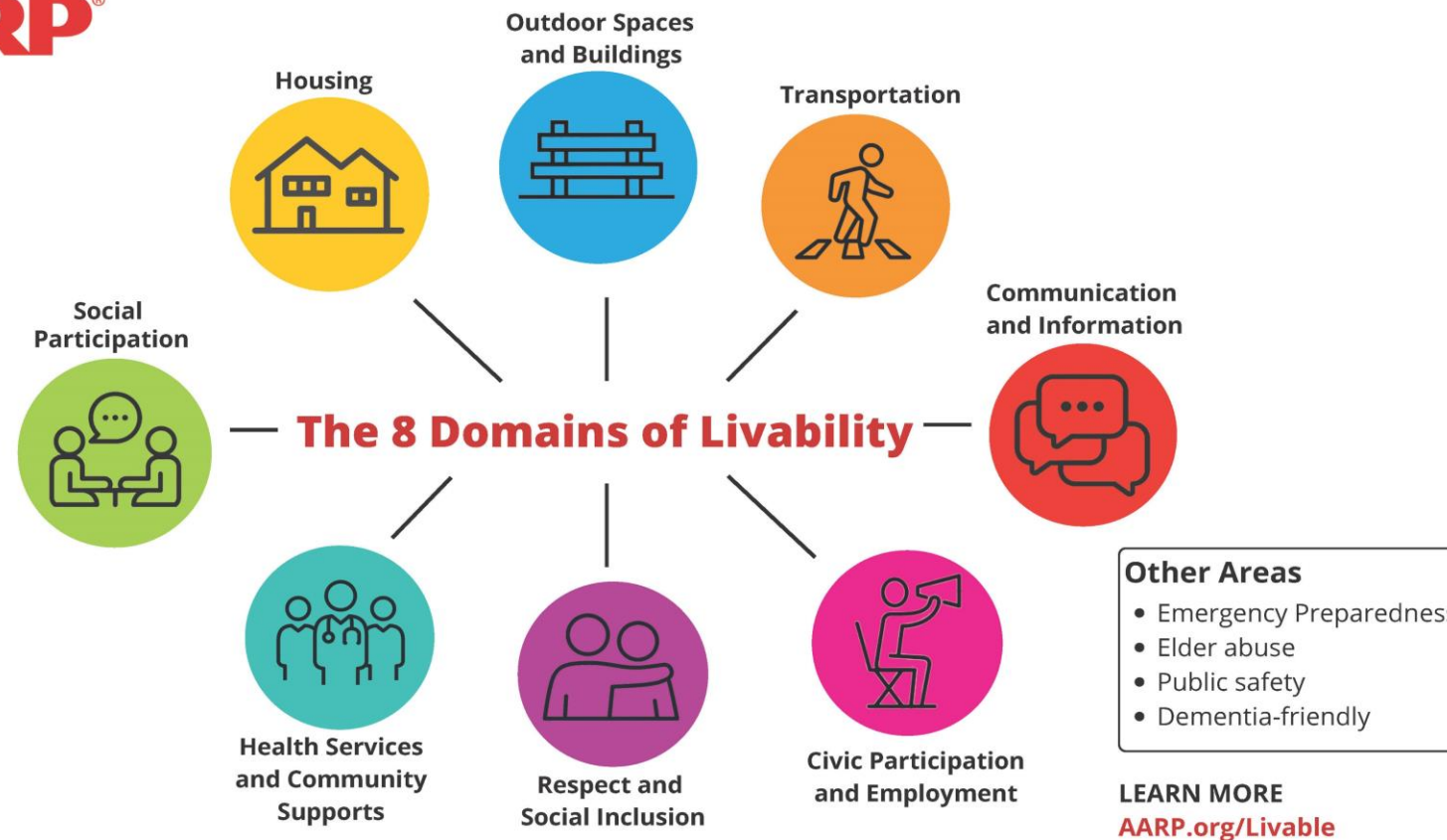


## WHY DIRECTION HOME AGING AND DISABILITIES IS A LEAD IN AGE FRIENDLY EFFORTS

- Alignment with current AAA Mission and Vision
- Alignment with AAA role and requirements
- Momentum for Aging in Place Initiatives

# AGE-FRIENDLY 101



## ALIGNMENT WITH MISSION AND VISION

- Social Determinants of Health and Aging
- Long Term Services and Supports Provision

Figure 1

## Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment Income Expenses Debt Medical bills Support	Housing Transportation Safety Parks Playgrounds Walkability Zip code / geography	Literacy Language Early childhood education Vocational training Higher education	Hunger Access to healthy options	Social integration Support systems Community engagement Discrimination Stress	Health coverage Provider availability Provider linguistic and cultural competency Quality of care

### Health Outcomes

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

Figure 1

## Social Determinants of Health

	Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
<b>Area Agencies on Aging</b>	<b>LTC Planning</b>	<b>Home Repair</b>	<b>Wellness Trainings</b>	<b>Home Delivered Meals</b>	<b>Rights Protection</b>	Transportation
<b>Programs and Services (based on qualifications)</b>	<b>Legal Aid</b>	<b>Housing Information</b>	<b>Information and Assistance</b>	<b>Congregate Meal Sites</b>	<b>Care Managers</b>	<b>Chronic Disease Self Management</b>
	<b>ADRC Access to Resources</b>				<b>Assessments</b>	<b>Transition Services/ Coaching</b>
					<b>Areawide/ Area Plan</b>	

### Health Outcomes

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

# ALIGNMENT WITH ROLE AND REQUIREMENTS

- According to Administration for Community Living:

*“An Area Agency on Aging (AAA) is a public or private nonprofit agency designated by a state to address the needs and concerns of all older persons at the regional and local levels. AAA is a general term—names of local AAAs may vary.*

*AAAs are primarily responsible for a geographic area, also known as a planning and service area (PSA), that is either a city, a single county, or a multi-county district. AAAs may be categorized as a county, city, regional planning council or council of governments, private, or nonprofit.*

*AAAs coordinate and offer services that help older adults remain in their homes, if that is their preference, aided by services such as home-delivered meals, homemaker assistance, and whatever else it may take to make independent living a viable option. By making a range of supports available, AAAs make it possible for older individuals to choose the services and living arrangements that suit them best.”*

## ALIGNMENT WITH ROLE AND REQUIREMENTS

- Older Americans Act

“for community planning and social services, research and development projects, and personnel training in the field of aging”

# MOMENTUM FOR AGING IN PLACE INITIATIVES

- Many action steps/outcomes require ongoing funding
- Medicaid vs. Private Pay
- Senior Service Levies

**AAA as THE leader in older adult planning  
and services in the community**



## OVERARCHING THEMES

- A. Educate & Empower
- B. Communicate Broadly
- C. Remove Barriers
- D. Increase Connections
- E. Enhance Livability
- F. Improve Community Services

## HIGHLIGHTED ACTION STEPS

- **Develop a “positive aging campaign”** featuring older adults in the County that shines a positive light on aging and involves all residents.
- **Launch a communication campaign** that focuses on educating older adults about the use of and benefits to utilizing all transportation options in the County.
- **Create an “Age-Friendly Seal of Approval” Program** aimed at businesses, service providers, transit options and public spaces to improve the County’s “age-friendliness.”
- **Create a countywide older-adult social and events resource** that can be made available to the public.
- **Develop a countywide home improvement and maintenance program** that offers services regardless of homeownership status.
- **Enhance the County’s geriatric/gerontological services** to more comprehensively guide the older adult and their caregivers as they age.