

VISION FOR THE FUTURE

Supportive Housing Models
and
Housing Stability

Housing is a foundation for health and well-being



SASH

- Support and Services at Home
- **What is SASH?**
- SASH coordinates the resources of social-service agencies, community health providers and nonprofit housing organizations to support Vermonters who choose to live independently at home. Individualized, on-site support is provided by a Wellness Nurse and a SASH Care Coordinator.
- **AAAs are part of the SASH team in Vermont**

Why SASH?

- Changes in health and well-being can make staying at home challenging
- Using home as the platform or foundation for a comprehensive system of support.
- **The SASH Program helps slow the growth of Medicare Expenditures**

Enhanced Service Coordination

- Congregate housing populations
- Opportunity to have an impact on health and increase ability to age in place
- Many models being developed across the country including work done by National Church Residences
- Developing a model that is proactive versus reactive

HUD Designs Pilot with Evaluation

- Through the success of other models and due to increased data around congregate housing population HUD created a Demonstration Project
- Model includes enhanced service coordination and a part-time wellness nurse
- 40 sites - scattered across 7 states

Purpose of Demonstration

- Test and evaluate an enhanced supportive services model in affordable senior housing that facilitates aging in place by helping residents proactively address their social and health care needs

Goals and Outcome Measures

- Goals:
 - Expand and support residents' self-care management capacity
 - Enhance access and use of health and social services
 - Improve housing stability
 - Improve resident wellbeing and quality of life

- Outcomes:
 - Reduce unnecessary or avoidable healthcare utilization
 - Reduce unnecessary transitions to institutional care

HUD's take on Housing as a Platform

- “We know that housing can be a platform for driving other outcomes—that housing is not just a typical market good, but a place to anchor services and where different policies central to opportunity can be overlaid.”

What can we do now?

- Harness the wisdom in this room and our network!

Red Flags

- Lots of pets
- Hoarding
- Having other family members move in
- Active on the internet/social media
- Change in finances
- Addiction/family members with addiction
- Behavioral health symptoms – delusions
- Cognitive changes

Call to action

- Work together to create and pilot a housing stability screening form
- For those at risk – “maintain housing” becomes part of care plan
- edrewry@coaaa.org