Bridging the Gaps: Growing Connections Between Aging and Disability

JENNIFER HESTON-MULLINS, PHD, LISW SCRIPPS GERONTOLOGY CENTER, MIAMI UNIVERSITY

JENNIFER HUDAK, MPA SUMMIT COUNTY DEVELOPMENTAL DISABILITIES BOARD

ANNE TAPIA, LISW OHIO DEPARTMENT OF DEVELOPMENTAL DISABILITIES

> LYNDI WYROSTEK, LSW MEMORYLANE CARE SERVICES

> > October 23, 2024

1:30 - 3:00 p.m.

2024 o4a Annual Conference for Ohio's Aging & Disability Network

Session Objectives

Participants will:

- Gain perspective of the system overlaps and gaps between the aging Intellectual and Developmental Disabilities (IDD) networks
- Identify barriers and facilitators to bridging current gaps in understanding and services
- Determine common goals and resources between aging and IDD and areas for potential collaboration.



Community Stigma

Ageism = Stereotypes (how we think), prejudice (how we feel), and discrimination (how we act) toward others or ourselves based on age.

Based on the belief that a person's capabilities, worth, or value are determined solely by their age.

Rooted in the assumption that aging is an satisfying process and older adults are less valuable or of no interest to society.

Ableism = Oppression, prejudice, stereotyping, or discrimination against disabled people based on actual or presumed disability.

Based on the belief that typical abilities are superior.

Rooted in the assumption that disabled people require "fixing" and defines people by their disability.

Ageism and Ableism

Influence our language and thinking

Negatively impact our health and well-being, our financial security, and the economy

Influence everything from personal interactions to public policy, and impact us at every age

Setting the Tone...

- This is a new space we've never been here before.
- We are all here to learn.
- It's okay if we don't have the right language and terms today.



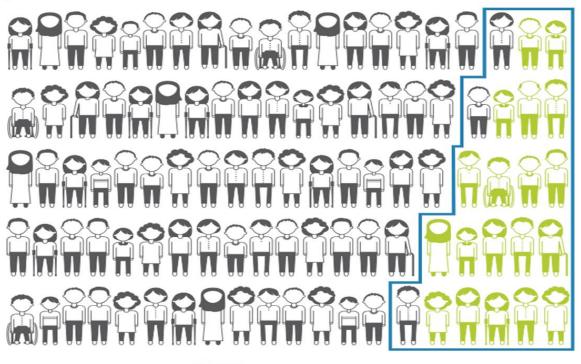
Terminology Crosswalk

Developmental Disability System	Function	Aging System	
Direct Support Professional (DSP)	Individual providing paid personal care	State Tested Nursing Aide (STNA) Certified Nursing Assistant (CNA) Nurse Aide or Personal Care Aide	
Service and Support Administrator (SSA)	Professional who provides case management and service coordination	Care Manager, Case Manager	
Caregiver, Natural Support	Unpaid family member or friend providing support and care	Caregiver, Care Partner, Informal Caregivers	
Individual Service Plan (ISP)	Document detailing an individual's needs for care and support and planned interventions	Service Plan; Care Plan	
Community Integration	Community Integration Living in your own home as independent as possible with appropriate paid and unpaid supports		

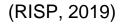




7.39 million people in the United States had Intellectual or Developmental Disabilities (IDD) in 2019

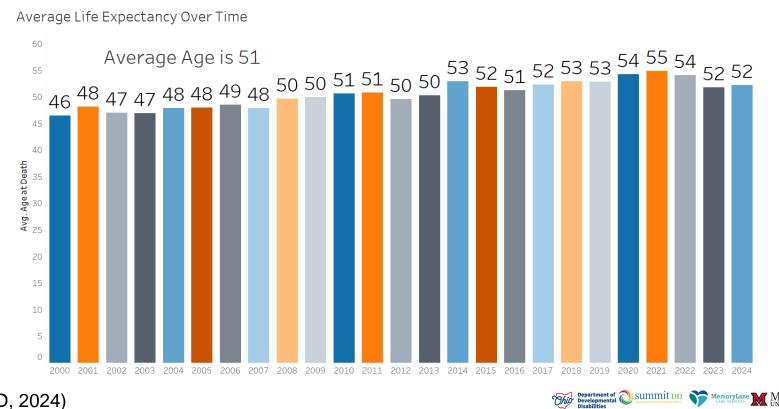


22% 1.58 million people with IDD were known to or served by state IDD agencies





Life Expectancy for People with Disabilities Served in Ohio



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(DODD, 2024)

THE MEDICAL & SOCIAL MODEL OF DISABILITY



Social Mode

- Disability is a medical problem.
- Individuals with disabilities are considered sick or unhealthy.
- Services are meant to:
 - Cure the disabling condition.
 - Modify the behavior of the individual.

• Disability is a social phenomenon.

- There is a difference between health and disability.
- Services are meant to:

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- Modify the environment.
- Allow for the individual to participate fully.



Evolution of Disability

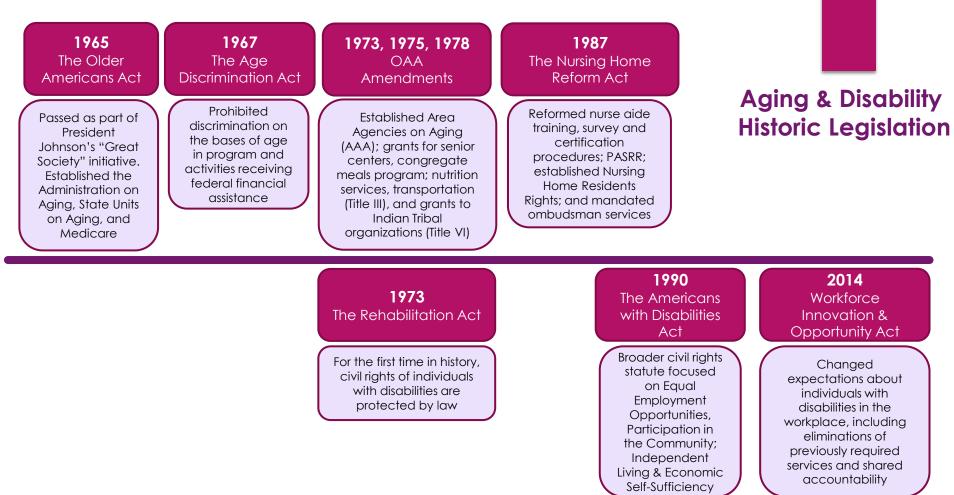
We must acknowledge and value...

- Historical discrimination of people with disabilities working, pursuing education, and living independently
- Families' past experiences related to the service systems, particularly considering how expectations and best practices have evolved over time

"People with disabilities have forged a group identity. We share a common history of oppression and a common bond of resilience. We generate art, music, literature, and other expressions of our lives, our culture, infused from our experience of disability. Most importantly, we are proud of ourselves as people with disabilities. We claim our disabilities with pride as part of our identity. We are who we are: we are people with disabilities."

~Stella Young, Disability Advocate

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Department of Developmental Community Care Services Manager Services Community Screws Gerontology Center Developmental Community Screws Gerontology Center

Administration for Community Living (ACL)

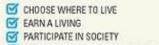
- Established April 18, 2012
- Combined the Administration on Aging, the Office on Disability, and the Administration on Developmental Disabilities
- Rooted in the idea that people with disabilities or functional limitations of any type, regardless of age, have a common interest in being able to access home and community-based supports and services
- The creation of the ACL has enhanced the ability of programs to help older adults and people with disabilities of all ages to live where and with whom they choose and fully participate in their communities.

ADMINISTRATION FOR COMMUNITY LIVING

IMPROVING THE LIVES OF OLDER ADULTS AND PEOPLE WITH **DISABILITIES THROUGH SERVICES, RESEARCH, AND EDUCATION**

WHAT IS COMMUNITY LIVING?

OLDER ADULTS AND PEOPLE WITH DISABILITIES HAVE THE SAME OPPORTUNITIES AS EVERYONE ELSE TO:



MAKE DECISIONS ABOUT THEIR LIVES

WHY IS COMMUNITY LIVING IMPORTANT?



HOW DOES ACL SUPPORT COMMUNITY LIVING?

FUNDS SERVICES INVESTS IN RESEARCH. ADVOCATES FOR (12 THAT HELP PEOPLE LIVE INNOVATION, TRAINING, PEOPLE WITH DISABILITIES INDEPENDENTLY AND EDUCATION AND OLDER ADULTS WHO ARE ACL'S PARTNERS? NONPROFIT, NATIONWIDE AGING STATES, TRIBES, COLLEGES FAITH-BASED, OTHER FEDERAL AND DISABILITY AND AND AGENCIES AND INDUSTRY UNIVERSITIES **NETWORKS** COMMUNITIES PARTNERS







Ohio's Aging Network

- 12 AAAs that cumulatively represent all 88 counties.
- Ohio's AAAs are designated by the Ohio Department of Aging.
- Sometimes referred to as Planning and Services Areas (PSAs)

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Ohio Senior Service Levies

- Ohio is one of 15 states using voter-approved local funding to provide aging services.
- 74 of Ohio's 88 counties have countywide levy initiatives.
- Ohio generates more than \$200 million in local funds to support aging services.
- Services most commonly provided through levy funding are meals, transportation, and homemaking.

(Koutmoutzis, Mayberry, Heston-Mullins, & Applebaum, 2021)



Developmental Disability System 101

The county board completes the "Ohio Eligibility Determination Instrument," which is commonly referred to as the "OEDI," to assess functional abilities. For a child age 6 thorugh 15, county boards complete the "Chidren's Ohio Eligibility Determination Instrument," or "COEDI"

County board eligibility is the first step in the process to get support through a county board of developmental disabilities. If eligible, a service and support administrator from the the county board is assigned to help coordinate services to meet the needs and goals of the person.



Developmental Disability: Ohio Revised Code

(Q) "Developmental disability" means a severe, chronic disability that is characterized by all of the following:

- (1) It is attributable to a mental or physical impairment or a combination of mental and physical impairments, other than a mental or physical impairment solely caused by mental illness, as defined in division (A) of section <u>5122.01</u> of the Revised Code.
- (2) It is manifested before age twenty-two.
- (3) It is likely to continue indefinitely.



Ohio DD System Structure - Partners

- 88 County Boards of DD
- Nearly 2,000 private providers employing 50,000 DSPs
- 9,000 Independent Providers





System Commonalities (How are aging and IDD alike?)

- Stigmatized and marginalized populations
- Policies and services impact the whole family, not just the individual
- Workforce shortage crisis
- Focus on home and community-based services
- Robust systems with 88 local variabilities



System Overlaps (Where do aging and IDD intersect?)

- Families (aging parent caring for adult child with IDD)
- Medical Care hospitals, nursing facilities
 - PASRR
- Transportation



System Gaps (Where can aging and IDD do better?)

- Holistic family approach
- System collaboration
- Training (for IDD about aging; for aging about IDD)
- Adult Day Services
- Quality Standards and Measures
 - Major Unusual Incidents (MUI)
 - Adult Protective Services and Long-term Care Ombudsman



Let's Discuss...

What examples or experiences do you have in engaging in cross-system work?





Opportunities for Connection

Where can aging and IDD professionals get more information and resources?

- State
 - Collaborative for Adult Resources and Information (CARI)



Collaborative for Adult Resources and Information (CARI)

Expanding the journey through adulthood and aging; for adults with intellectual and developmental disabilities (I/DD).



DETERMINE GAPS Problem-solve the barriers to care and the gaps in services

COLLABORATION

Forge new and stronger connections around aging and developmental disabilities





RESOURCES Highlight resources and information to navigate adult life transitions and aging

INCREASE AWARENESS Create awareness in our community sobut aging and developmental disabilities





TRAINING & EDUCATION

Host a conference or trainings for individuals, families, caregivers and professionals to increase their knowledge and understanding of best practices and available supports

Get Engaged!

anne.tapia@dodd.ohio.gov







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Opportunities for Connection

Where can aging and IDD professionals get more information and resources?

State

Collaborative for Adult Resources and Information (CARI)

Regional

- County Boards of DD
- Area Agencies on Aging

Local

- Age-Friendly Communitity Initiatives
- Dementia Friendly Community Initiatives
- Community Coalitions
 - e.g., Coalition of Organizations Protecting Elders (C.O.P.E.)



Opportunities for Shared Effort (How can aging and IDD work together?)

- Grants (e.g., ACL Alzheimer's Disease Program Initiative (ADPI))
- Training and Education Development
- Policy Advocacy
- Publications (e.g., Gerontologist article)
- Presentations



2023-2026 **State Plan on Aging**











October 2022



Department of Developmental Disabilities

WHO WE ARE

Mission

DODD's mission is to partner with people and communities to support Ohioans with developmental disabilities and their families in realizing their version of a good life.

Vision

Ohio is the heart of opportunity, and we envision Ohio as the best place in the nation for people with developmental disabilities to thrive.

Key Programs

Employment First, Technology First, the OhioISP, and more!

Follow us on social media @DODDOhio

88 COUNTY BOARDS 100,000 OHIOANS SUPPORTED

you or your family.

Ohio is the heart of

The Ohio Department of Developmental

Disabilities (DODD) oversees a statewide system of

services that supports over 100,000 people with

support teams. DODD focuses on the health and

safety of people with developmental disabilities and increasing access and opportunities for

In Ohio, services and supports, as well as eligibility

disabilities is the place to start for assessing needs

and coordinating which services can best support

determinations, are all managed at the county level. The local county board of developmental

developmental disabilities, their families, and

community participation and integration.

opportunity.

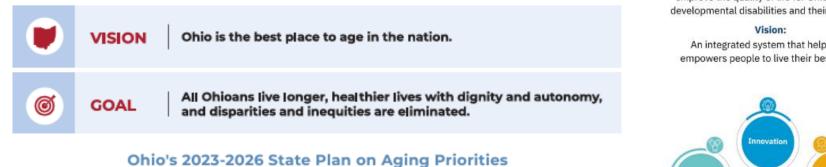
6 REGIONAL SUPPORT TEAMS



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Figure 2. 2023-2026 State Plan on Aging Framework



Community Conditions	\$ 🎓 🖷 🕽	》	Social Connectedness	### 1 ##
Healthy Living	ú ≪ 】	》	Population Health	ar 🕈 🕈 🕈
Access to Care	今৬備 】	》	Preserving Independence	11 /t
PRINCIPLES 🔮 Elder Justice 🌼 Equity 🔆 Federal Priorities				

DODD Guiding Principles Mission:

Improve the quality of life for Ohioans with developmental disabilities and their families.

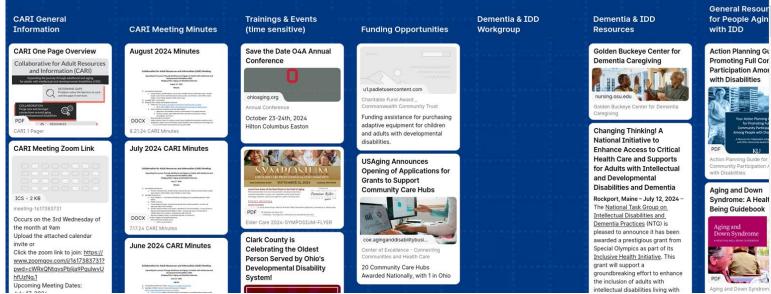
An integrated system that helps and empowers people to live their best lives.



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CARI Padlet

CARI: Collaborative for Adult Resources and Information





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Promoting Full Cor Participation Amor



Community Participation /

Syndrome: A Healt **Being Guidebook**



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Lessons Learned

- Build relationships and learned systems to succeed
- Expand education and learning
 - Training in other systems provides an area of specialization and expertise for staff and may help with workforce retention
- Be open to innovation
- Pilot and adapt services
- Opportunities for aging and IDD systems to work together
 - Statewide (CARI; grants)
 - Regionally (AAA & County Board partnerships)
 - Locally (Age- and Dementia-Friendly Initiatives; Community Coalitions)



Online self-paced version of Dementia Friends for IDD The Gerontological Society of America (GSA) KAER Toolkit Compendium for IDD Population

Next Steps

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NTG - Early Detection and Screen for Dementia (NTG-EDSD) IDD Communities volunteering in Aging Services

Aging Services Providers serving individuals with IDD Pilot of Hospital Transitions Program for individuals with IDD and Dementia

Other Resources

- Building Dementia-Friendly Communities: Ohio's Innovative Approaches for Dementia-Friendly Initiatives and New Resources for I/DD
- National Task Group (NTG) on Dementia and Intellectual and Developmental Disabilities
 - Statewide Affiliated Regional Trainers
- Kickstart Assess Evaluate Refer (KAER) Toolkit
- Grants focused on IDD and Aging
 - Administration for Community Living Alzheimer's Disease and Dementia Programs Initiative (ADPI)

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<u>Future Planning - Hamilton County DDS</u> - The Future is Now

Contact Us



Jennifer Hudak, MPA Summit DD jhudak@summitdd.org





Anne Tapia, LISW Ohio Department of Development Disabilities Anne.Tapia@dodd.ohio.gov





Jennifer Heston-Mullins, PhD, LISW Scripps Gerontology Center hestonjl@MiamiOH.edu



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Lyndi Wyrostek, LSW MemoryLane Care Services Lyndi@memorylanecareservies.org



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Thank you!

QUESTIONS? COMMENTS?

