



# **Building Dementia-Friendly Communities**

**Ohio's Innovative  
Approaches and New  
Resources for Dementia  
Friendly Initiatives and  
Intellectual and  
Developmental Disabilities  
Populations**



# Summary

Join the Ohio Council for Cognitive Health, USAging's state lead for Dementia Friends and Dementia Friendly Communities, as they unveil their latest initiatives to transform communities throughout Ohio into a Dementia Friendly state. This session will include information about their new national project to support individuals with intellectual and developmental disabilities (I/DD) and dementia through Dementia Friends training and a new companion piece for the Gerontological Society of America's KAER toolkit for brain health, which provides practical strategies, resources, and clinical tools for better detection, diagnosis, and community support for dementia. Learn how their collaborative efforts, alongside local and national partners, are fostering scalable and sustainable dementia-friendly practices across Ohio, and discover how these resources can help your community embrace, support those living with dementia and their caregivers and align with age-friendly efforts.

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**No conflicts of interest or disclosures**



# Today's Goals and Learning Objectives

- Understand USAging's Dementia Friends and Dementia Friendly Community Initiatives.
- Share strategies for Area Agencies on Aging can become involved with Dementia Friendly Initiatives and engaging multi-sector community partners with these efforts.
- Discuss the intersections between aging, dementia and intellectual and developmental disabilities.
- Learn about innovative Dementia Friendly initiatives in Ohio
- Identify accessible resources available at local, state and national levels for Dementia Friendly Initiatives.

# Let's start Zooming!

**Zoom in: What are Dementia Friendly Communities? What is Dementia Friends?**

**Zoom Out: SO WHAT?? Why is this important and how are communities involved?**

**Zoom all around: Now What? How do we (Ohio's Aging Network) want to proceed?**





# Dementia Friends and Dementia Friendly Communities



# Dementia-inclusive Communities

Becoming Dementia Inclusive means:

Empowering people with dementia to have high aspirations, confidence and to know they can contribute

• Befrienders helping people with dementia engage in community life

• Easy to navigate physical environments

• Maintaining independence by delivering community-based solutions

• Ensuring that activities include people with dementia

• Challenging stigma and building awareness

• Appropriate transportation

• Businesses and services that respond to customers with dementia

• Shaping communities around people with dementia and their caregivers

• Ensuring early diagnosis, personalized and integrated care is the norm

*“A dementia-friendly community is a village, town, city or county that is informed, safe and respectful of individuals with the disease, their families and caregivers, and provides supportive options that foster quality of life.”*



**- Dementia Friendly  
America**





# Dementia Friendly Communities

**Taking action to foster quality of life for people impacted by dementia and their care partners by:**

- Decreasing stigma
- Increasing opportunities for meaningful social interaction
- Offering support in addressing the changing needs of people living with dementia
- Building collaborations throughout Ohio
- Leveraging resources and partners across community sectors
- Recognizing each person and sector in the community has a unique role to play
- Aligning and Collaborating with Age-friendly and Disability-friendly efforts

# What is a Dementia Friendly Community?

- A dementia friendly community is **informed, safe and respectful of individuals with dementia, their families and care partners** and provides supportive options that foster quality of life.
- **Joining the DFA network means a community is working to become more dementia friendly**
  - Community approach (involving at least 3 sectors of community)
  - Including people with dementia and their care partners in planning
  - Adopting dementia friendly practices and goals





# Dementia Friendly America (DFA)

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National network of communities, organizations and individuals seeking to ensure that communities across the U.S. are equipped to support people living with dementia and their caregivers

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Dementia Friendly America is administered by USAging

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DFA movement began in September 2015 following the White House Conference on Aging and is based upon Minnesota's statewide successful initiative, ACT on Alzheimer's

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DFA launched in 2015 with five pilot communities

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[What is DFA — Dementia Friendly America \(dfamerica.org\)](http://dfamerica.org)

# DFA Community Toolkit Steps



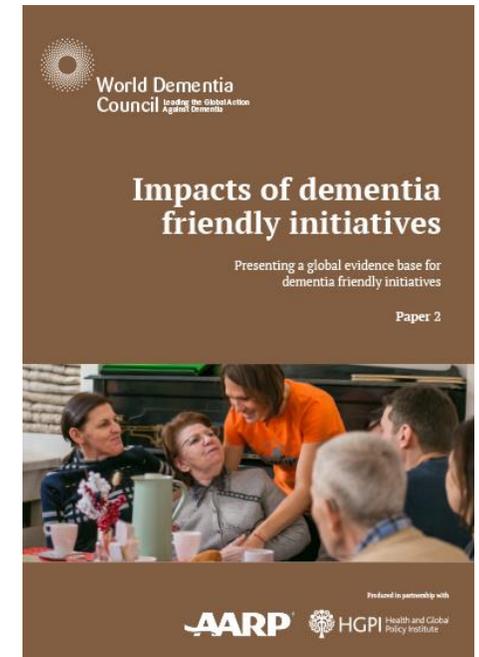
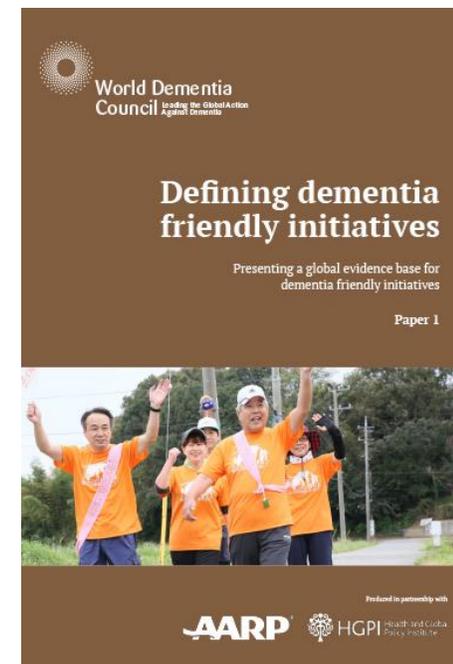
# How does a community join the DFA network of communities?

- DFA offers technical assistance, including a community toolkit, sector specific guidance and best practices synthesized from across the world
- Joining the DFA network of communities means your community is engaged in a process to become more dementia-friendly
- DFA does not *certify* communities as dementia-friendly. When your community joins DFA, it means your community's model of becoming more dementia friendly is in alignment with the DFA model.
- To learn more, visit: [Getting Started with Dementia Friendly Communities - The Ohio Council for Cognitive Health \(ocfch.org\)](https://www.ocfch.org/getting-started-with-dementia-friendly-communities)

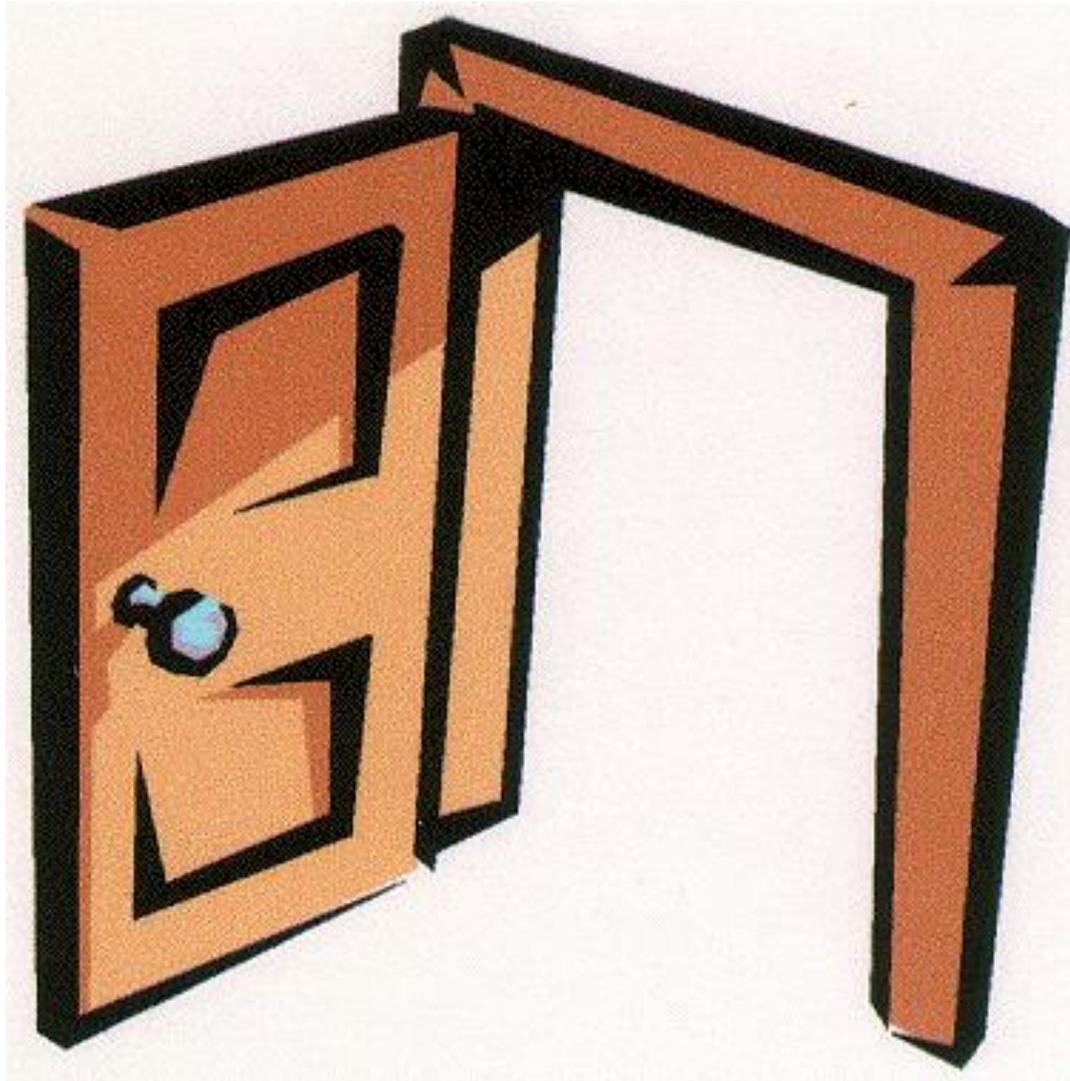
# World Dementia Council

**Three elements to effectively engage a community to *become and remain* dementia friendly:**

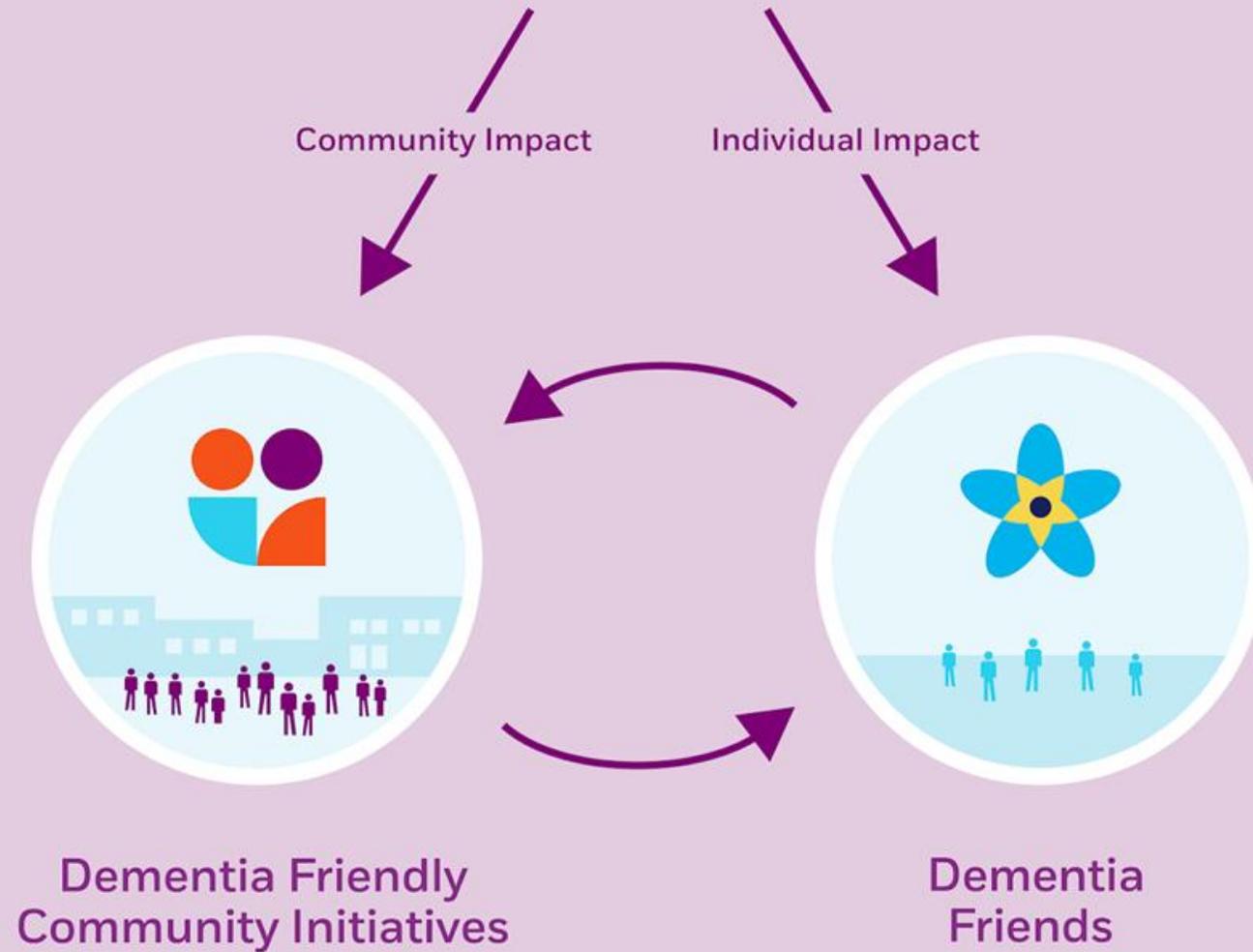
1. Raising awareness and consequently decreasing stigma
2. Enabling participation
3. Providing support throughout the community







# Dementia Friendly America



# Dementia Friends America

- **Dementia Friends USA** is part of a global network
- Dementia Friends is in 56 countries worldwide
- **Dementia Friends USA** is part of the **Dementia Friendly America** initiative
- USAging administers both programs - <https://dementiafriendsusa.org>



# Dementia Friends

## Developed by the Alzheimer's Society in the United Kingdom

- Global movement changing the way communities think, act and talk about dementia
- Reduces stigma and promotes positive messaging
- Call-to-action program
- “Champions” Train-the-Trainer Model

## Helps all community members understand

- The basics of dementia including communication and engagement strategies and helpful resources
- How dementia can affect people
- How we each can make a difference in the lives of people living with the disease



[www.ocfch.org](http://www.ocfch.org)



An Initiative of Dementia Friendly America® and Ohio Council for Cognitive Health



# Dementia Friends Global Effort



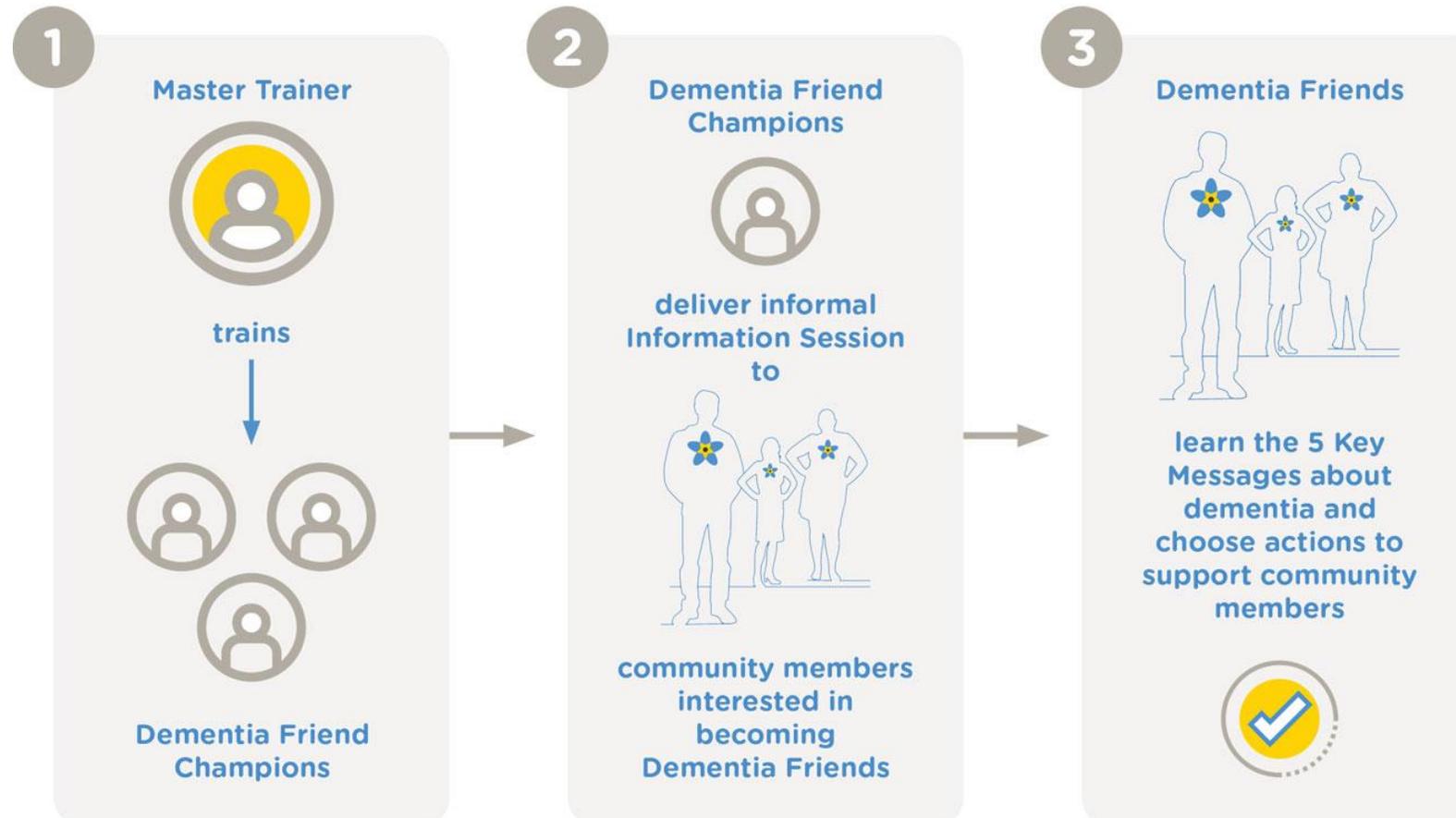
# Dementia Friends Sessions Includes

- 5 Key Messages about Dementia
  - Dementia is not a natural part of aging.
  - Dementia is caused by disease of the brain.
  - Dementia not just about losing your memory.
  - It is possible to live well with dementia.
  - There is more to the person than the dementia.
- Communication Tips
- Personalized Call to Action
- Resources

# Unique Ways Dementia Friends Utilized

- Staff and volunteer on-boarding
- Staff and volunteer annual trainings
- Family/caregiver meetings
- Board retreats
- Dementia Friends clubs
- Education curriculum (K-12 and university/collegiate level)
- Lunch and learn meetings
- Provider trainings
- Outreach
- On demand/as needed

# How Dementia Friends Works





Ohio  
Council for  
Cognitive  
Health

Helping Ohioans living with dementia,  
along with their loved ones, care partners  
and broader community,  
live with meaning, purpose and joy.

[www.ocfch.org](http://www.ocfch.org)

# Hand in Hand

## **Our work is with**

- Individuals
- All types of Entities
- Communities



## **Our beliefs:**

- Rather than “doing”, we believe in partnering and working alongside
- Positive relationships
- There is no one size fits all
- Highest Quality of Life

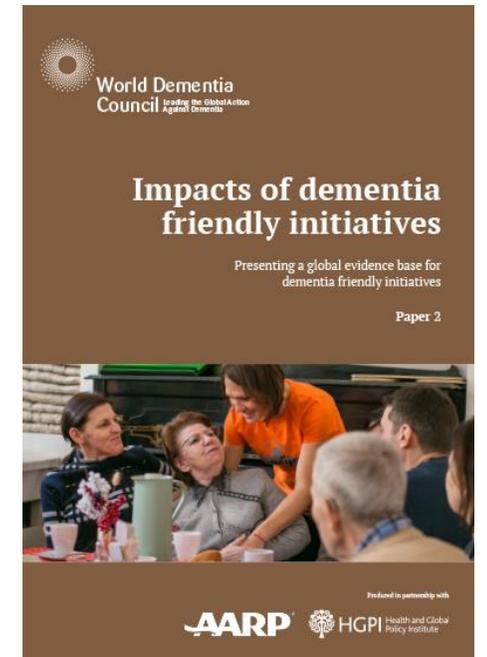
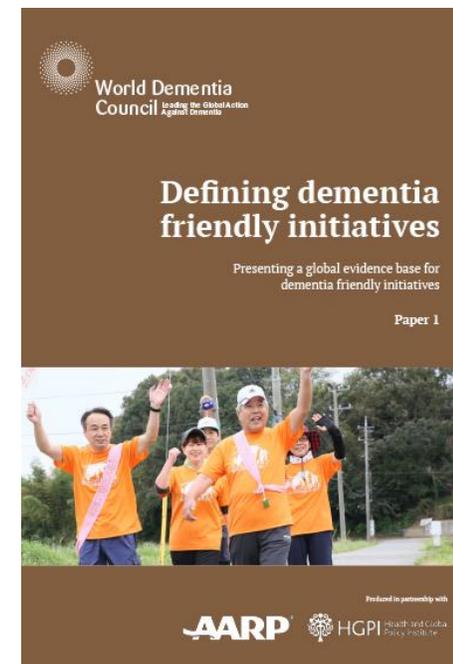
## **Our focus:**

- Positive outcomes
- Sustainable and scalable efforts
- Evidence-based and promising practices
- Person-focused

# World Dementia Council

## Three elements to effectively engage a community to *become and remain* dementia friendly:

1. Raising awareness and consequently decreasing stigma
2. **Enabling participation**
3. Providing support throughout the community





# Dementia Friendly Ohio

An Initiative of Dementia Friendly America® and  
Ohio Council for Cognitive Health



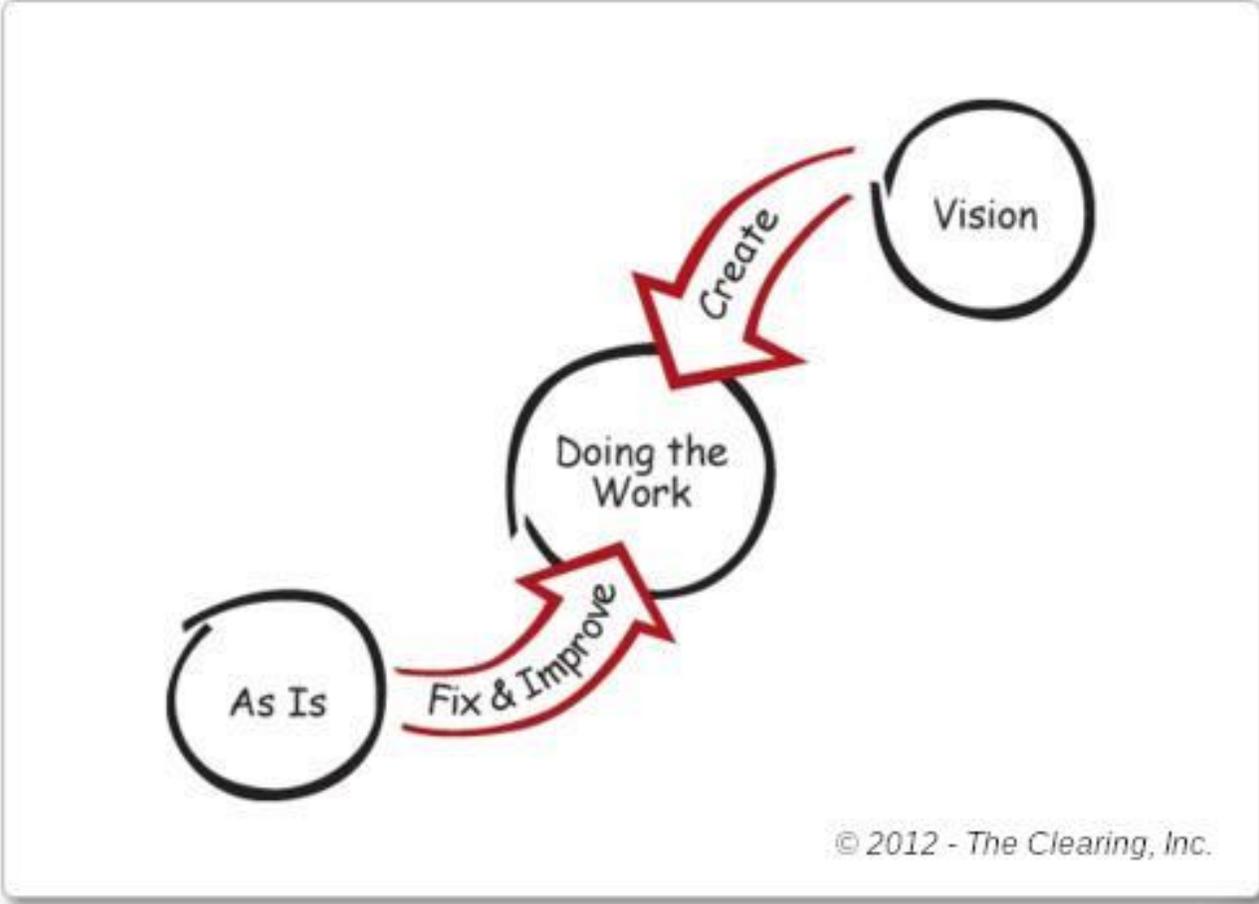
# The Ohio Council for Cognitive Health: Ohio's Dementia Friendly State Lead

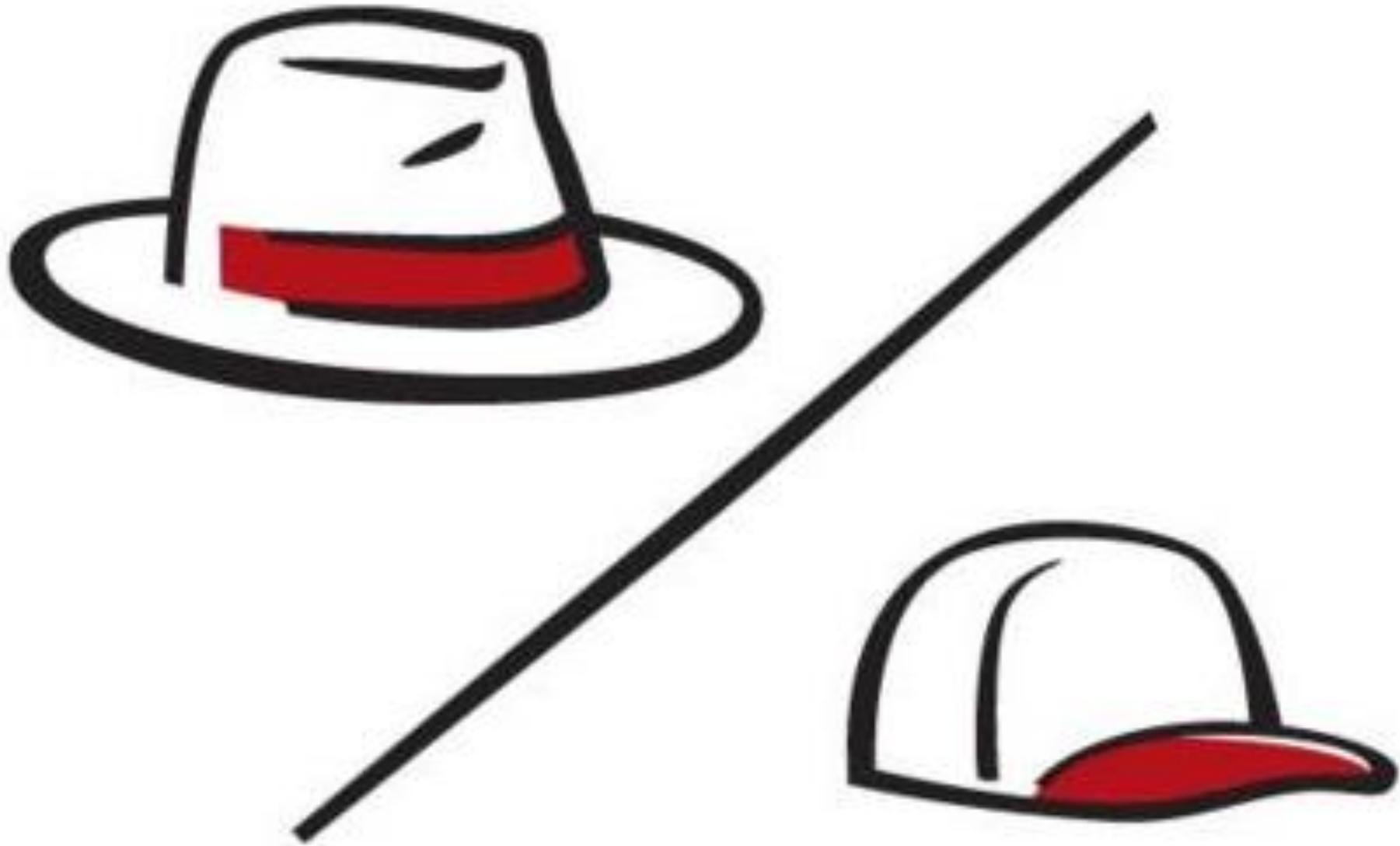


Our Roles and Responsibilities



# Transformation vs. Change (source: The Primes 2012)





**Source: The  
Primes 2012**

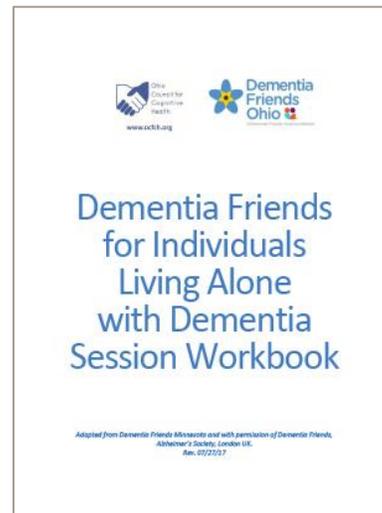
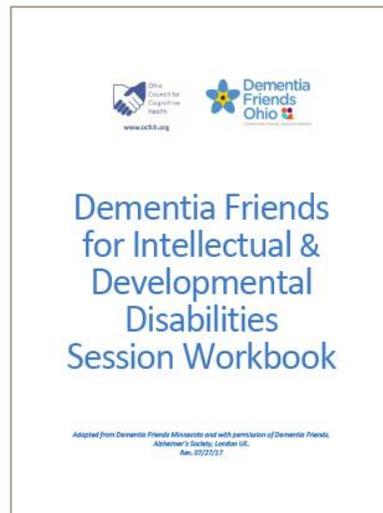
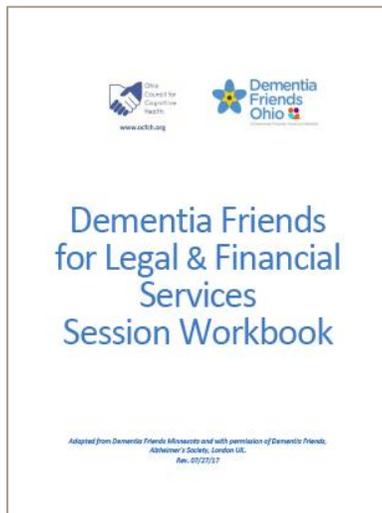
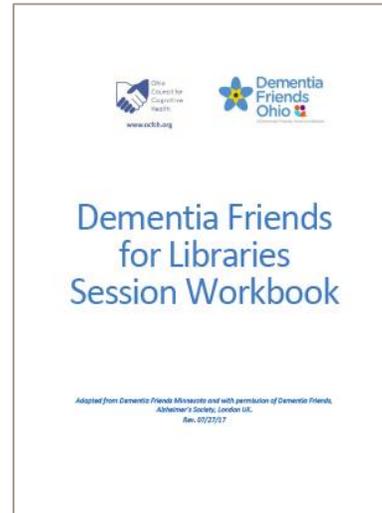
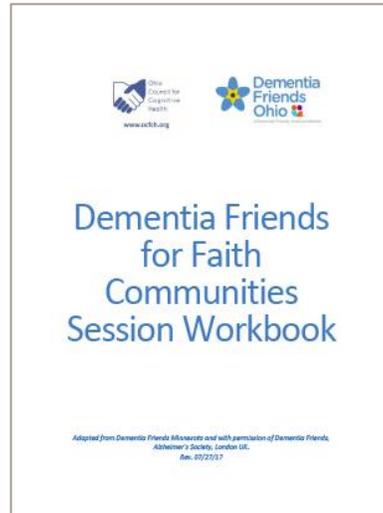
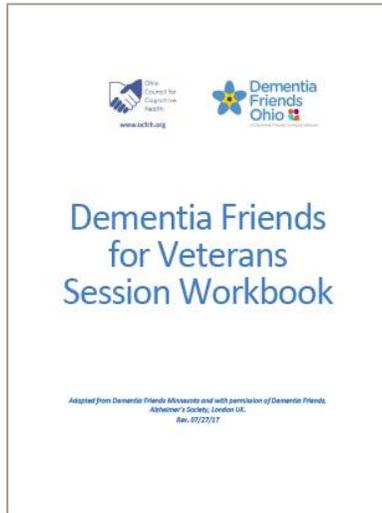


# Dementia Friends Ohio

SECTOR SPECIFIC VERSIONS AND DELIVERY MECHANISMS



# Dementia Friends Ohio Versions



- Hospitals
- Hospital Volunteers
- Primary Care/Outpatient Settings
- Veterans
- Libraries
- Ohio Department of Rehabilitation & Correction
- Intellectual and Developmental Disabilities (IDD)
- Individuals Living Alone with Dementia
- Airports
- Restaurants
- Transportation Providers
- Senior Centers
- First Responders
- Habitat for Humanity
- Court Investigators
- Legal & Financial
- Legal Aid
- Ombudsman
- Zoos
- Volunteers
- Faith Communities
- Volunteer Guardians
- Senior Housing



# Dementia Friends

- Train the Trainer
- Champions
- Continuous updates for sectors
- Information and Support
  
- In-person
- Virtual
- Self-paced

## 2024 DEMENTIA FRIENDS OHIO SESSIONS & CHAMPIONS TRAININGS

PRESENTED BY THE OHIO COUNCIL FOR COGNITIVE HEALTH

Please join us for a free, virtual Dementia Friends Session with optional Dementia Friends Champions training offered twice a month. The daytime offering will occur on the second Thursday from 12:00 - 2:30 p.m. and the evening offering on the fourth Tuesday from 6:00 - 8:30 p.m.



Attendees interested in becoming a *Dementia Friend*\* will participate for the first 75 minutes. Attendees seeking to become a *Dementia Friends Champion*\*\* will participate for the entire 2.5 hours. **Please note, pre-registration is required by using the information below.** Contact Elizabeth Kinzig ([ekinzig@ocfch.org](mailto:ekinzig@ocfch.org)) or Marty Williman ([mwilliman@ocfch.org](mailto:mwilliman@ocfch.org)) with questions or for more information.

### What is Dementia Friends?

\*Dementia Friends is a global, call-to-action movement developed by the Alzheimer's Society in the United Kingdom and now underway in the United States. The goal is to help everyone in a community understand how dementia impacts individuals and families, and things we can each do to make a difference in the lives of those affected. In this [free, virtual, one-hour session](#) we will cover the basics of dementia including common types, signs and symptoms, communication tips, community resources and more. An emphasis on positive messaging and dementia stigma reduction is a key part of this program, designed to reach audiences in all community sectors.

\*\*A Dementia Friends Champion designation is received after attending a 2.5 hour free, virtual training which includes a Dementia Friends session and additional information, resources and materials needed by Champions to deliver free virtual or in-person Dementia Friends sessions throughout their communities.

### [2024 Daytime Sessions](#)

12:00-2:30 pm ET on the second Thursday of each month

Scan the QR Code below or visit <https://ocfch.org/df/dementia-friends-sessions/> to register.



### [2024 Evening Sessions](#)

6:00-8:30 pm ET on the fourth Tuesday of each month

(except for Nov and Dec due to the holidays, visit link or scan QR code below for exact dates)

Scan the QR Code below or visit <https://ocfch.org/df/dementia-friends-sessions/> to register.



# Ohio Community Based Evaluation

## ***Significantly Increased:***

- *Knowledge about dementia*
- *Confidence interacting with people living with dementia*
- *Ability to respond with understanding*
- *Motivation to get to know people with dementia better*



# QR Code for Self Paced Version of Dementia Friends



# Let's start Zooming!

**Zoom in: What are Dementia Friendly Communities? What is Dementia Friends?**

**Zoom Out: SO WHAT?? Why is this important and how are communities involved?**

**Zoom all around: Now What? How do we (Ohio's Aging Network) want to proceed?**



# Why Dementia Friendly Communities in Ohio?

- 70-80% of people live in community
- People living alone
- People with no caregivers
- According to the Alzheimer's Association (2023 Facts and Figures publication):
  - 220,000 people aged 65 and older are living with Alzheimer's disease in Ohio
  - 1 in 8 people aged 45 and older have subjective cognitive decline in Ohio
  - 493,000 family caregivers bear the burden of the disease in Ohio
  - 736 million hours of unpaid care provided by Alzheimer's care partners in Ohio
  - \$13+ billion is the value of the unpaid care in Ohio

# Five Components of Collective Impact



# Collective Impact Strategies



## **Learn about each other's systems**

Experts in the IDD system

Experts in the Aging system



## **Share Ownership**

Collaborate to offer trainings featuring content experts

Share training curriculums, manuals and materials

Ongoing refinement to programs



## **Provide ongoing support and teamwork**

Built and nurture positive working relationships

Safe space where innovation, questions and ideas were encouraged

# Dementia Friendly Communities in Ohio

- Ohio Council for Cognitive Health (OCFCH) serves as the state lead for Dementia Friends Ohio and Dementia Friendly Ohio
- Six Ohio communities with the Dementia Friendly designation to date:
  - Hancock County (2017)
  - Yellow Springs (2018)
  - Cleveland Heights (2021)
  - Clintonville (2022)
  - Summit County (2022)
  - Toledo (2023)



An Initiative of Dementia Friendly America® and Ohio Council for Cognitive Health

# Hancock County Dementia Coalition Highlights



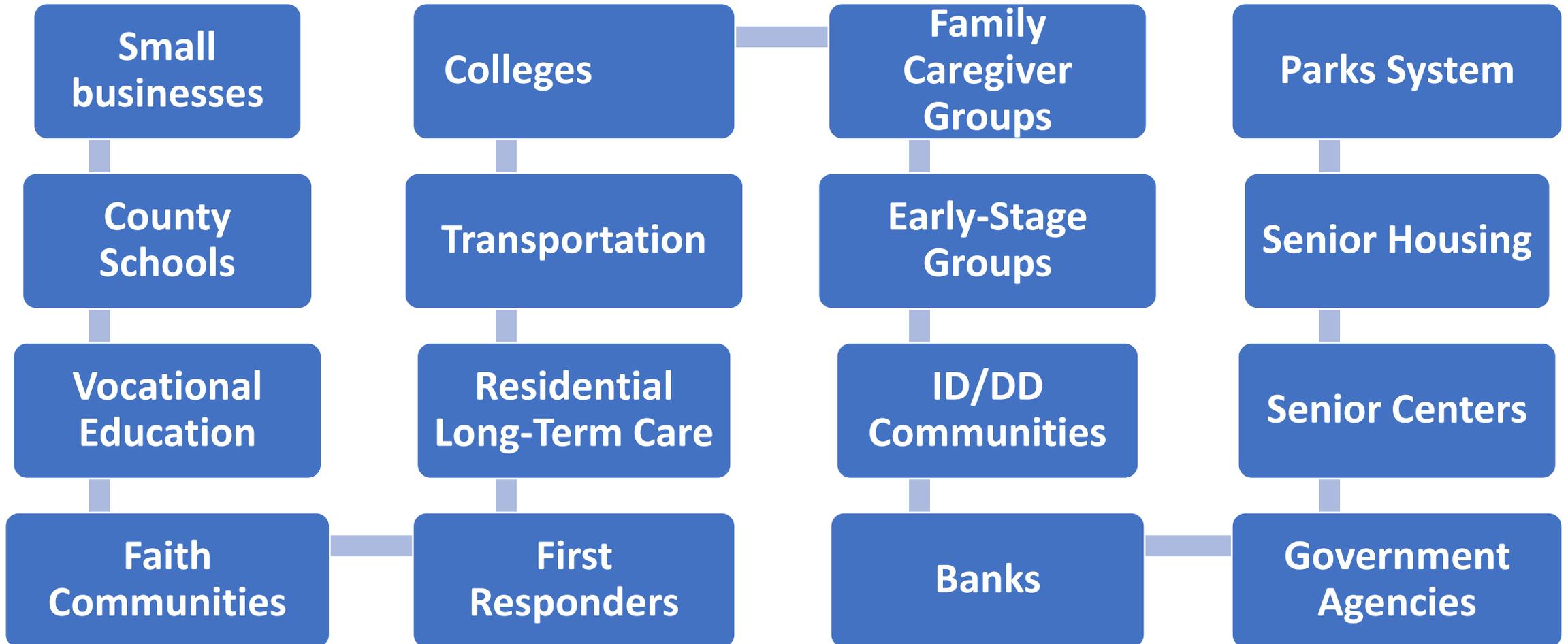
- **Named first Ohio Dementia Friendly Community by DFA**
- Initiated by a partnership of Hancock County Community Foundation and Alzheimer's Association, Northwest Ohio Chapter
- Formed community coalition of 25 members, community assessment completed, and selected 3 community priorities to focus:
  - Schools
  - Faith communities
  - Businesses
- Held Dementia Education Conference – over 200 attended
- Created Documentary of Pastor's Journey – *Instead of Your Name (YouTube)* and Community Reads book of *Still Alice*
- Presented at local and statewide conferences
- **Greatest success:** County Schools Outreach & **Greatest challenge:** Faith Communities Outreach

# Hancock County

## Who We Reached and How?



**Dementia  
Friendly  
Ohio**  
HANCOCK COUNTY  
An Initiative of Ohio Council for Cognitive Health



# Dementia Friendly Cleveland Heights

**Residents Impacted by Dementia**  
Alzheimer's Association, Cleveland Area Chapter  
Benjamin Rose Institute on Aging (Lead Organization)  
Church of the Saviour, United Methodist  
City of Cleveland Heights Police Department  
City of Cleveland Heights Fire Department  
Cleveland Heights City Council  
Cleveland Heights Office on Aging  
Cleveland Heights-University Heights Public Library  
Gloria's Way  
Northeast Ohio Medical University (GWEP Team)  
Ohio Council for Cognitive Health (GWEP Team)  
Summa Health (GWEP Team)  
VA Northeast Ohio Healthcare System  
Village in the Heights  
Western Reserve Area Agency on Aging



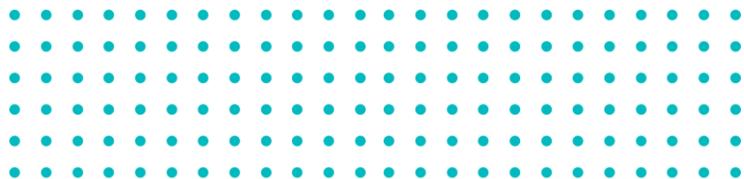
**Dementia  
Friendly  
Ohio**

**CLEVELAND HEIGHTS**

An Initiative of Ohio Council for Cognitive Health

# DEMENTIA FRIENDLY CLEVELAND HEIGHTS WEEK

- Inaugural event held May 2023.
- Programming hosted at the Heights Libraries throughout the week:
  - Resources, book talks, Dementia Friends sessions, arts and music programs, educational programs.
- 150 community members.



“Feelings of love and tolerance”

“Community building”

“Learning more can help me with my brother”

“Relief that there is help”

 Heights  
Libraries

# Dementia Friends Program in Cleveland Heights: A Polit Study of Participant Knowledge, Attitudes and Next Steps

**Table 1**

*Results of Analysis Comparing Attitudes about Dementia by Session*

Attitudes statement	<u>Pre-Session</u>	<u>Post-Session</u>	<i>df</i>	<i>t</i>	<i>p</i>	Cohen's <i>d</i>
	<i>M (SD)</i>	<i>M (SD)</i>				
I am confident interacting with people living with dementia.	3.02 (1.01)	3.86 (.65)	48	-6.699	<.001	-0.615
People living with dementia need to feel respected, like anyone else.	4.80 (.65)	4.90 (.31)	48	-1.219	.229	.109
I can respond to people living with dementia with understanding.	3.98 (.79)	4.40 (.68)	46	-3.774	<.001	-.241
I am motivated to get to know people living with dementia better.	4.10 (1.01)	4.33 (.69)	48	-1.909	.062	.014

We Support Dementia Friendly  
TOLEDO



# Dementia Friendly Toledo

Aetna Better Health

Area Office on Aging  
of Northwestern  
Ohio

Benjamin Rose  
Institute on Aging

Lucas County Board  
of Developmental  
Disabilities

Manahan – Serving  
Adults with  
Developmental  
Disabilities

MemoryLane Care  
Services

Ohio Council For  
Cognitive Health

Association for  
Frontotemporal  
Degeneration

Trilogy Health  
Services, LLC



# Dementia Friendly Toledo



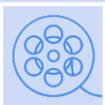
Community Kickoff Event



New ACL ADPI Grant



Offer Education Programs



Dementia Friendly Movie Event

Akron-Summit County  
Public Library

Alzheimer's Association  
(Greater East Ohio)

Asian Services in Action

Community-Based Care  
Partner

Direction Home

Faith Community Leader

*Grief Recovery Method*  
Specialist

Summit County  
Executive

Summit County Public  
Health

Summit DD

\*Ongoing support from  
Summa Health,  
NEOMED, and Ohio  
Council for Cognitive  
Health



**Dementia  
Friendly**  
**Ohio**

SUMMIT COUNTY

An Initiative of Ohio Council for Cognitive Health



# Dementia Friendly Communities in Ohio

## **Yellow Springs**

(Grant from Yellow Springs Community Foundation; partners from Greene County Council on Aging, Area Agency on Aging, Alzheimer's Association, and Boonshoft School of Medicine at Wright State University)

## **Clintonville**

(Partners from Central Ohio Agency on Aging, Alzheimer's Association, Central Ohio Chapter and Age-Friendly Columbus/Franklin County)

# Dementia Friendly Resources

## Tip Sheets and Videos

<https://ocfch.org/quick-tips/>

- Can be personalized with Organization's logo
- Downloadable
- Translated into other languages



Helping Ohioans living with dementia, along with their loved ones, care partners and broader community, live with meaning, purpose and joy.

### The Hand in Hand Approach

#### 3 Essential Tips for a Dementia Friendly Home

If you are reading this, it's probably because you are a care partner for someone living with dementia. This role comes with new responsibilities that you never imagined you would have.

The Ohio Council for Cognitive Health is here as your partner, friend and resource for empowering information that will make your life easier. We understand the daily challenges you face, and we are here to provide the exact strategies that truly make a difference in daily life, steps you CAN take! Read more, and we'll show you how...

**We know that simple changes in the home can make a big difference!**

#### Tip #1

##### Create a Home Memory Center

Creating a memory center in the home can create a sense of security and reduce anxiety because the person with dementia knows just where to look for important information. This will help decrease repetitive question asking, as well as allow the person to have a sense of control in his or her own life.

A memory center uses cues such as pictures, words, or auditory reminders to compensate for memory loss and lets the person focus on what he or she can do, rather than calling attention to what they can't do. Once you create a memory center in your home, with practice, it will become the go-to place for important information such as the time, date, lists of things to do, daily schedules, and visitors for the day.

#### MARY'S STORY

"I set up a calendar in the kitchen for my husband. I carefully wrote down every appointment and event. I crossed off each day at bedtime, so he could always figure out the date. He still asked me every day what we were going to do! I became very frustrated with his repeated questions and he could tell.

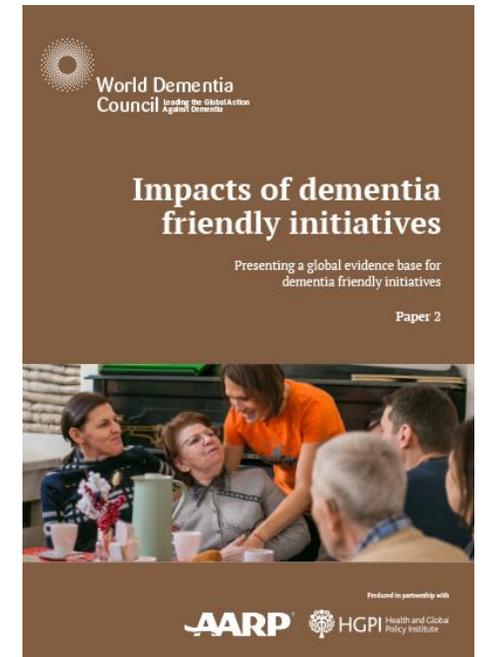
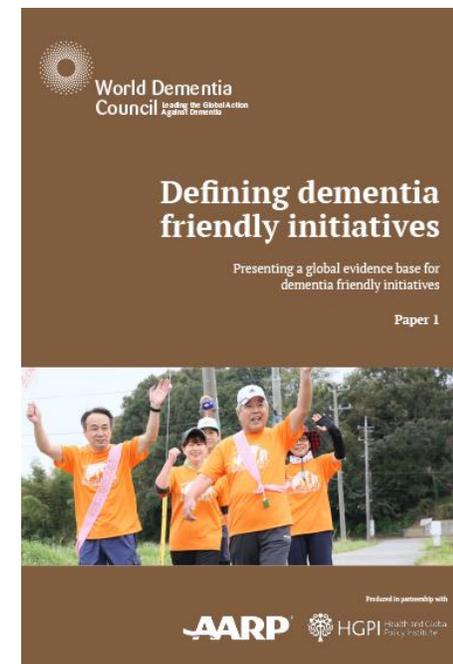
One day when I was watching him, I realized that there was so much written on the calendar, he couldn't figure out what to read. So, I tried something different. I bought a small white board. Each day I wrote TODAY IS and the day of the week. Underneath, I listed the events for the day. This was much easier for Hank to figure out. Now he just checks the board each morning without asking me. What a relief!"

# World Dementia Council

## Three elements to effectively engage a community to *become and remain* dementia friendly:

1. Raising awareness and consequently decreasing stigma
2. Enabling participation
3. Providing support throughout the community

10/22/2024



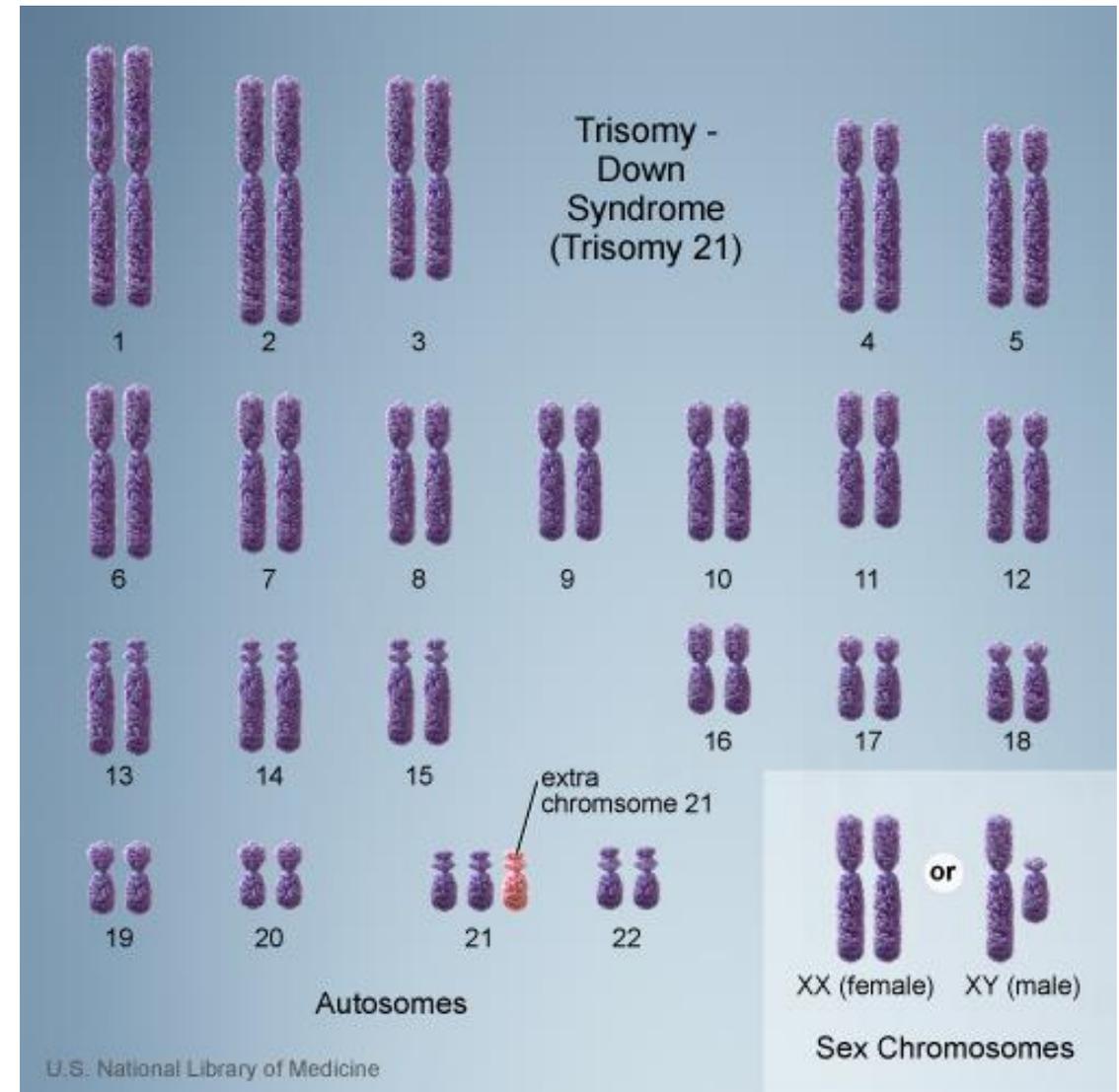


# Intellectual and Developmental Disabilities and Dementia

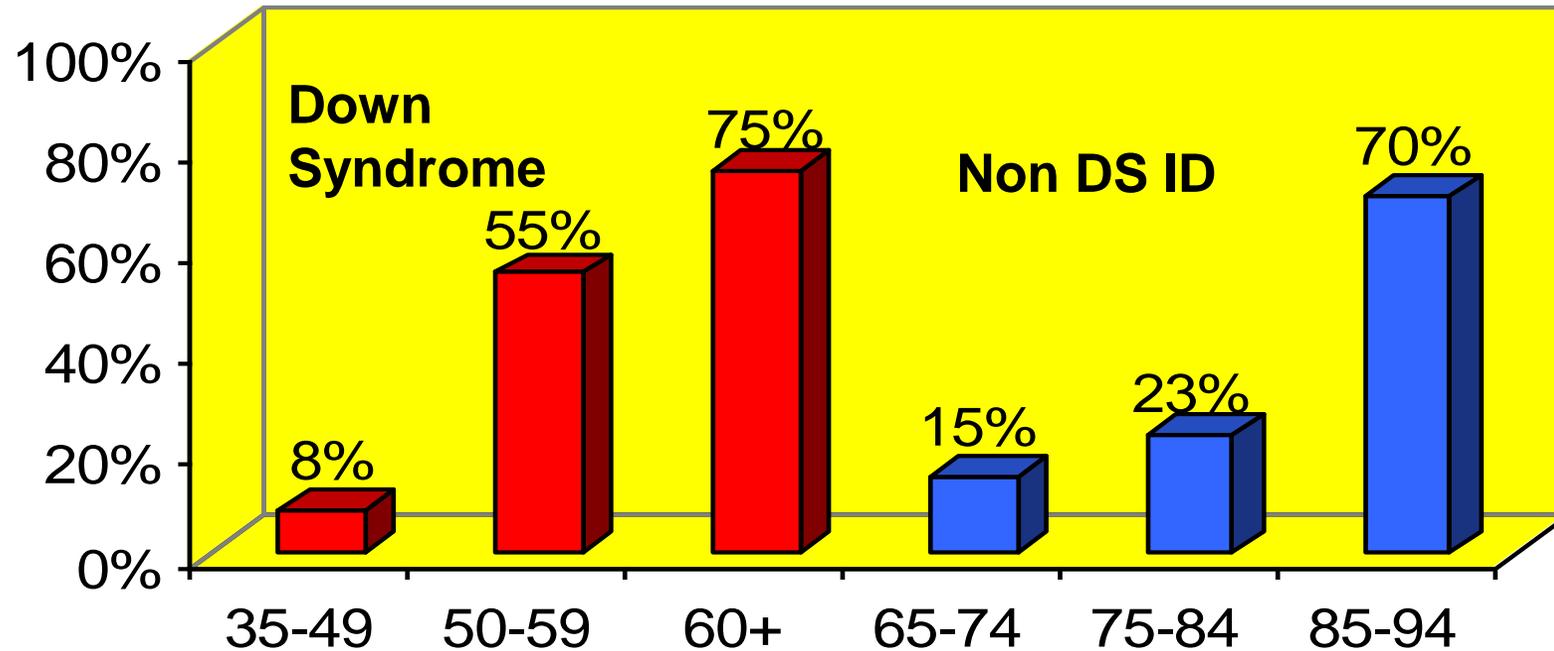


# Alzheimer's Disease and Down Syndrome

- Alzheimer's disease is of more concern for people with Down syndrome than those with other forms of intellectual disability because of the third or "extra" copy of chromosome 21 found in individuals with Down syndrome.
- Chromosome 21 carries a gene that produces one of the key proteins involved with changes in the brain caused by Alzheimer's disease (APP-amyloid precursor protein which is responsible for amyloid plaque formation.)
- People with Down Syndrome have an extra copy of this chromosome, putting them at higher risk



# Prevalence of Dementia in People with Down Syndrome & People with Intellectual Disability



Lai, F. Williams, R. 1989 Archives of Neurology; Cooper, SA. 1997 JIDR

# Dementia and Intellectual and Developmental Disabilities

- Most adults with an intellectual disability live in community settings, either independently or with support from families, friends and service providers. With advanced age, they may experience age-related conditions and diseases, including dementia, which has a devastating impact on all.
- Studies in the United States have shown that adults with an intellectual disability with causes other than Down syndrome have a similar prevalence of dementia and are affected by the same types of dementia as other people in the general population.

# Working with People with IDD and Dementia

## **The Emphasis is on:**

- Being in the community
- Controlling one's life
- Building a network of relationships
- Holding a job
- Having more independence this year than one did last year
- Aging, IDD and Dementia require a new twist on this emphasis

# QoL in Intellectual Disabilities and Alzheimer's Dementia

- Absence of pain
- Maintenance of health
- Psychosocial well-being
- Skills maintenance and support
- Absence of and supportive responses to problem behaviors
- Leisure and community participation
- Family and friends
- Dementia –focused programming
- Supportive environments
- Alleviation of caregiver burden

**(McCallion & McCarron, 2003)**

# Co-morbidities - Concerns

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- Increase as people age
- Increase as dementia progresses
- Challenge individual's independence – small declines having big consequences
- Need for active medical management

# Programming and Collaboration

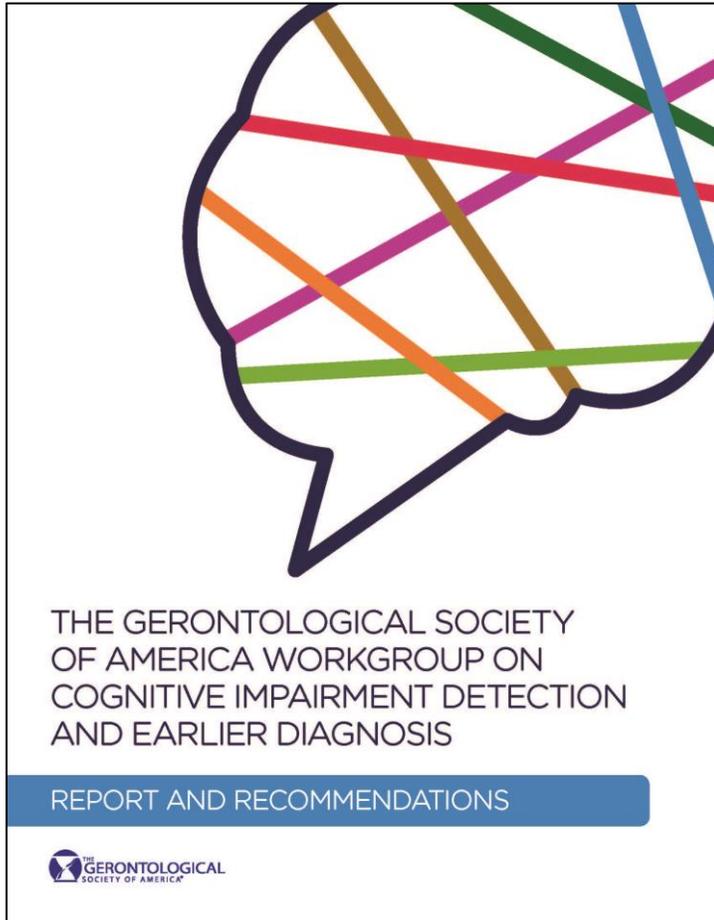
- Knowing the mix of services needed and how they will change over time
- Determining the best location for services
- Being clear about what we are trying to achieve with the services we provide
- Developing dementia specific day and residential programs
- Many individuals are not connected to DD services
- Aging and IDD Systems working TOGETHER have a positive impact and SO MANY OPPORTUNITIES



# National and Statewide Initiatives

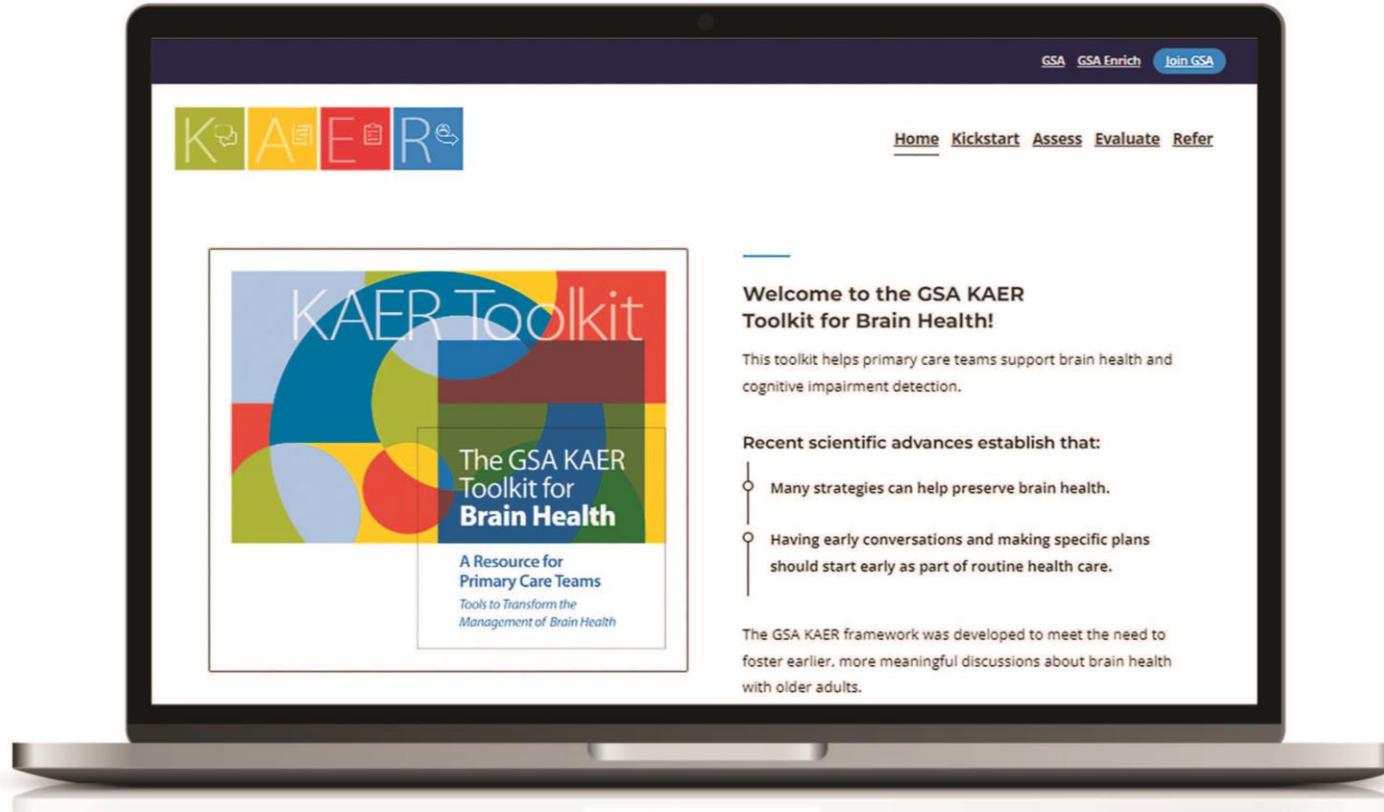


# The Unmet Need



"A serious but frequently overlooked gap in health care for the rapidly aging population of the United States: ***how older adults at risk for, or with signs and symptoms of, Alzheimer's disease and related dementias are inadequately assessed for cognitive impairment during routine visits with their primary care providers (PCPs)***"

# KAERBRAIN.ORG



The GSA KAER Toolkit for Brain Health

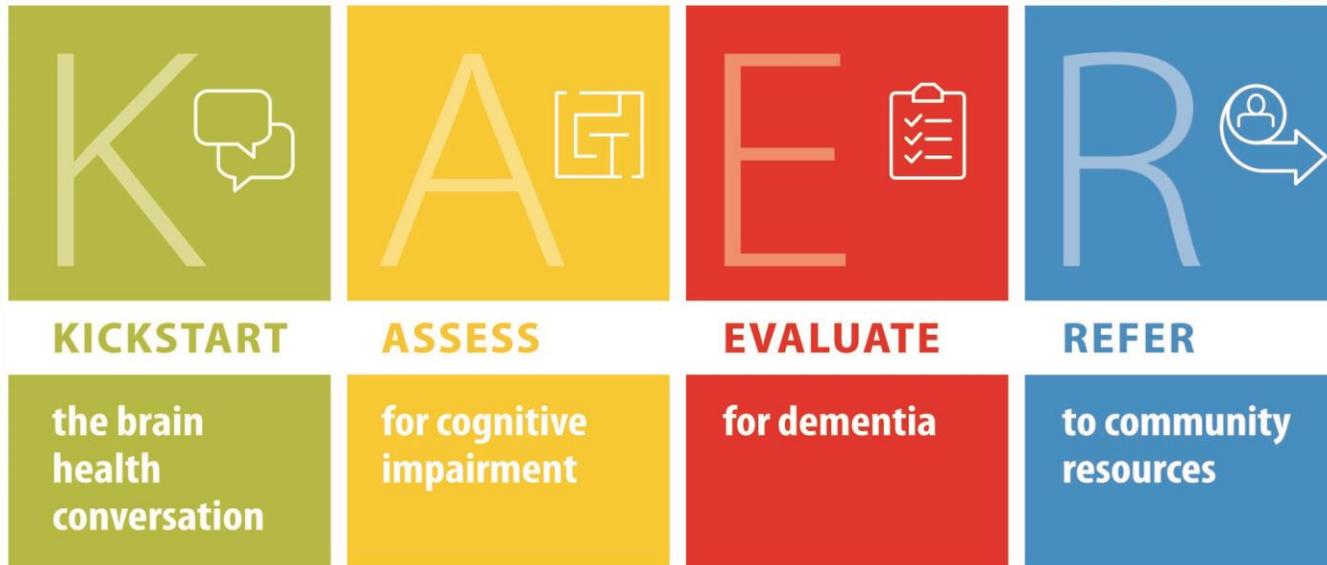


The GSA KAER Toolkit for Brain Health

Support provided by Eisai, Genentech, Lilly, Otsuka

# KAER Framework

Gerontological Society of America  
**KAER Framework**





### **Kickstart the Brain Health Conversation**

Discuss brain health, observe for signs and symptoms of cognitive impairment, and listen for patient and family concerns about cognition.



### **Assess for Cognitive Impairment**

Conduct a brief cognitive test and other structured assessments to detect cognitive impairment in a timely way.



### **Evaluate for Dementia**

If cognitive impairment is detected, conduct or refer for a diagnostic evaluation.



### **Refer for Community Resources**

If dementia is diagnosed, refer the patient and family for community services and other resources.

## **Desired Outcomes**

Well-being and positive health-related outcomes for people living with dementia and for their families

# KAER Toolkit Key Features

New fully online resource with user-friendly navigation

Four main sections align with each step of the KAER framework

Includes key section takeaways for ease of use

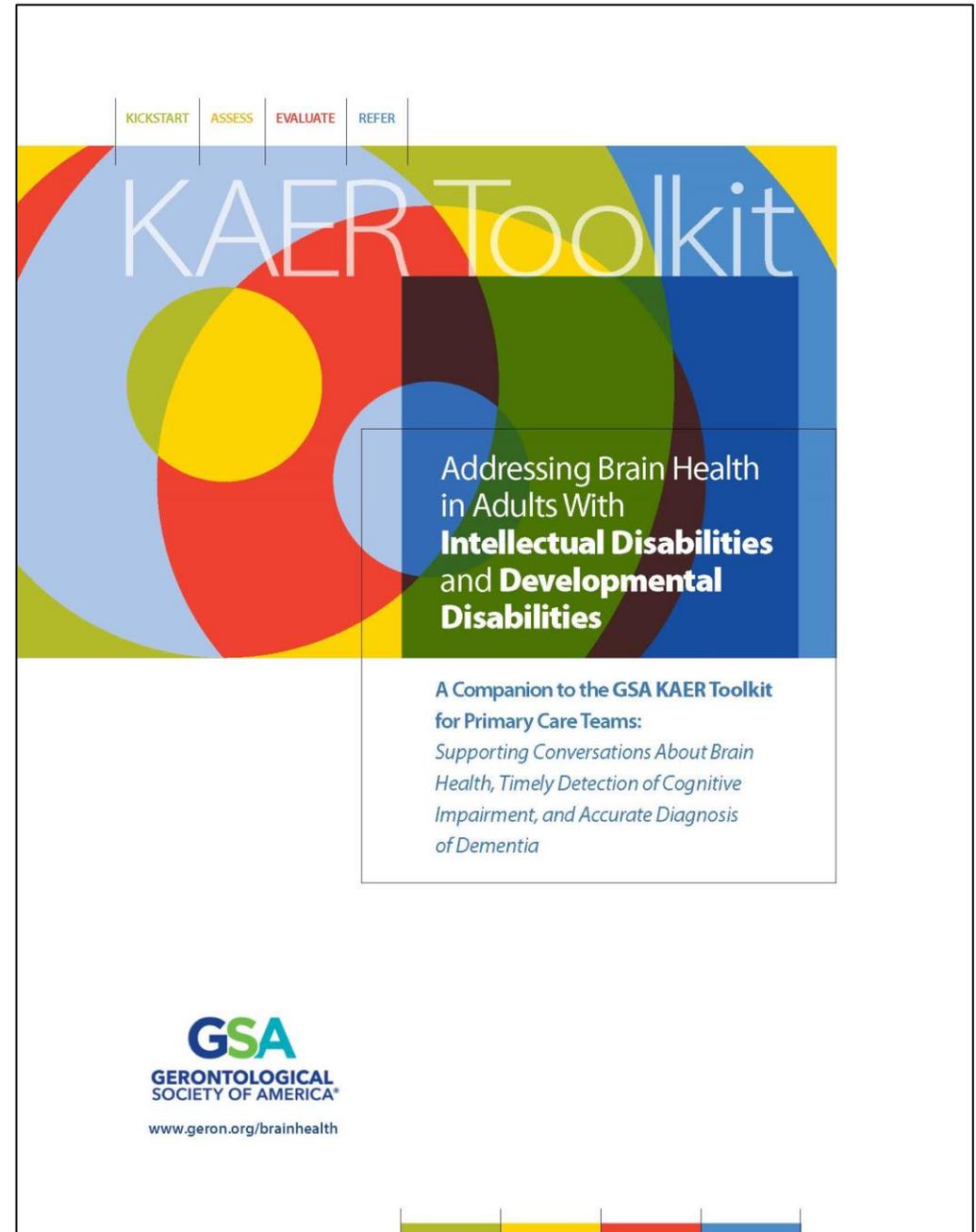
Increased focus on brain health promotion and information on how to effectively communicate topic with older adults

Incorporates “the best of the best” tools and resources

Experts guide ongoing updates and enhancements

# A Companion to Address the Unique Needs of Adults with I/DD

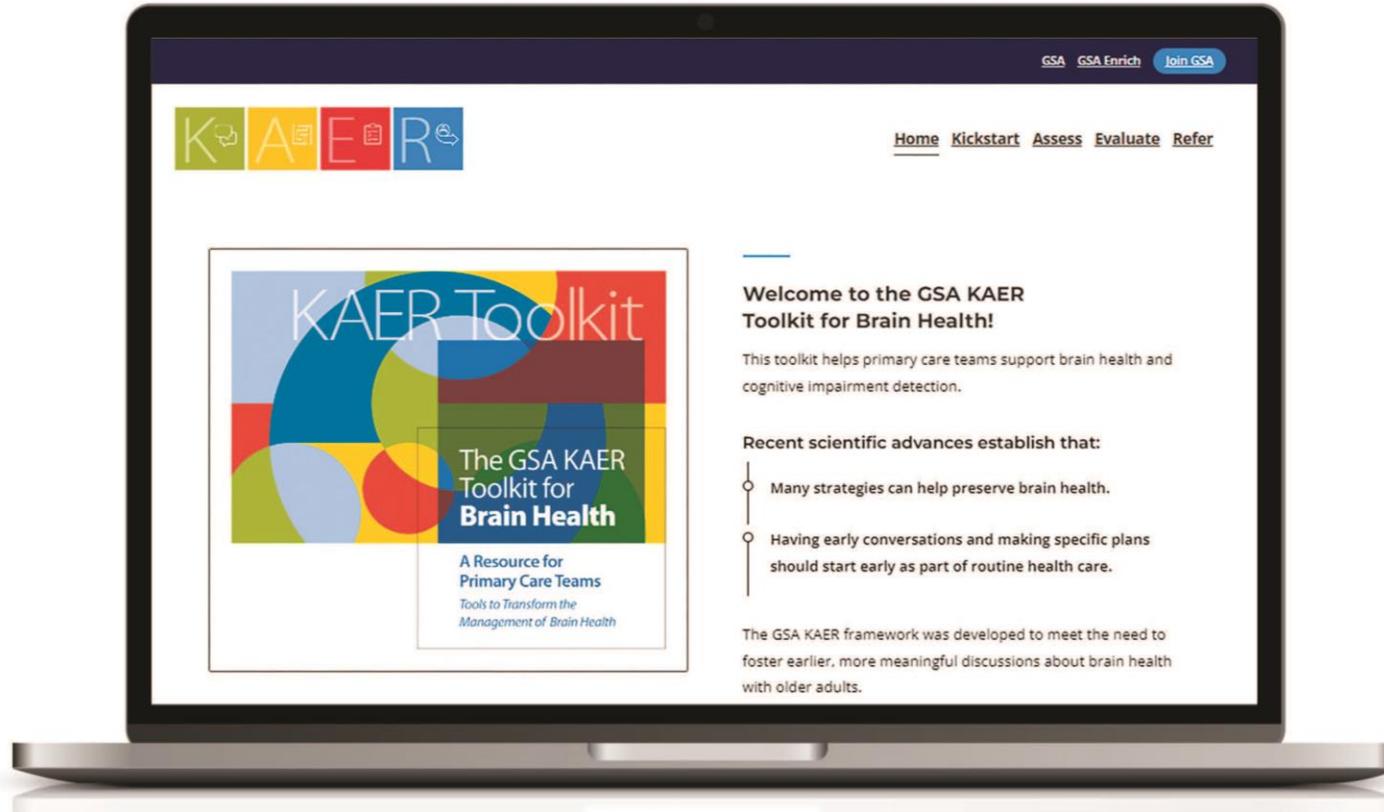
Support provided by Eisai



# Goals of the Companion Document

<b>Raise</b>	Raise awareness of unique needs of adults living with I/DD
<b>Equip and encourage</b>	Equip and encourage caregivers and health care teams to engage in appropriate brain health conversations with adults with I/DD
<b>Promote</b>	Promote brain health conversations and early detection of changes in cognitive and adaptive function for adults with I/DD
<b>Assist</b>	Assist with the identification of community supports and resource networks aimed at enhancing function and quality of life for adults with dementia and I/DD

# KAERBRAIN.ORG



The GSA KAER Toolkit for Brain Health



The GSA KAER Toolkit for Brain Health

Support provided by Eisai, Genentech, Lilly, Otsuka

# Let's start Zooming!

**Zoom in: What are Dementia Friendly  
Communities? What is Dementia Friends?**

**Zoom Out: SO WHAT?? Why is this  
important and how are communities  
involved?**

**Zoom all around: Now What?  
How do we (Ohio's Aging  
Network) want to proceed?**



# Area Agencies on Aging Play a Pivotal Role In Dementia Friendly Communities

# Opportunities for Collaboration

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**Dementia Friends Champions**

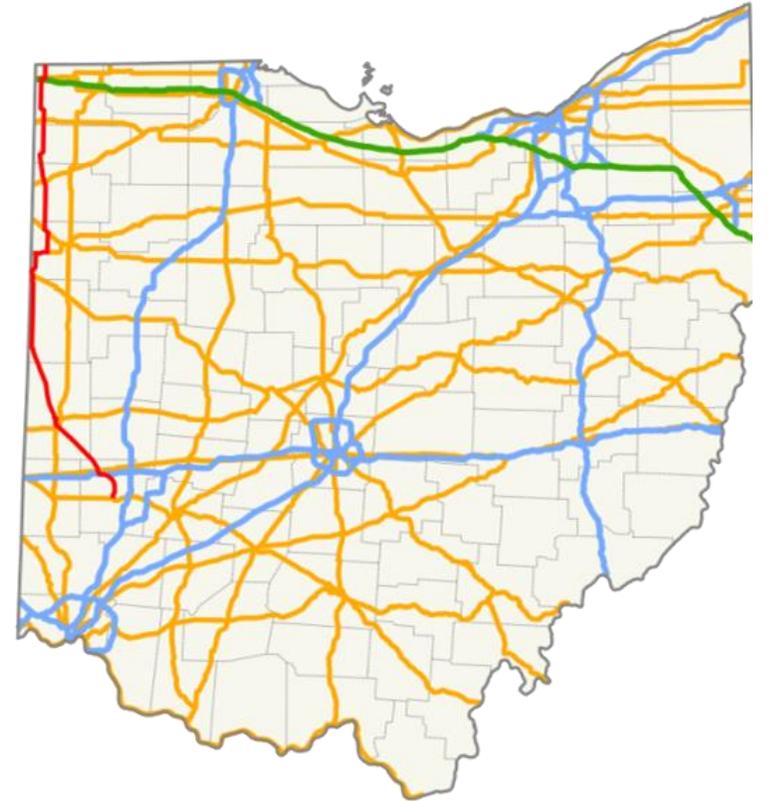
**Dementia Coaches**

**Dementia Friendly Communities**

**Alignment with Age Friendly and Dementia Friendly**

**Administration For Community Living Alzheimer's Disease Program  
Initiative Funding Opportunity**

- NW Ohio Grant
- Summit County Grant



# Opportunities for Collaboration

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## **GWEP – Geriatric Workforce Enhancement Program**

- NE Ohio
- Central Ohio
- SW Ohio

## **Golden Buckeye Caregiver Center**

## **Dementia Friendly Hospitals and Hospital Transitions Programs**

## **Day by Day Project**

## **Collaborative partnerships spreading the good work in Ohio**



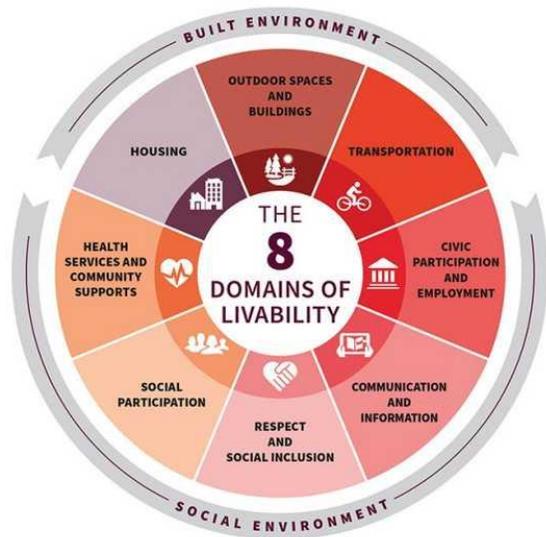
# Dementia Friendly Opportunities in Healthcare Systems and Settings

- **GUIDE Model**
- GUIDE Model Staff/Care Navigator/Staff Training
- Family Caregiver Education
- Respite Care
  
- **Ohio GWEP**
- Educate and train primary care and geriatrics workforces and other appropriate specialties to provide age friendly and dementia friendly care for older adults in integrated geriatrics and primary care/delivery systems
  
- **Dementia Friendly Hospital Settings and Hospital Transitions Programs**

*Since age is the greatest risk factor for dementia, communities working towards age-friendly resources may want to consider adding dementia friendly elements to their efforts. The list below, shows dementia friendly elements that communities may want to consider adding to their age-friendly efforts*

Age Friendly	Dementia Friendly	Features
✓		The city is clean and pleasant, with enforced regulations.
	✓	The environment is familiar (the functions of buildings are obvious) and distinctive (urban and building form is varied).
	✓	The physical environment is easy to navigate and includes a variety of landmarks to aid wayfinding.
✓		A spectrum of quality housing options, including support for aging in place, is available for older people as their needs change over time.
	✓	A range of quality housing options, including memory care services and supports, exists for people with dementia at various stages of the disease.
✓		A wide-variety of affordable, convenient and accessible activities is offered to older adults and their companions.
	✓	People with dementia and their caregivers have access to organized activities designed specifically for their needs.
✓		Public transport is reliable, frequent, safe and affordable; serves all city areas; and has priority seating for older adults.
	✓	Transport does not require passengers to handle <u>money</u> , and supportive assistance is available along the way to help passengers with dementia travel successfully
✓		Drivers (public transport, taxis, other services) are courteous and sensitive to older riders.
	✓	Drivers are trained to recognize passengers with dementia and how to help them.
✓		Roads are well-maintained, well-lit, and well-signed, and priority parking and drop-off spots are readily available.
	✓	Transportation services for people with dementia are well-advertised and promoted as supportive.
✓		Older people are valued and respected by the community
	✓	Community is dementia-aware and puts forth a spirit of support; people with dementia, including those from seldom-heard communities, are free from stigma.
✓		Older people receive services and products adapted to their needs and preferences.
	✓	Businesses become educated about dementia, train employees how to support customers with dementia, and offer specialized services to people with dementia and their families.
✓		Reliable and regular distribution of information to seniors keeps them connected to news, events and activities.
	✓	Specific outreach to people with dementia and their caregivers keeps them engaged and helps prevent social isolation.
✓		An adequate range of health and community support services is offered.
✓		Home services staff is respectful, helpful and trained to serve older people.
	✓	Clinical providers are equipped to screen and diagnose dementia.
	✓	Education and support for caregivers allows them to continue their critical role in supporting people with dementia.

# Dementia Friendly and Age Friendly – Better Together



### **What is an Age-Friendly Community?**

The World Health Organization's Global Network for Age-Friendly Cities and Communities was established to help cities across the globe prepare for the rapid increase in the aging population through collaboration. This network fosters the exchange of experiences and mutual learning between cities and communities worldwide as they work towards the common goal of creating better places to live and age. AARP was designated as the US affiliate and created the Livable Communities Network to support the efforts of neighborhoods, towns, cities and rural areas to become great places for all people. Together, these organizations support the international effort toward making a more age-friendly world.



COALITION  
of Age-Friendly  
Communities of Ohio

**Co-Chair**

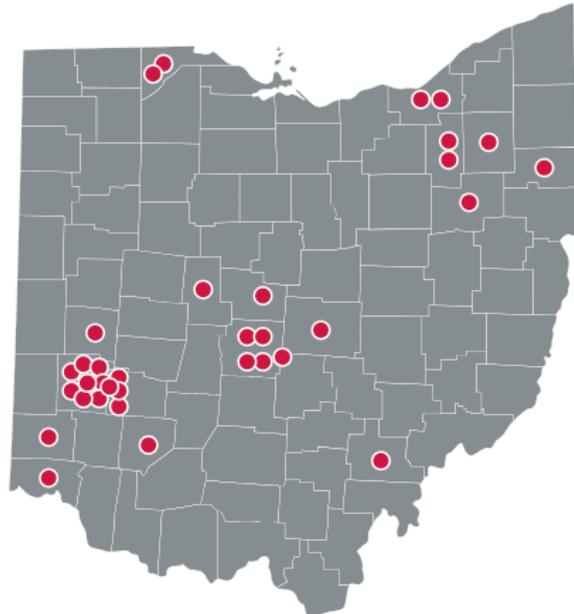
Marisa Sheldon, Columbus and Franklin County

[sheldon.127@osu.edu](mailto:sheldon.127@osu.edu)

**Co-Chair**

Susan Sigmon, Akron, Stark County, and Summit County

[ssigmon@dhad.org](mailto:ssigmon@dhad.org)



# Coalition of Age-Friendly Communities of Ohio (CAFCO)

AFIC co-chairs Coalition of Age-Friendly Communities of Ohio (CAFCO), a grassroots driven collaboration of existing Age-Friendly communities in the state. CAFCO hosts quarterly network-wide educational, research, and advocacy meetings.

**Purpose:** CAFCO members will educate, mentor, and support each other and the work of Age-Friendly communities across Ohio. We focus on creating a positive aging framework centered on inclusivity, empowerment, and advocacy.

**Vision:** CAFCO brings together member communities that elevate the knowledge and experiences of older adults with data informed innovators. We advocate for our state to be an inclusive, livable place for people of all ages.

**Akron**

Joined: 2019  
Population: 190,347

**Brookville**

Joined: 2022  
Population: 5,968

**Clinton County**

Joined: 2018  
Population: 42,004

**Delaware County**

Joined: 2018  
Population: 220,740

**Kettering**

Joined: 2022  
Population: 57,377

**Oxford**

Joined: 2017  
Population: 22,625

**Struthers**

Joined: 2021  
Population: 9,917

**Washington Township**

(Montgomery County)  
Joined: 2022  
Population: 61,020

**Yellow Springs**

Joined: 2019  
Population: 3,750

**Athens County**

Joined: 2020  
Population: 62,056

**Centerville**

Joined: 2022  
Population: 24,729

**Columbus**

Joined: 2015  
Population: 906,528

**Franklin County**

Joined: 2018  
Population: 1,321,414

**Licking County**

Joined: 2023  
Population: 181,359

**Portage County**

Joined: 2024  
Population: 161,791

**Summit County**

Joined: 2020  
Population: 537,633

**Westerville**

Joined: 2018  
Population: 38,862

**Beavercreek**

Joined: 2024  
Population: 56,025

**Cincinnati**

Joined: 2018  
Population: 308,935

**Cuyahoga County**

Joined: 2022  
Population: 1,249,387

**Harrison Township**

(Montgomery County)  
Joined: 2022  
Population: 21,841

**Lucas County**

Joined: 2024  
Population: 426,719

**Reynoldsburg**

Joined: 2024  
Population: 41,117

**Toledo**

Joined: 2024  
Population: 266,301

**Worthington**

Joined: 2020  
Population: 14,564

**Bellbrook**

Joined: 2020  
Population: 7,328

**Cleveland**

Joined: 2015  
Population: 367,991

**Dayton**

Joined: 2023  
Population: 135,944

**Huber Heights**

Joined: 2022  
Population: 43,272

**Miami County**

Joined: 2022  
Population: 109,264

**Stark County**

Joined: 2022  
Population: 373,834

**Vandalia**

Joined: 2023  
Population: 14,999

**Xenia**

Joined: 2022  
Population: 25,463



## AGE-FRIENDLY INNOVATION CENTER

# TECHNICAL ASSISTANCE PROGRAM



### **Age-Friendly Certificate Program**

The Age-Friendly Innovation Center (AFIC) at The Ohio State University College of Social Work has partnered with local and national experts to create an online training that provides the opportunity for participants to earn a Certificate in Age-Friendly Communities. Earning this certificate will demonstrate competency in the foundational tenets of creating an age-friendly community.



### **Age-Friendly Office Hours**

AFIC at the Ohio State University College of Social Work hosts monthly office hours to provide support for age-friendly communities in Ohio. New or currently enrolled age-friendly communities are welcome to join us for this question-and-answer session.

To learn more, email Eunha Suh at [suh.198@osu.edu](mailto:suh.198@osu.edu)



# Panel Discussion



# Resources

**Dementia Friendly America-** <https://www.dfamerica.org/>

**Dementia Friendly America Sector-Guides-** <https://www.dfamerica.org/sector-guides>

**Dementia Friends USA-** <https://dementiafriendsusa.org/>

**Ohio Council for Cognitive Health Dementia Friendly Communities-**

<https://ocfch.org/dfc/dementia-friendly-communities/>

**Ohio Council for Cognitive Health Dementia Friends Sessions-**

<https://ocfch.org/df/dementia-friends-sessions/>

**Dementia Inclusive Public Library Guide-** [The Dementia Inclusive Public Library Guide - The Ohio Council for Cognitive Health \(ocfch.org\)](#)

**Ohio Council for Cognitive Health Quick Tips-** <https://ocfch.org/quick-tips/>

**Pathways to Living Well with Dementia-** [Pathways to Well-Being with Dementia: Manual of Help, Hope and Inspiration | Dementia Action Alliance \(daanow.org\)](#)

# Resources

- **ACL's Brain Health-** To learn more visit: <https://acl.gov/brain-health>
- **Alzheimer's Disease & Down Syndrome: A practical Guidebook for Caregivers-**
- <https://ndss.org/resources/alzheimers-disease-down-syndrome-practical-guidebook-caregivers>
- **Behavioral Interventions: When Caring for Someone with Dementia-** To view the recorded training visit: <https://youtu.be/EW3JODBilms?si=5VIH0XB7mcRDTJls>
- **Dr. Philip McCallion - Basics of Intellectual and Developmental Disabilities and Dementia Training-** To view the recorded training visit: <https://youtu.be/ZMw-5hyWfSk?si=wDf4oD5EEhitiD->
- **GSA KAER Toolkit for Primary Care Teams-** <https://gsaenrich.geron.org/brain-health>
- **NADRC Dementia and IDD Resources-** Search “Intellectual and Developmental Disabilities” <https://nadrc.acl.gov/home>
- **NTG- National Task Group Intellectual Disabilities & Dementia Practices-** [Intellectual Disabilities and Dementia Resources | The NTG \(the-ntg.org\)](https://www.the-ntg.org/)
- **NTG- Early Detection and Screen for Dementia (NTG-EDSD)-** <https://www.the-ntg.org/ntg-edsd>
- **Ohio Council for Cognitive Health –** <https://www.ocfch.org>
- **USAing- Dementia Friendly America-** <https://www.usaging.org/dfa>

# Thank you for joining us!

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