# Reframing Aging and Elder Abuse

based on research from The Frameworks Institute

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#### Presenters



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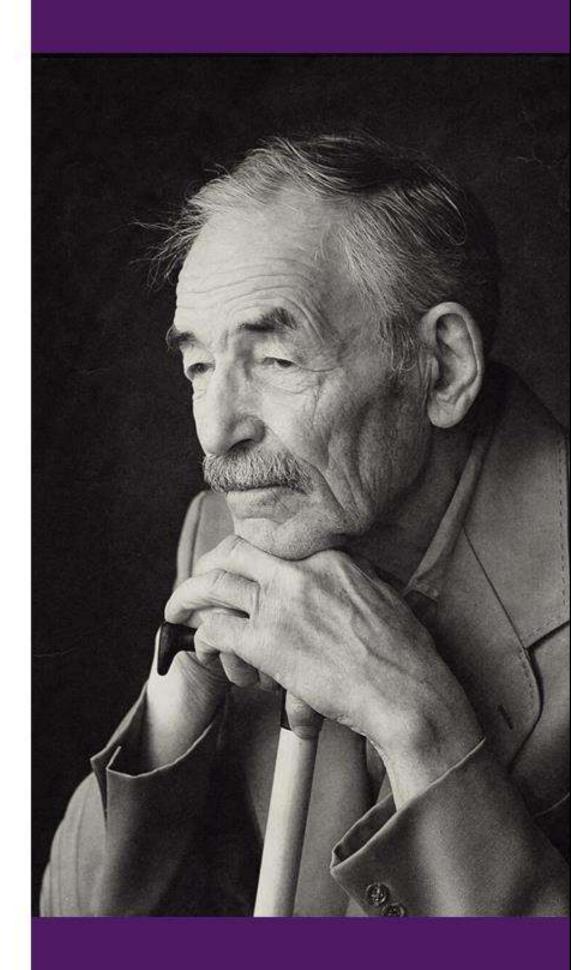
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### Today's Session

### REFRAMING AGING AND ELDER ABUSE

Framing
Reframing Aging
Reframing Elder Abuse
Next Steps



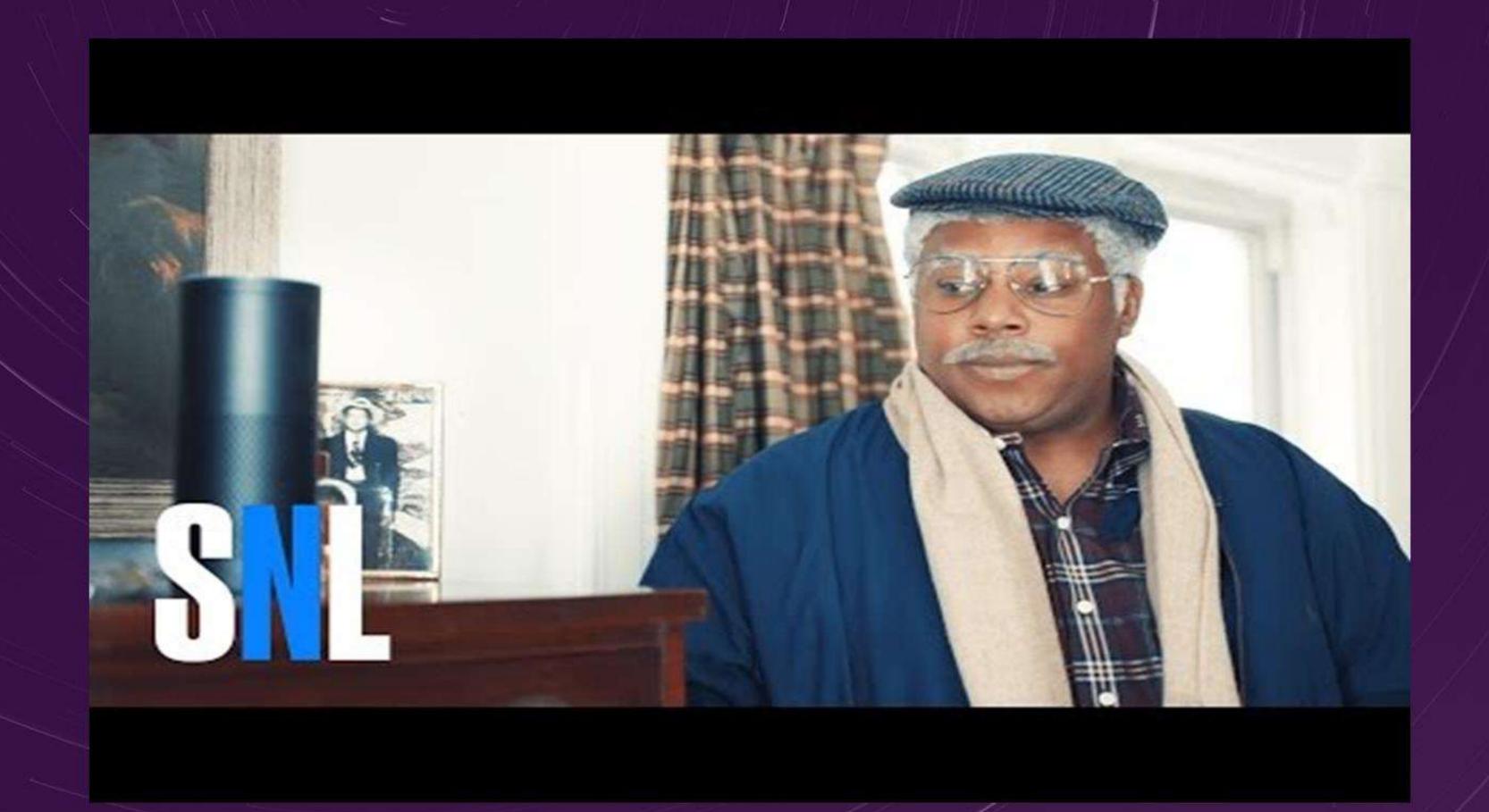
# What is framing?



# Framing as a Social Theory



People build a series of mental "filters" through biological and cultural influences. They then use these filters to make sense of the world. The choices they then make are influenced by their creation of a frame.



# Public Perceptions of Aging

#### NEGATIVE

Decline into dependency
Battle to resist getting older
Us vs. Them

#### INDIVIDUALISM

Smart choices
Personal responsibility

#### FATALISM

Inevitable Costly

## Experts - Reality of Aging

#### NORMAL

Everyone ages
Opportunity not challenge

#### SOCIETAL

Outcomes determined as much by geography, race, gender, income and access to supports

#### POLICY

Challenge ageism improve supports
Age-friendly lens

#### **AGEISM**



#### WHAT IS IT

Discrimination based on prejudices about age

#### IMPLICIT BIAS

Automatic judgments about people based on age

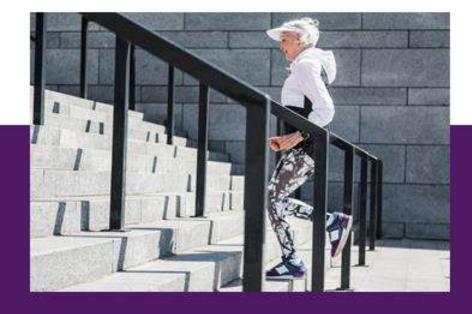


#### TRAPS TO AVOID



SILVER TSUNAMI

Aging population as a crisis



SUPER SENIOR

Exceptional older people



SYMPATHETIC SENIOR

> Sad stories Need to protect

**AVOID** 

Silver Tsunami Age Wave TRY

Longevity Era
As we live longer and healthier
lives...

#### **AVOID**

Seniors, elderly, elderly "other" language

#### TRY

Older people/older Ohioans
we and us
neutral, inclusive

#### **AVOID**

Struggle, battle, fight conflict-oriented words

#### **TRY**

Aging is dynamic process; a continuum. We are all doing it.
Gain is accumulated wisdom and experience

#### **AVOID**

Making generic appeals about doing something about aging

#### **TRY**

We are problem-solvers

Concrete examples that resonate: e.g. intergenerational community centers

The demographics of this country are about to change dramatically, and this represents a major shift in our country's make-up. This population of people over 65 is quickly growing and is expected to double in the next 50 years. As this age group continues to expand and more and more people reach retirement age, we will all be challenged to accommodate the needs of the elderly. This will put an additional strain on benefits systems. We will need government to take steps to ensure we have programs to take care of and protect seniors.

# What does an aging population mean for programs like Social Security?

Our society has a long tradition of **finding innovative** approaches to challenges. An aging population is an opportunity to use our social and technological ingenuity to develop solutions to our changing needs that can move America forward. As more Americans live longer and healthier lives, the longetivity and productivity of our society will also expand. By restructuring public policies on issues like work and retirement, transportation, housing, health care and community building, we can make the most of this important source of social energy. Social Security and Medicare are examples of how innovative public policies can support better aging outcomes. We need to be smart about strengthening them as well as developing other ways to make sure **we** all have what **we** need to age well.

### Reframe!

#### #ButtonUpAgeism

AgeFriendlyColumbus and Franklin County

Aging: So Cool Everyone is Doing It!





#### REFRAMING AGING

https://frameworksinstitute.org/reframingaging.html

#### REFRAMING ELDER ABUSE

https://frameworksinstitute.org/elderabuse.html

#### DISRUPT AGING

https://www.aarp.org/disrupt-aging/

# Additional Reading