

***Are We There Yet?  
Transportation and the Future***

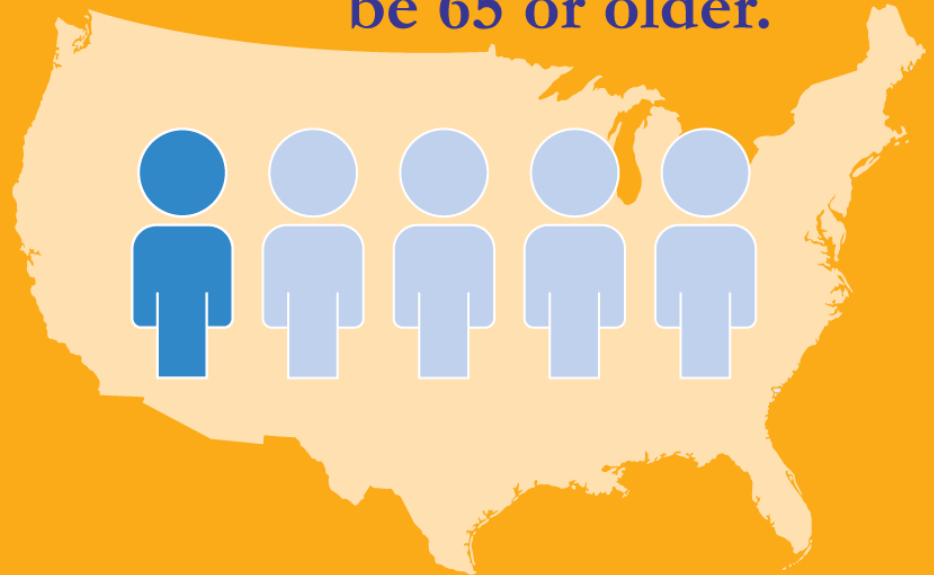
**Melissa Gray**  
Program Manager, n4a &  
NADTC



# An Aging Nation

Over the next two decades, the proportion of the U.S. population over age 60 will dramatically increase as the baby boomers reach this milestone. By 2030, more than 70 million Americans will be 65 and older, twice the number in 2000.<sup>1</sup>

By 2030, **1 in 5** Americans will be 65 or older.





# 90%

of adults age  
65 and older say  
they hope to stay  
in their homes  
for as long as  
possible.<sup>2</sup>

But to do so, many people will eventually need some level of service or support to live safely and successfully in their home or community.

# All AAAs offer five core services under the OAA:



**The average AAA offers more than a dozen additional services.**

The most common non-core services offered by AAAs are:

- Insurance Counseling (85%)
- Case Management (82%)
- Senior Medicare Patrol (44%)



**MISSION:** To promote the availability of accessible transportation options that serve the needs of **Older Adults, People with Disabilities, Caregivers and Communities.**

## MAJOR OBJECTIVES:

- Person-centered technical assistance and information & referral
- Training: webinars, online courses/forums
- Interactive communication and outreach strategy
- Coordination and partnership strategy, including stakeholder engagement
- Investment in community solutions
- Independent program evaluation

## KEY STAKEHOLDERS:

Transportation providers; human services providers; disability organizations; Area Agencies on Aging; State Departments of Transportation; Tribal Transit and Tribal Elder Services; FTA; ACL; and more....





# Transportation Challenges for Older Adults & People with Disabilities

- Older adults who stop driving take 15% fewer trips to the doctor, 59% fewer shopping trips and 65% fewer social, family, religious and other life-enhancing trips.
- Half of older non-drivers do not leave their homes on any given day
- 3.6 million medical appointments missed in any given year due to lack of transportation
- Transportation is the #1 reason older adults contact the Eldercare Locator: more than 31,000 transportation calls last year

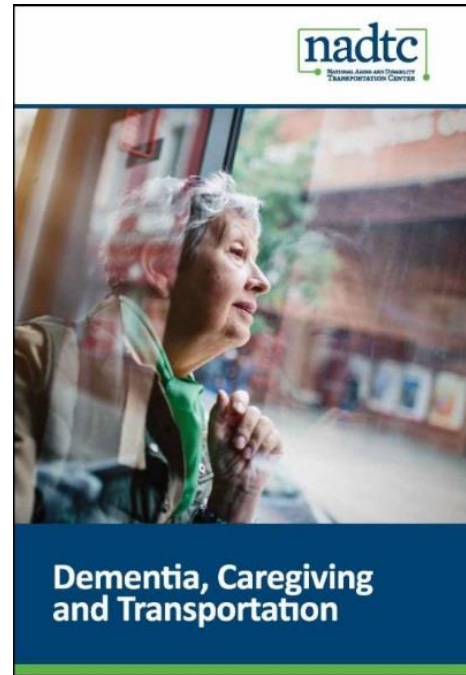
# Why connect transportation & caregiving?

- Nearly 60% of people with dementia live in their own homes and communities.
- There are 44 million caregivers in the U.S.
- 78% of caregivers provide or arrange transportation
  - Nearly 9 in 10 Asian American caregivers help with transportation, compared to 78% of White caregivers and 72% of African American caregivers
- Only 23% of caregivers have used transportation services.

# Dementia, Caregiving and Transportation

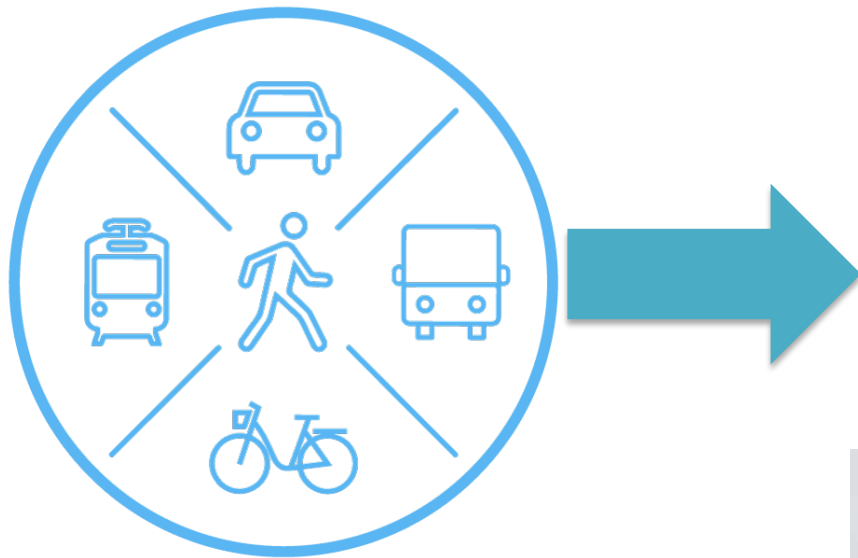
## OBJECTIVES

- Provide an in-depth look at the transportation needs and concerns experienced by family caregivers, particularly caregivers of individuals with dementia.
- Provide guidance on community approaches for connecting transportation and caregiver networks.





# Transportation...a means to an end



# A Network of Transportation Options

Friends and Family  
Fixed Route Public Transit  
Paratransit  
Volunteer Services  
Transportation with Assistance  
Private-Pay Transportation  
(Taxi service, Uber, Lyft)  
Transportation Vouchers  
Neighborhood Shuttles  
Driving  
Walking/Biking  
Medicaid Non-Emergency  
Medical Transportation





Connecting You to Community Services

1-800-677-1116  
[eldercare.acl.gov](http://eldercare.acl.gov)

# Top Transportation Requests



#1  
Medical  
Transportation



#2  
General  
Transportation



#3  
Accessible  
Transportation

# Transportation is both a personal and a community concern

- Individuals need to know:
  - Who provides information about transportation?
  - What transportation options are available?
  - What is the cost? Are there programs available to pay some or all of the cost?
  - Is help available to guide you through the choices and make the best decision to fit your needs?
  - What if you have a bad experience?
- Organizations that work with older adults and people with disabilities need to know:
  - Why is transportation critical?
  - What transportation services are available?
  - Are there gaps in service?
  - Who has information about transportation?
  - Who provides transportation services?
  - What can you do to improve transportation for the clients you serve?



# The Future of Transportation: What Matters

- Older Adults
- People with Disabilities
- Caregivers
- Inclusive Planning
- Connection to Healthcare





# Universal Mobility as a Services (MaaS)

- Focus on the future of transportation
- Vision of transportation to manage the disruptive forces leading to a more equitable and sustainable transportation future
- Autonomous vehicles are only PART of the solution
- Mobility is not solely based on vehicle ownership
- Coordination is key (integrated network of traditional and non-traditional services)

# Shared Ride Services (TNCs) are part of the current transportation “revolution”

- Findings from a 2016 study published by the National Academy of Sciences:
  - The heaviest use of TNCs is during evening hours and weekends
  - Transit travel and wait times were identified as top concerns why users replaced transit with TNCs
  - TNCs are used by people in all income levels
  - TNC and transit agency partnerships have potential in large, mid-size and smaller urban areas to save costs, handle first mile/last mile, offer alternatives to under-used routes or provide service not currently available at certain times or specific geographic areas

# Shared Ride Services for Older Adults & People with Disabilities

- Shared ride options add to the transportation resources that may be available to many older adults
- These services are already being used by many older adults
- These services enable travel when and where you want to go
- But these services are not:
  - Available everywhere
  - Accessible to everyone
  - Affordable for everyone
  - Acceptable to all
  - Adaptable to all circumstances

*(Beverly Foundation: The 5 A's of Senior Friendly Transportation)*

# Shared Ride Services: Lyft Partnership

- Lyft partnership with United Way announced in June 2018
- 2-1-1s received more than 250,000 requests for transportation, 20% of which could not be met with existing resources last year
- 2-1-1 in 12 cities across the U.S. will participate: Atlanta, Austin, Boston, **Cleveland**, Denver, Houston, Milwaukee, Nashville, Orlando, Philadelphia, San Diego & San Francisco
- Lyft-United Way partnership will provide rides to individuals who meet program qualifications

# Community Transportation Innovations

## NADTC 2018 Grant Goals

Total Funding: \$200,000 for 6 months\*

- Strengthen the connections between transit and human services
- Build bridges between transportation and community programs that support community living
- Identify strategies for better utilization of federal, state and local funding opportunities



# Community Transportation Innovations: NADTC 2018 Grants

- **3P Ride, Inc.** York, PA,
- **Capacity Builders, Inc.** Farmington, NM
- **Easterseals DC/MD/VA** in Silver Spring, MD
- **Feonix – Mobility Rising**, Coastal Bend region of Texas
- **Greater Portland Council of Governments**  
Portland, ME
- **North Front Range Metropolitan Planning Organization** Fort Collins, CO
- **Shared Mobility, Inc.** in Buffalo, NY

# Community Transportation Innovations: NADTC 2018 Grants

## 2018 Getting Ready to Innovate Grant Program

**University of Nevada** in Reno, NV, will enhance and develop innovative transportation and mobility options that support the engagement of older adults and individuals with disabilities in meaningful social and recreational activities.

**Piedmont Triad Regional Council Area Agency on Aging** in Kernersville, NC, will organize strategic collaborations to identify ways to address gaps in transportation services to older adults after they are released from hospitals and emergency rooms.

**INCOG Area Agency on Aging** in Tulsa, OK, will provide access to healthy food sources for older adults and people with disabilities by building new partnerships, encouraging strong community involvement and identifying solutions to serve and better connect those living in food deserts.

# Community Transportation Innovations: Inclusive Coordinated Transportation Partnership Project

- Demonstrates the value that inclusive processes can bring to transportation efforts
- Supports communities nationwide in adopting...
  - Proven, sustainable, scalable, and replicable models
  - Participation of people with disabilities and older adults in the design and implementation of responsive, coordinated transportation systems

# Funding Opportunities

## Access and Mobility Partnership Grants



Innovative Coordinated  
Access & Mobility  
Due: 11/13/18

Human Services Coordination  
Research (HSCR) grants  
Due: 11/13/18

For more information visit <https://www.transit.dot.gov/funding/grants/grant-programs/access-and-mobility-partnership-grants>

# Resources

- **Before You Give up the Keys...Create a Roadmap for Transportation Independence** [http://www.nadtc.org/wp-content/uploads/GivingUpTheKeys\\_Final\\_508\\_AcrobatXI.pdf](http://www.nadtc.org/wp-content/uploads/GivingUpTheKeys_Final_508_AcrobatXI.pdf)
- **Identifying and Overcoming Transportation Barriers for Clients** [http://www.nadtc.org/wp-content/uploads/NADTC\\_InfoBrief\\_DesignFinal.pdf](http://www.nadtc.org/wp-content/uploads/NADTC_InfoBrief_DesignFinal.pdf)
- **Transportation Options for Older Adults and People with Disabilities** <http://www.nadtc.org/wp-content/uploads/NADTC-Transportation-Options-Booklet-2018.pdf>
- **Dementia, Caregiving and Transportation** [http://www.nadtc.org/wp-content/uploads/Dementia\\_Caregiving\\_and\\_Transportation.pdf](http://www.nadtc.org/wp-content/uploads/Dementia_Caregiving_and_Transportation.pdf)
- **Solutions Forum on the Future of Transportation (October 23, 2018)** <https://www.aarp.org/ppi/info-2018/future-of-transportation-webcast.html>



# nadtc

NATIONAL AGING AND DISABILITY  
TRANSPORTATION CENTER

**Melissa Gray**

*Program Manager, NADTC*

202.872.0888 | [mgray@n4a.org](mailto:mgray@n4a.org)

[contact@nadtc.org](mailto:contact@nadtc.org)

[866-983-3222](tel:866-983-3222)

**[www.nadtc.org](http://www.nadtc.org)**

