



DECISION-MAKING AND OLDER ADULTS

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Goals and Objectives

1

Identify decision making and problem solving.

2

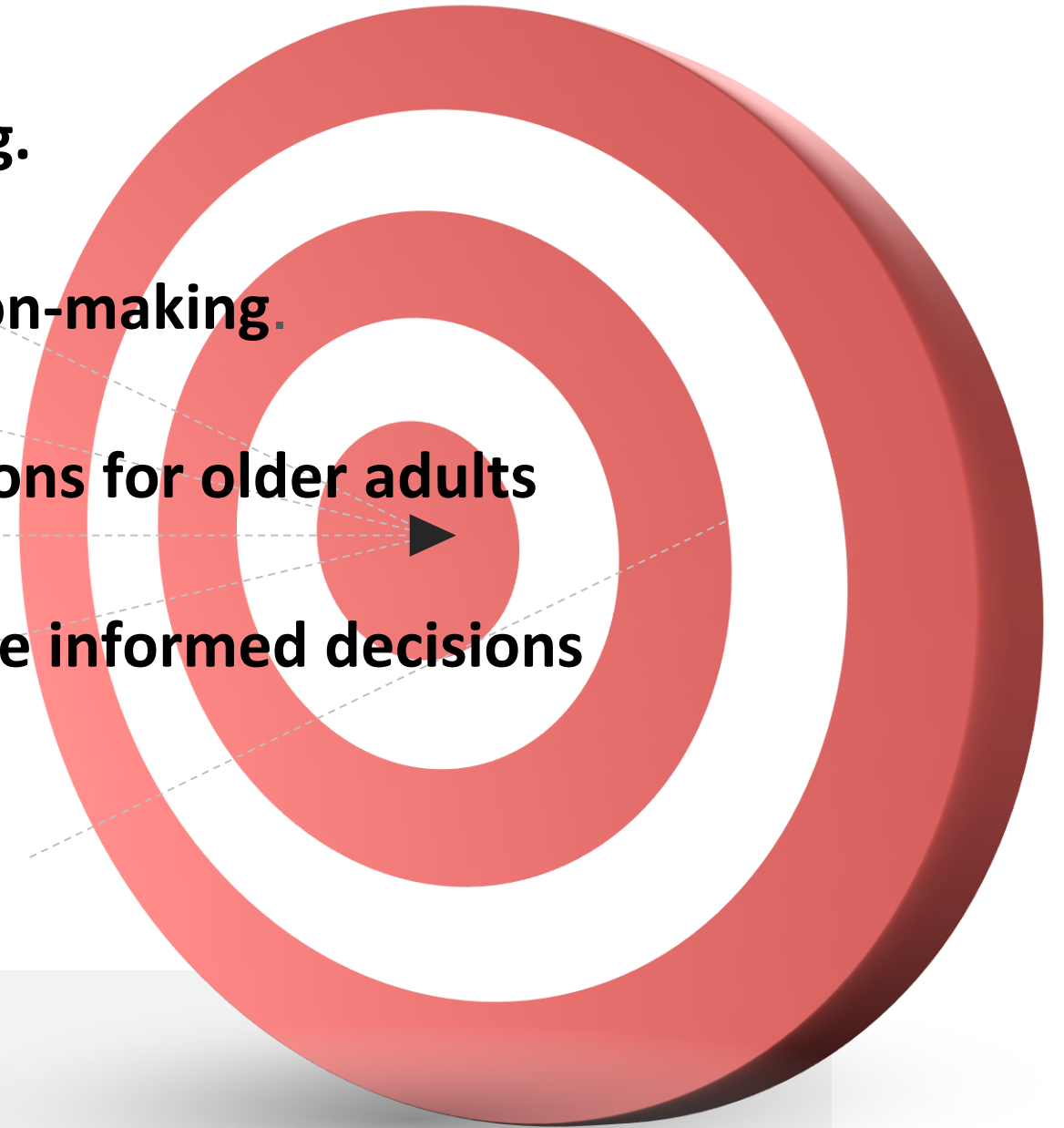
Discuss how aging and capacity affect decision-making.

3

Discuss family communication and expectations for older adults

4

Explore how to motivate older adults to make informed decisions



Similarities:
Decision-Making
and Problem
Solving



Problem Solving



- **Find solution to an ongoing, intermittent or one-time problem**
- **Where, how who or why**
- **Critical thinking**

Decision Making

- **Choose between different courses of action**
- **Action Plan created**









Problem Solver



Decision Maker

Exercise time



<p>Any Decision</p> <p>How do you make most of your decisions?</p> 	<p>Bad Decision</p> <p>What is the worst decision you ever made?</p> 
<p>Outcome</p> <p>Does a "good" decision guarantee a "good" outcome?</p> 	<p>Do you have control over...</p> <p>The decision? The outcome? Both? Neither?</p> 

Applied Ethics

Response
Attending
Community
CARE
ETHICS
Relationships
Situational
Responsibility
Relational
Needs
Nel Noddings

Carol Gilligan
Context

**Long Term
Care Ethics**

**End-of-Life Decision
Making**

**Less
Of**

**More
Of**

**Stop
Doing**

**Start
Doing**

**Keep
Doing**

**Cognitive Decline
and Capacity**

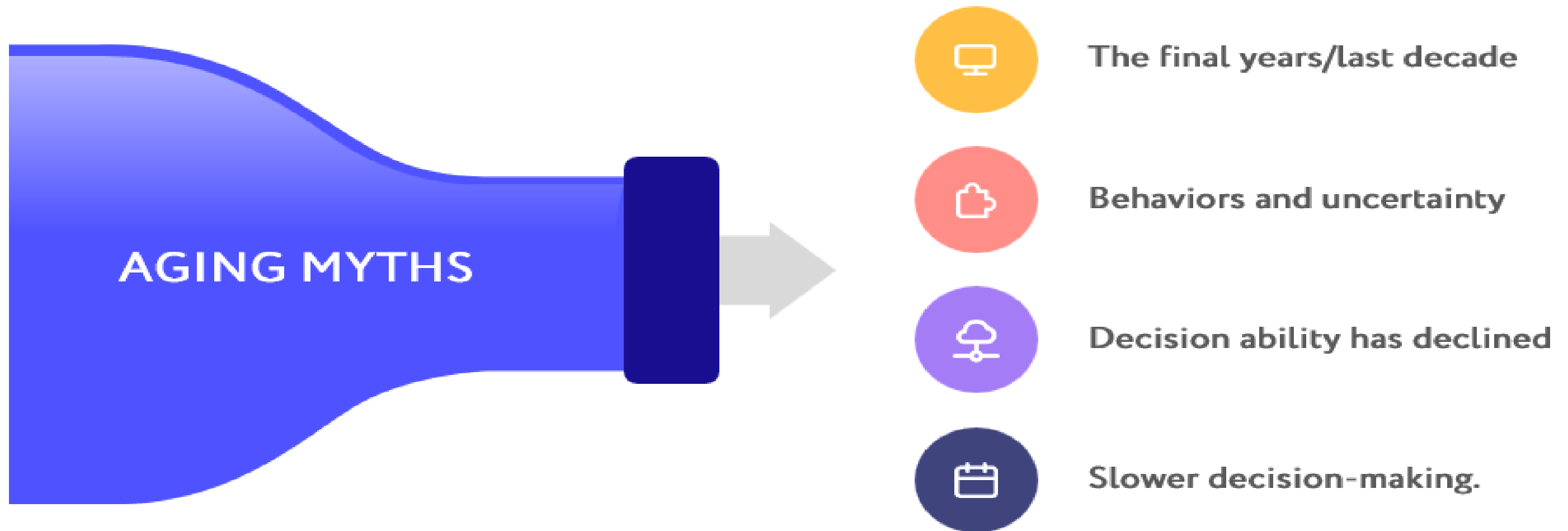
**Medical
Treatment for
older adults**

**Implications of
Emerging Aging
Research**

Identify the Issue



- Is the dilemma about dealing with the problematic older adult or the dilemmas of the aging person?
- Is the older adult included in the discussion?
- Is there a cultural barrier rather than an aging or capacity barrier?



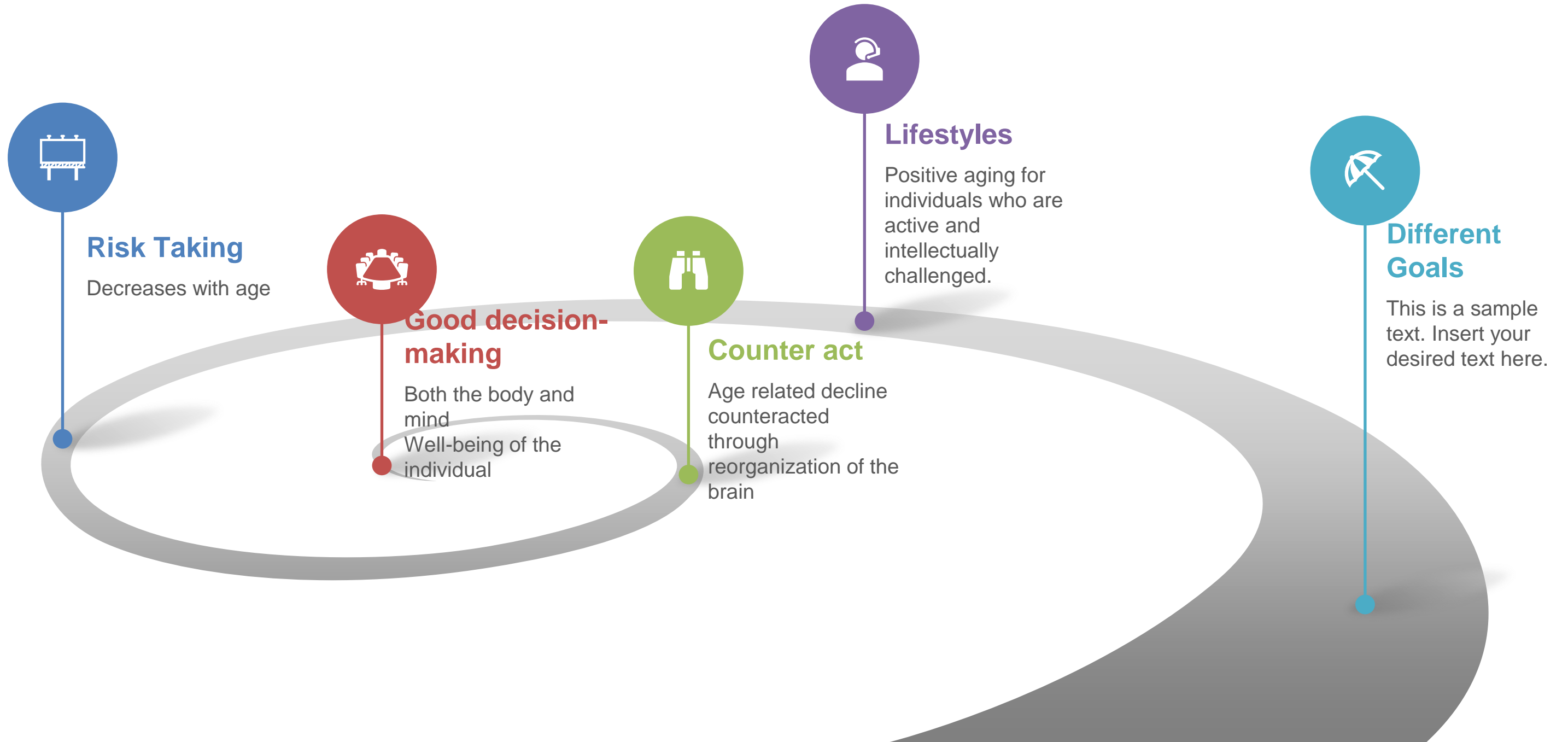
“

**WE'VE GOT
SOME TERRIBLE
OLD PEOPLE
COMING...**

 **CBC COMEDY**



AGING REALITY



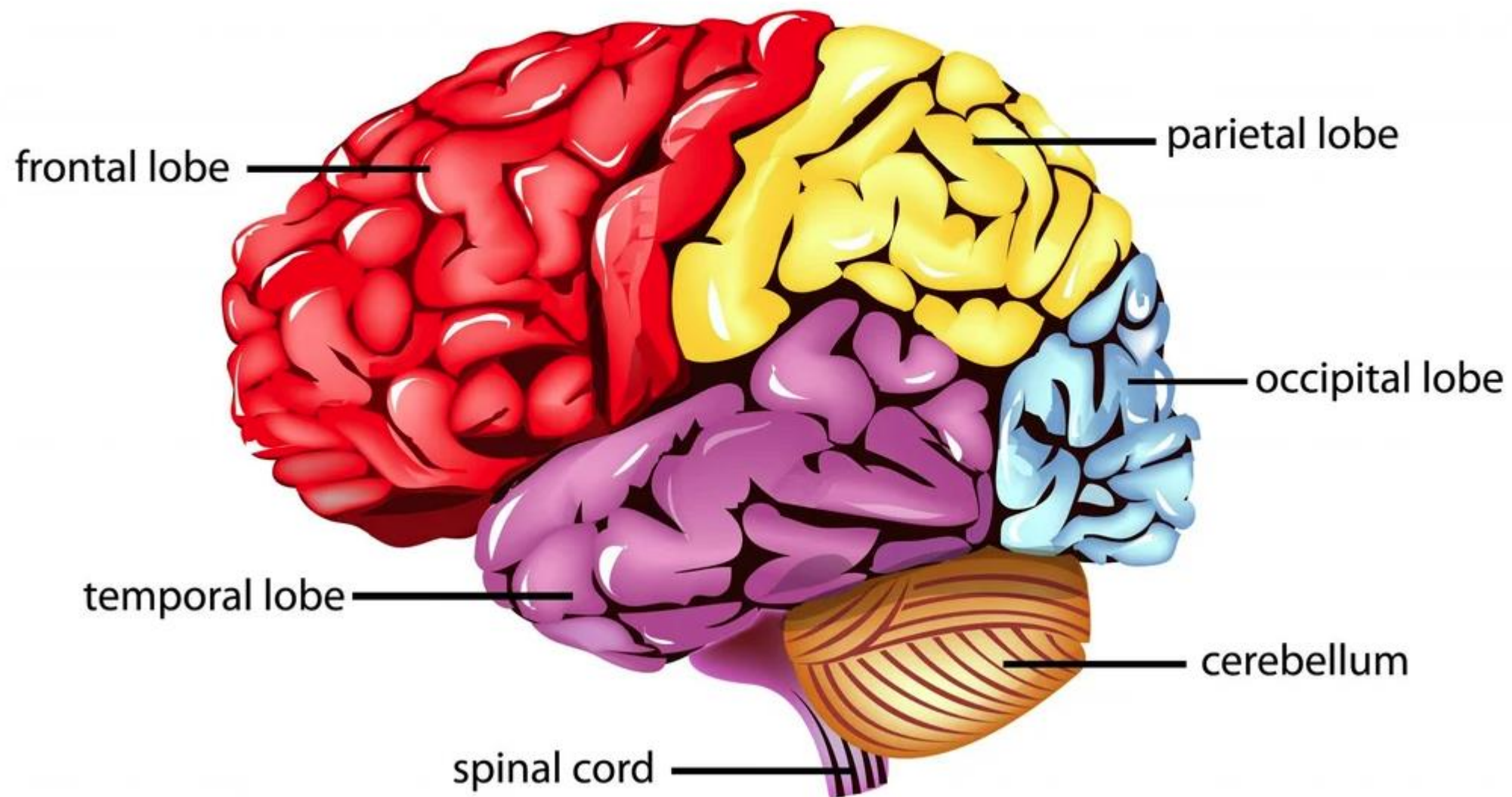
Risk Taking



Decision Strategies



Parts of the Human Brain

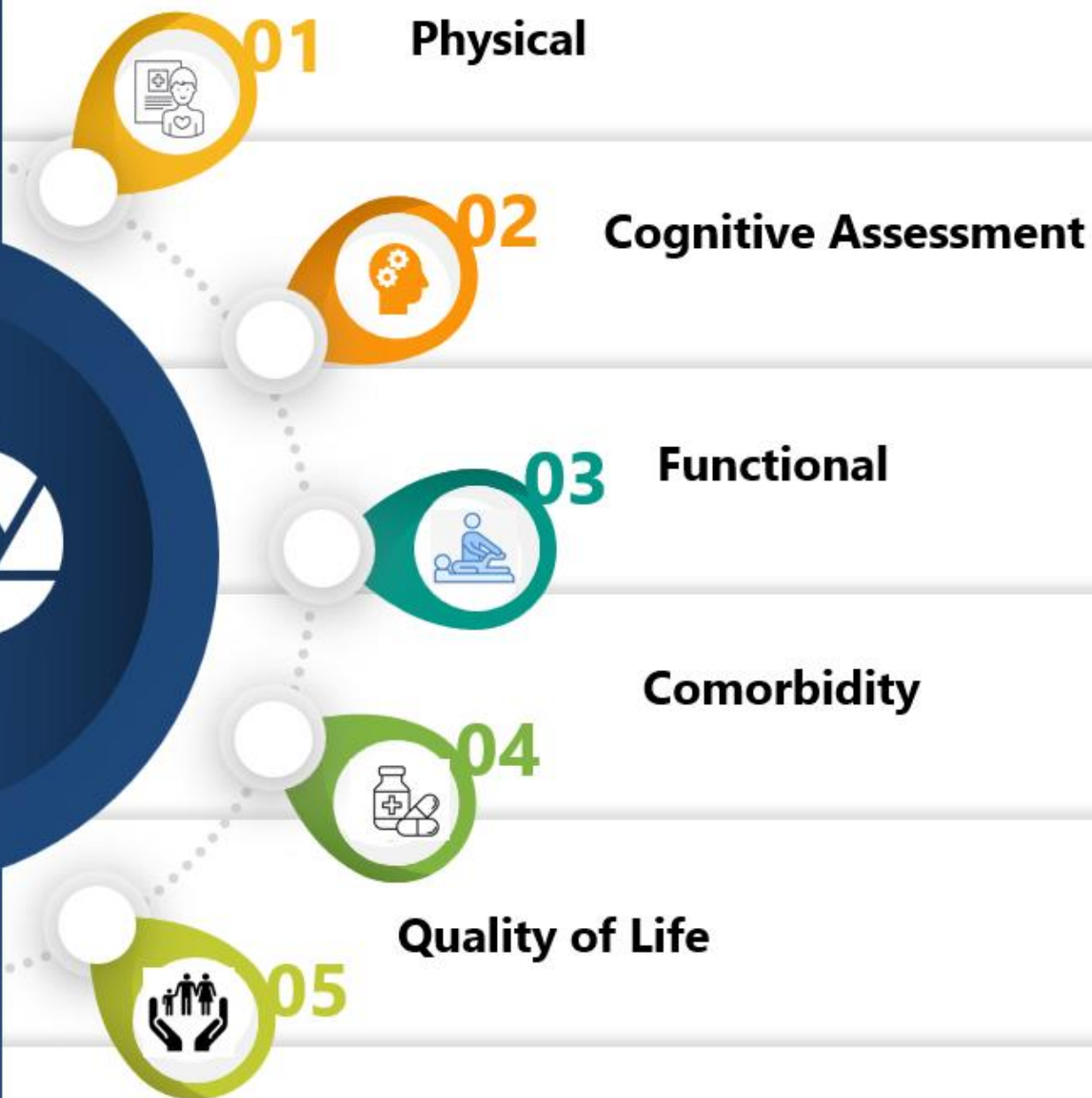


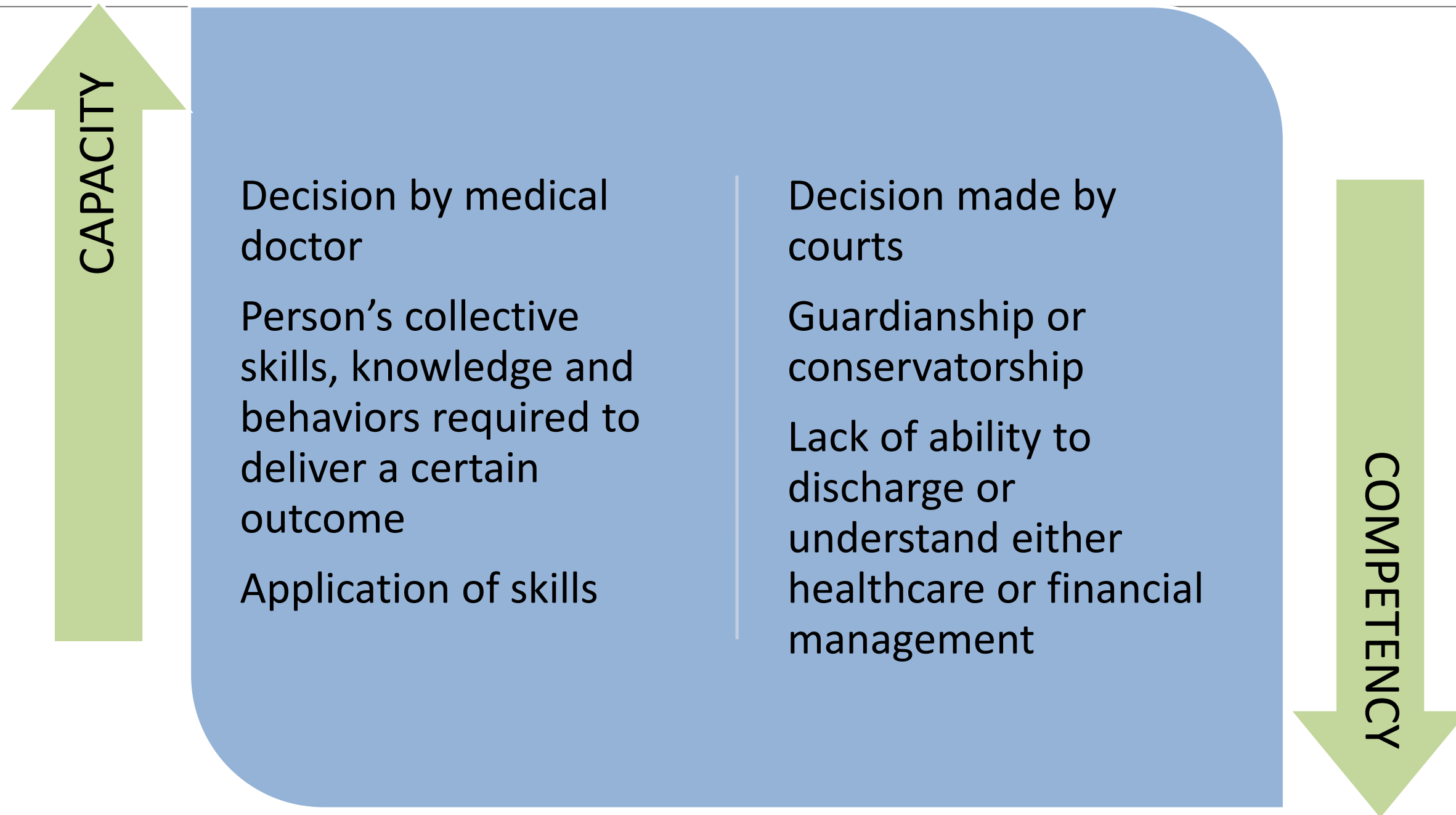
Health related disorders of the frontal lobe



Geriatric Assessment

Multidisciplinary diagnostic and treatment process
Develop a coordinated plan to maximize overall health with aging

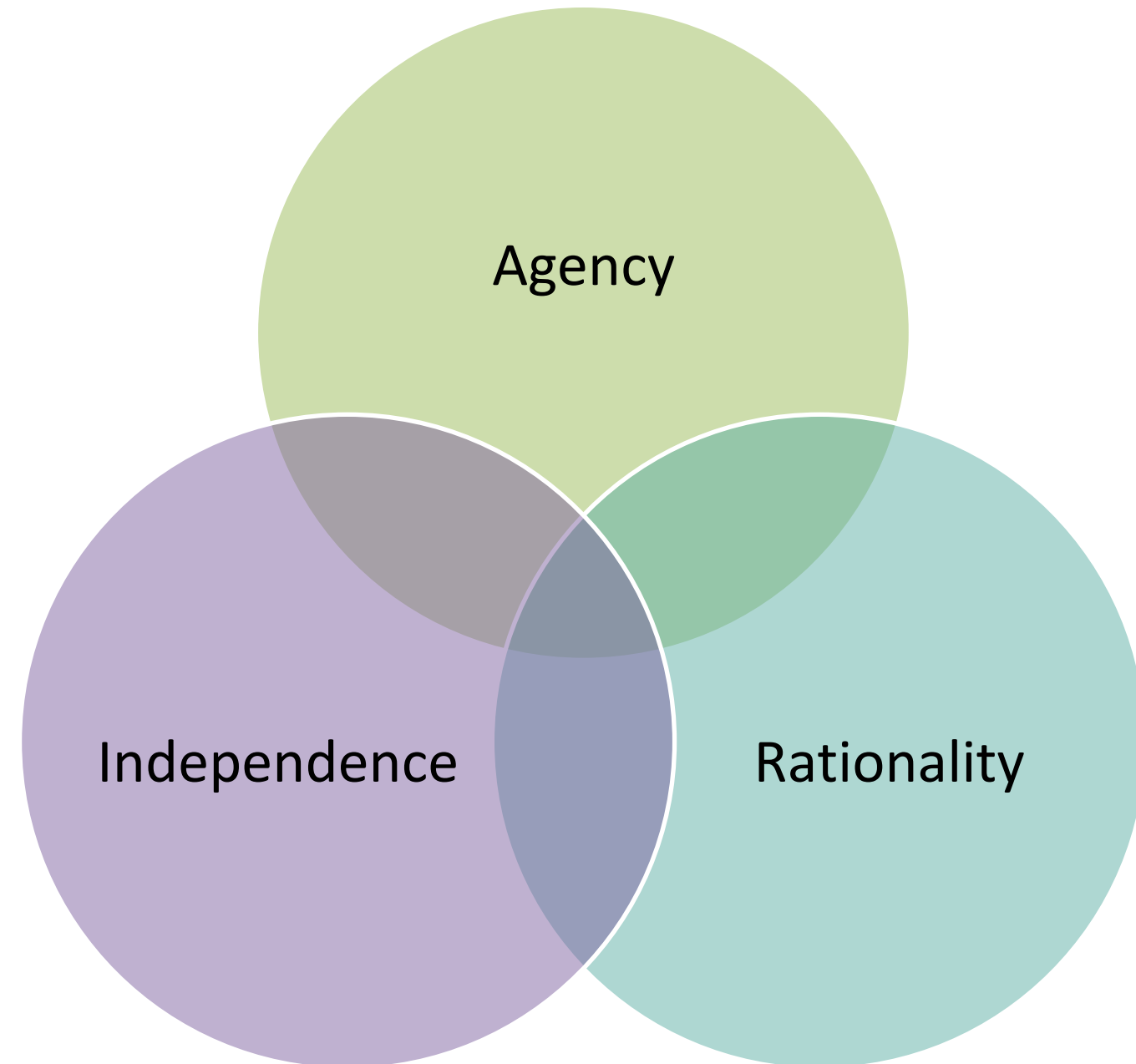




Consequential decisions of older adults

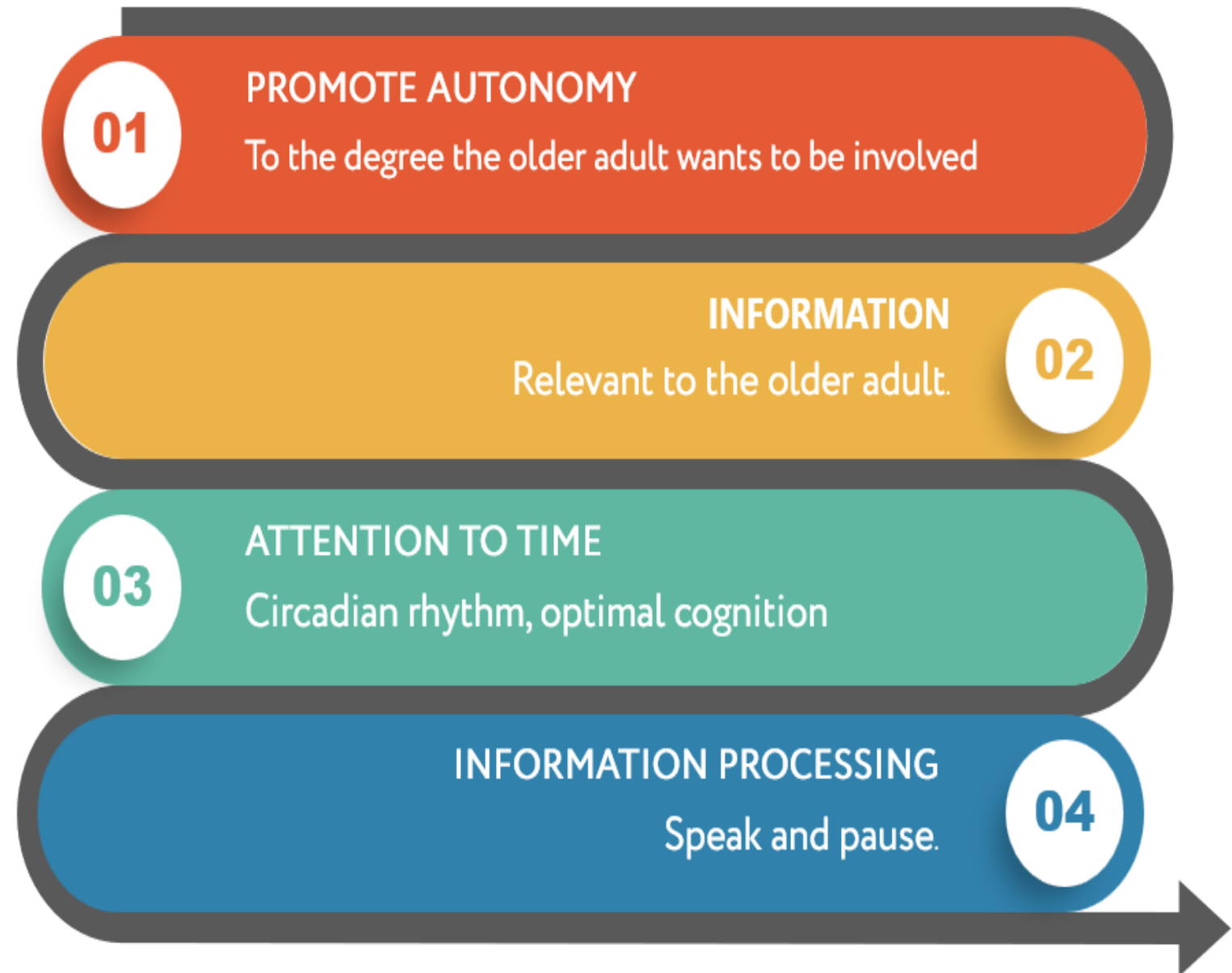


Autonomy

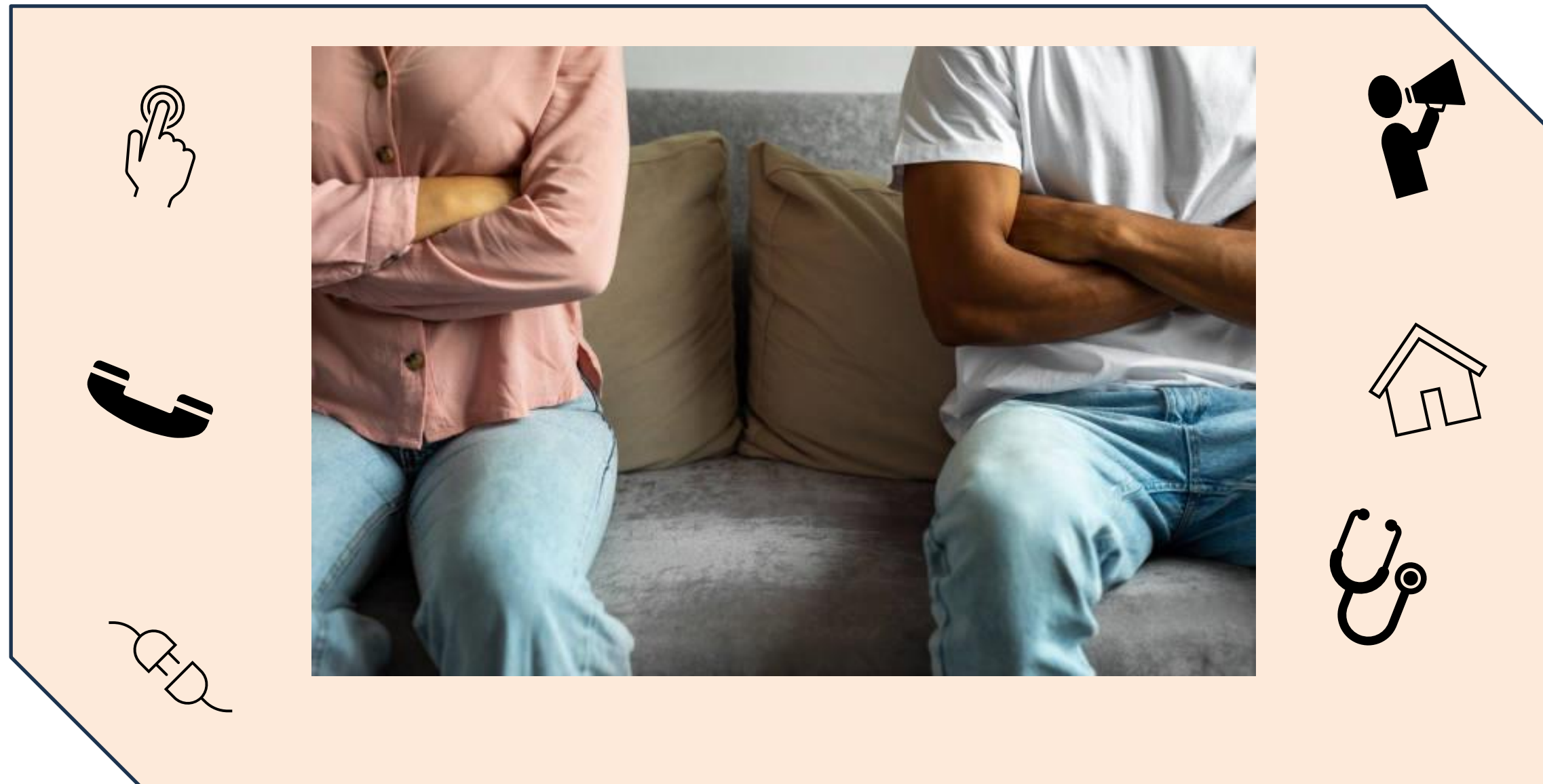




Motivating Informed Decisions



FAMILY INVOLVEMENT IN DECISION-MAKING



AN OXYMORON OR AN ASSET?

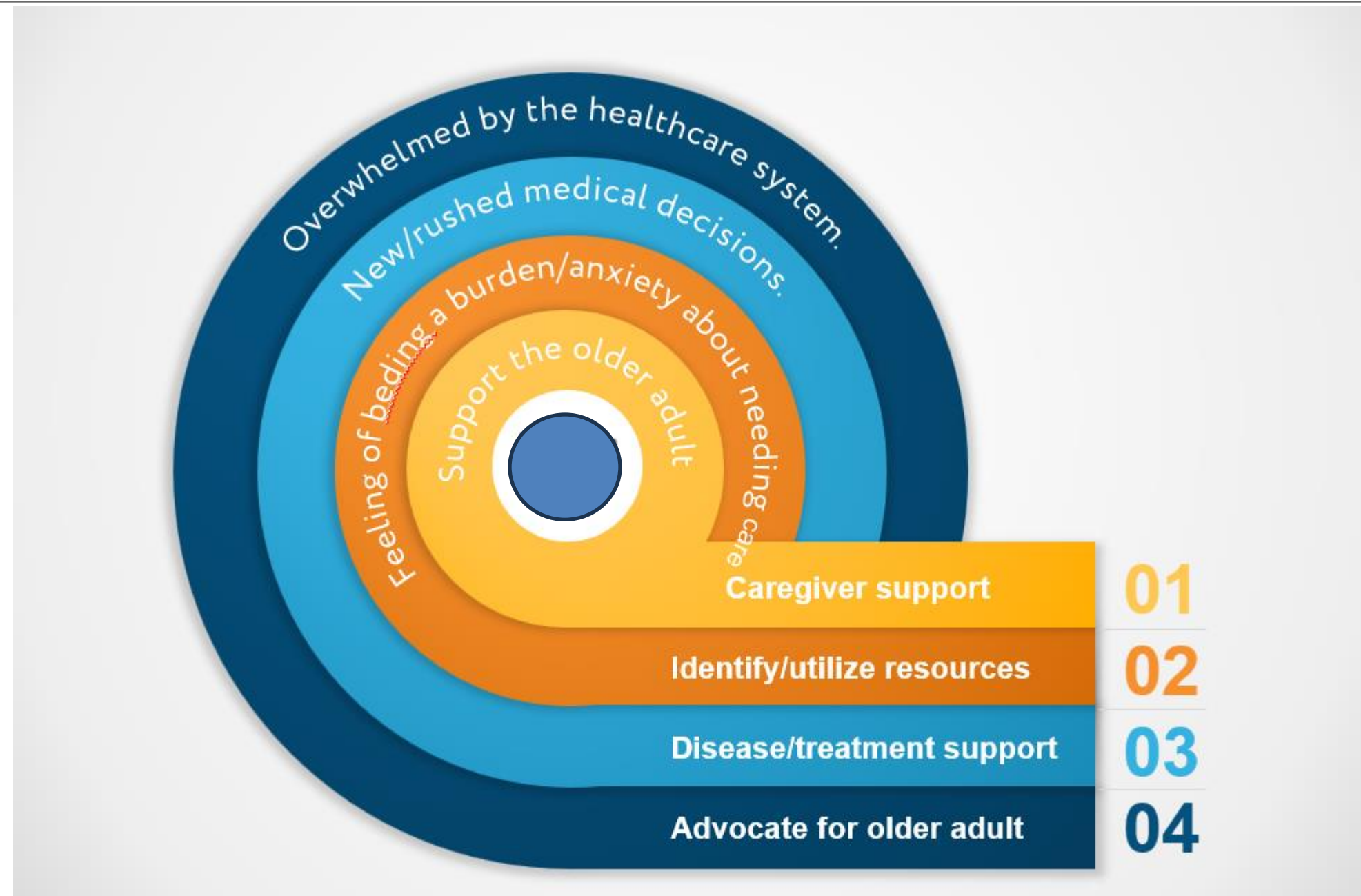
**Family Help in
Decision-Making**



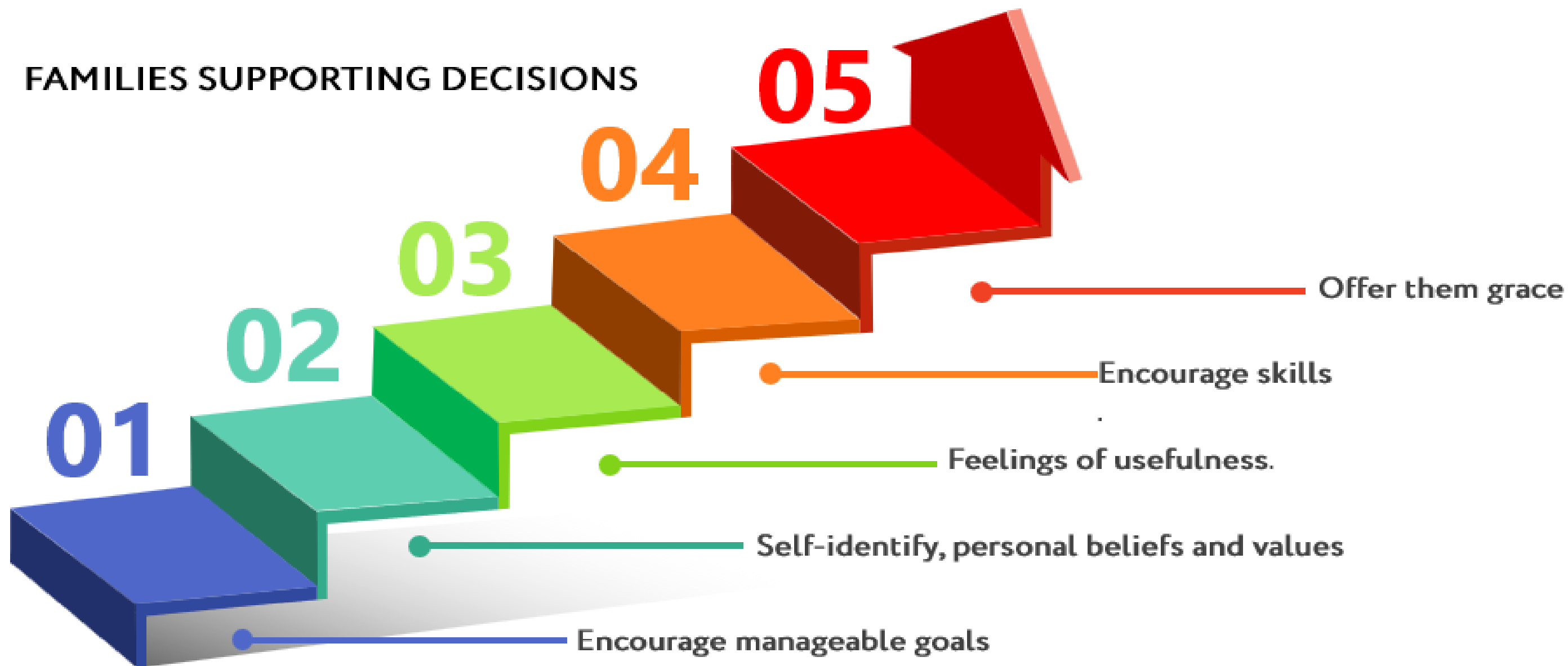
Benefits Of Support



Family and Decision Making



FAMILIES SUPPORTING DECISIONS



SELF NEGLECT or NEGLECT

Poor hygiene

Smell of feces
or urine

Skin rashes or
bed sores

Dehydration

Malnourished

SELF NEGLECT AND DECISION MAKING



SAFETY
AUTONOMY

SOLUTION

Thank you

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