



Why Age-Friendly Communities Matter

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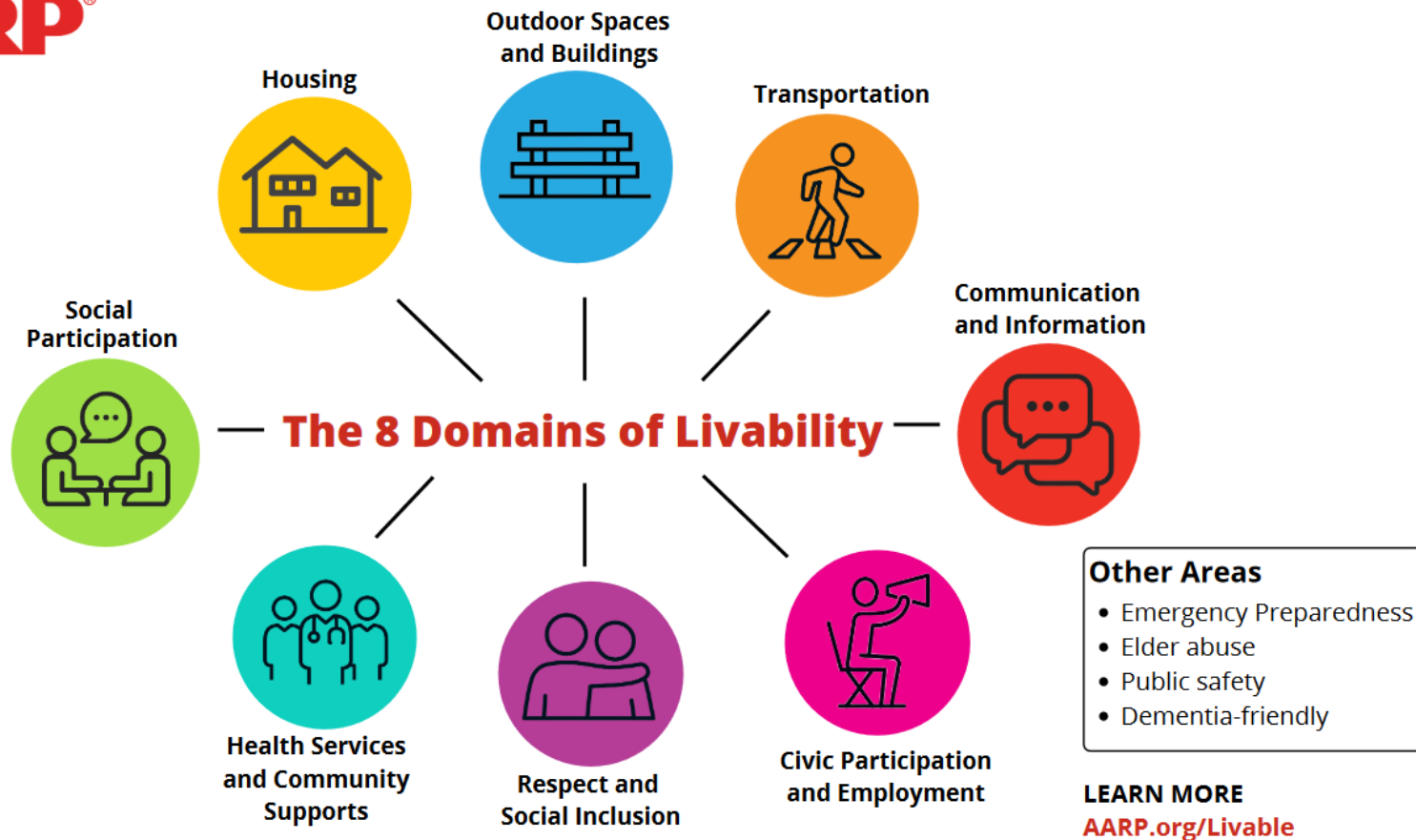
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A Livable Community for All Ages





Developing an age-friendly community: the process

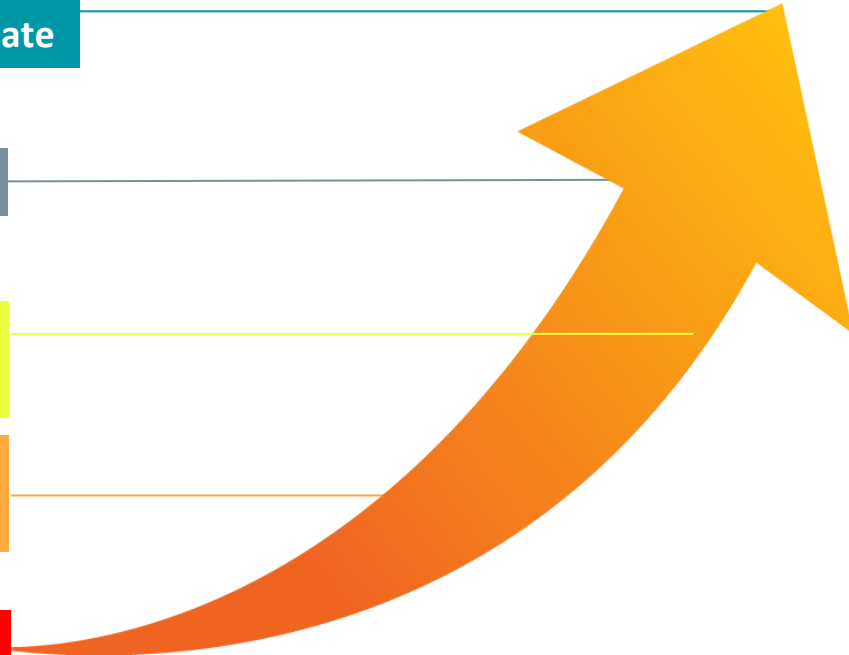
Year 5: Progress / status update

Years 3-5: Implementation

Year 2: Create an action plan

Year 1: Conduct a survey and listening sessions

Enrollment



AARP Network of Age-Friendly States and Communities

[AARP.org/Livable](#) · [About](#) · [Age-Friendly Network](#) · [Community Challenge](#) · [Publications & Resources](#) · [Videos](#) · [Livability Index](#) · [Map](#) · [A-Z Topics](#)



☑ North Dakota

⬆ Ohio

- **Akron:** Joined 2019
- **Athens County:** Joined 2020
- **Bellbrook:** Joined 2020
- **Brookville:** Joined 2022
- **Cincinnati:** Joined 2018
- **Cleveland:** Joined 2015
- **Clinton County:** Joined 2018
- **Columbus:** Joined 2015
- **Cuyahoga County:** Joined 2022
- **Delaware County:** Joined 2018
- **Franklin County:** Joined 2018
- **Harrison Township** (Montgomery County): Joined 2022
- **Oxford:** Joined 2017
- **Struthers:** Joined 2021
- **Summit County:** Joined 2020
- **Washington Township** (Montgomery County): Joined 2022
- **Westerville:** Joined: 2018
- **Worthington:** Joined 2020
- **Yellow Springs:** Joined 2019

For more information, contact: **AARP Ohio**, ohaarp@aarp.org

Worthington, Ohio

PRINT 

Joined the AARP Age-Friendly Network:
9/29/2020

Lead Agency: Griswold Center

Government Agency

Action Plan

An action plan is based on the results of community surveys identifying needs within the 8 Domains of Livability that influence the health and quality of life of older adults. While there is flexibility in how a plan is created and what it will do, every action plan includes a statement about what can be achieved, target dates for goal completion, identification of participating organizations and indicators to measure progress. The action plan is an "active" rather than static document. Revisions and amendments are a sign of program improvement and progress.



Livability Index Score

55

[EXPLORE SCORE](#)

This Member Community is in

County

[FRANKLIN COUNTY](#)

Joined the AARP Network

2018

[SEE ALL](#)

Don't see your community listed?

[LEARN HOW IT CAN JOIN THE NETWORK](#)

OTHER RESOURCES:

[OH Worthington Application](#) 

[OH Worthington Letter of Enrollment](#) 

[OH Worthington Resolution](#) 



COALITION
of Age-Friendly
Communities of Ohio

Coalition of Age-Friendly Communities of Ohio

1. Akron

Joined: 2019

2. Athens County

Joined: 2020

3. Bellbrook

Joined: 2020

4. Cincinnati

Joined: 2018

5. Cleveland

Joined: 2014

6. Clinton County

Joined: 2018

7. Columbus

Joined: 2015



8. Delaware County

Joined: 2018

9. Franklin County

Joined: 2018

10. Oxford

Joined: 2017

11. Summit County

Joined: 2020

12. Westerville

Joined: 2018

13. Worthington

Joined: 2020

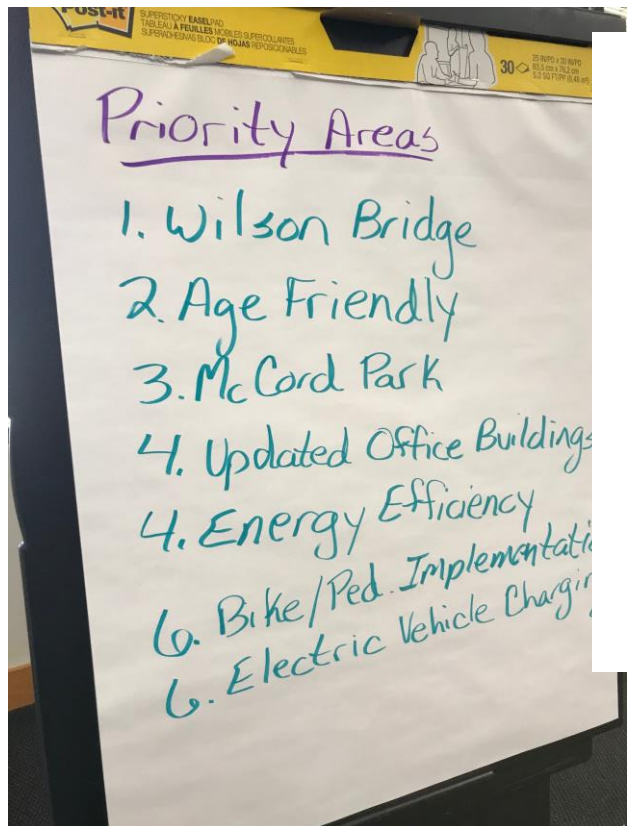
14. Yellow Springs

Joined: 2019



City Council Retreat 2019

City Council Passed Resolution No. 77-2019 2019 December 9, 2019



RESOLUTION NO. 77-2019 (As Amended)

Expressing Support of the City's Application for
Membership to the AARP Network of Age-Friendly
Cities and Communities

WHEREAS, the World Health Organization
one that enables people of all ages to actively participate
everyone with respect regardless of their age; and

WHEREAS, active aging is a life-long process
is not just friendly for older people, but is intended

WHEREAS, people of all ages benefit from
that make neighborhoods walkable, feature transportation
services, provide opportunities to participate in
options that are affordable and adaptable; and,

WHEREAS, the global population and the
aged 65 and older is expected to grow from 12
population in 2050; and,

WHEREAS, 20 percent of Worthington
and that number is expected to grow as we live

WHEREAS, research shows that older Americans
their homes and communities as they age; and,

WHEREAS, access to quality health
transportation services, recreational services and
individuals to age in place in their homes and communities

WHEREAS, of the 80 percent of adults
64 percent live outside the principal cities of the
be auto-dependent, creating challenges for residents

WHEREAS, 21 percent of adults age 65
of these non-drivers do not leave home on
transportation options; and,

WHEREAS, reduced mobility for older
to the doctor, 59 percent fewer shopping trips and
trips for social, family and religious activities; and

RESOLUTION NO. 77-2019 (As Amended)

WHEREAS, a network of Age-Friendly cities and communities has been developed
throughout the United States to encourage and promote public policies to increase the
number of cities and communities that support healthy aging and thereby improve the
health, well-being, satisfaction, and quality of life for older Americans; and,

WHEREAS, the World Health Organization has developed eight domains of
community life that influence the health and quality of life
in an Age-Friendly community plan:

1. Outdoor spaces and buildings – accessibility
community centers, parks, and other recreation
2. Transportation – safe and affordable modes of
“Complete Streets” types of initiatives, housing
3. Housing – wide range of housing options for
other home modification programs, housing
and community and health services;
4. Social participation – access to leisure and
older residents to participate in social and
and younger people;
5. Respect and social inclusion – programs to
cultural diversity, programs to encourage
dialogue, programs to combat loneliness
residents;
6. Civic participation and employment – provide
opportunities for older residents; opportu-
nity formulation of policies relevant to their lives
7. Communication and information – promote
technology to keep older residents connect
and family, both near and far; and
8. Community support and health services – access
and programs to promote active aging (physical
and,

WHEREAS, Worthington City Council identifies
Initiative as a high priority for 2019; and,

WHEREAS, the City of Worthington has recognized
an Age-Friendly community with the identification of effective
friendly policies and opportunities; and,

RESOLUTION NO. 77-2019 (As Amended)

WHEREAS, cities and communities have different needs, resources, and varying
capacities to engage their resources to take action to facilitate active aging, and the Age
Friendly Worthington plan will be unique to this community;

NOW, THEREFORE, BE IT RESOLVED by the Council of the Municipality of
Worthington, County of Franklin, State of Ohio:

SECTION 1. That the City supports initiatives and opportunities to engage in the
Network of Age-Friendly Cities and Communities that encourage and promote public
policies supporting healthy aging.

SECTION 2. In order to use AARP as a resource, a staff designee of the City of
Worthington is hereby directed to apply to AARP to join the Network of Age-Friendly
Communities.

SECTION 3. That the City of Worthington shall hereby convene the Age Friendly
Worthington Initiative to actively seek input from diverse stakeholders, including older
residents, to evaluate current and potential age friendly initiatives, services, and
programming in our community and to develop an action plan specific to Worthington.

SECTION 4. That the Clerk of Council be and hereby is instructed to record this
Resolution in the appropriate record book.

Adopted December 9, 2019

/s/ Bonnie D. Michael
President of Council

Attest

/s/ D. Kay Thress
Clerk of Council

