



Aging Reframed: Ohio's 2023-2026 State Plan on Aging

Ashley S. Davis, MA, RDN, LD

Morgan Fitzgerald, MPH, CHES

October 20, 2022



Objectives

- ✓ Examine the link between social determinants of health and health and longevity.
- ✓ Describe an innovative approach to enhancing the State Plan on Aging required under the Older Americans Act.
- ✓ Summarize the Ohio Strategic Action Plan on Aging (SAPA) and Implementation Toolkit.
- ✓ Discuss the impact of reframing our approaches to policymaking, service delivery, and investment priorities.
- ✓ Utilize the SAPA Implementation Toolkit to complete an interactive workshop activity.

COMMUNITY IMPACT

OBJECTIVES

APPROACHES



IMPROVE:

- Community conditions



ADDRESS:

- Structural racism



ADDRESS:

- Individuals' social needs
- Structural racism



ADDRESS:

- Individuals' healthcare needs
- Structural racism



UPSTREAM

- Public health and prevention
- Multi-sector private public partners

MIDSTREAM

- Human services

DOWNSTREAM

- Healthcare

Referrals

**Whole-of-Government
Cross-sector
Community activities**

**BRAID, BLEND AND
LAYER FUNDING**

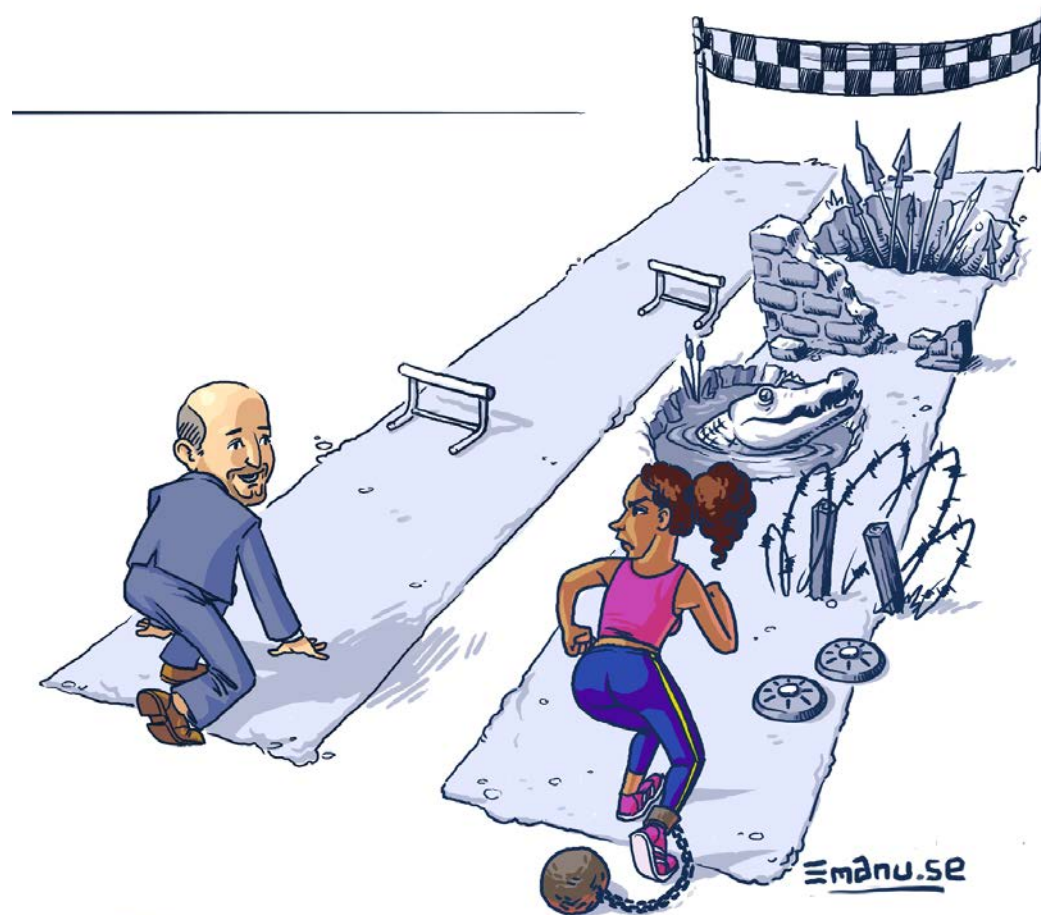
**Health and Human
Services Integration**

- Improve access
- Equitable delivery
- Referral networks

IMPROVE:
Coordination
across sectors
to promote health
equity and achieve
holistic care

INDIVIDUAL IMPACT

Adapted from: U.S. Assistant Secretary of Planning and Evaluation



"What's the matter?
It's the same distance!"

Equality



Equity



Healthy People 2030

Social Determinants of Health

Social determinants of health are the conditions in the environments where people are born, live, learn, work, play, worship, and **age** that affect a wide range of health, functioning and quality-of-life outcomes and risks

Source: Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion



Social Determinants of Health
Copyright-free

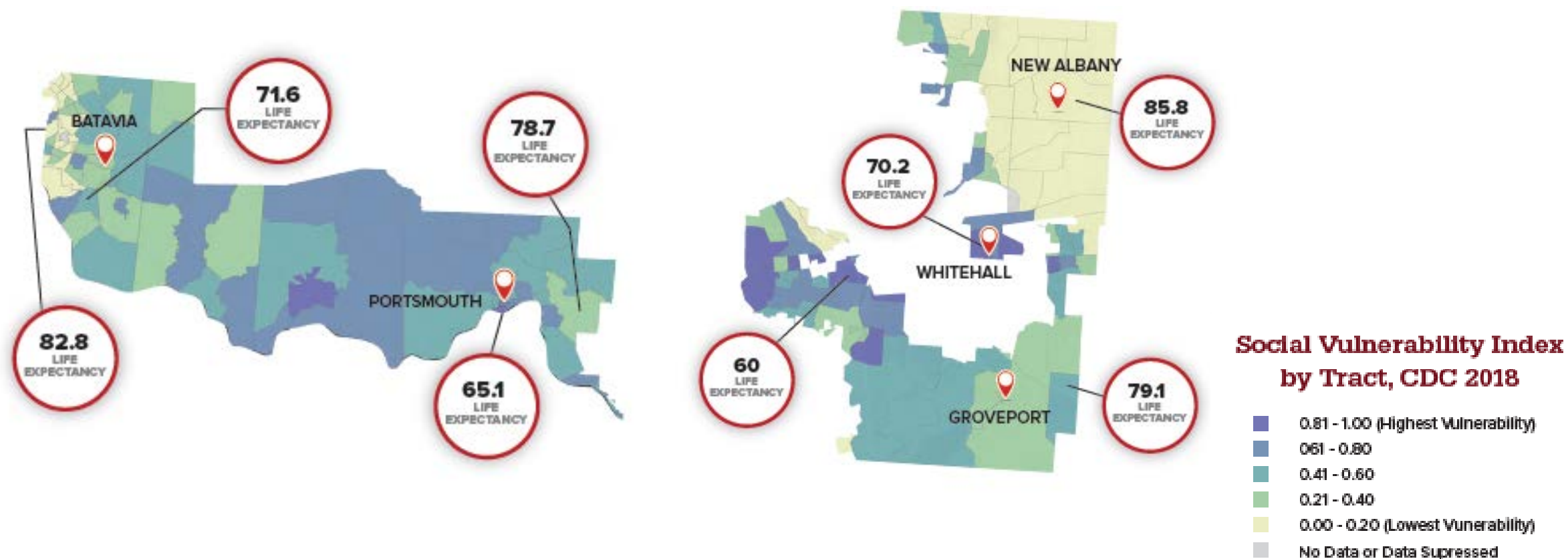
 Healthy People 2030

Social Determinants of Health



**Source: Centers for Disease Control and
Prevention, 2021**

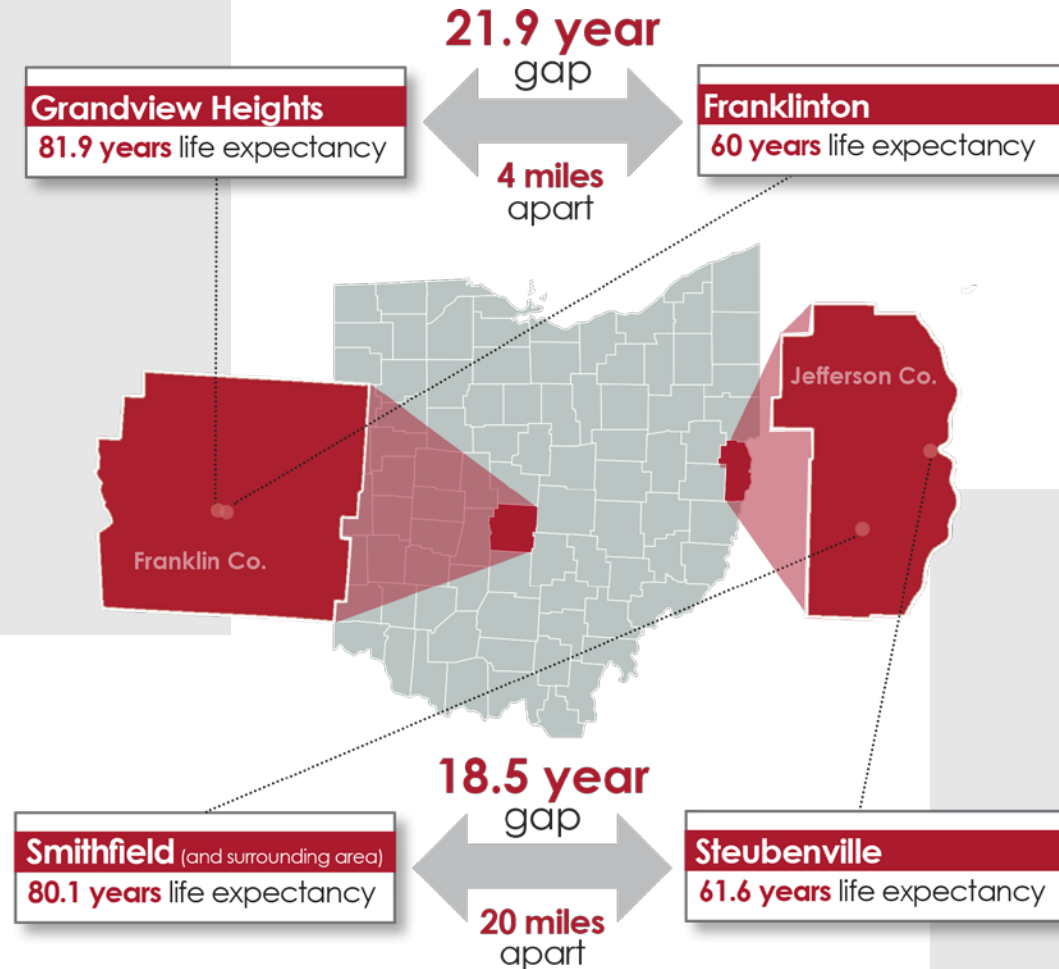
Life Expectancy



Differences in Life Expectancy Across Select Urban and Rural Census Tracts in Ohio

FACTORS:

- 43% of Franklinton residents are black, non-Hispanic, compared to less than 1% in Grandview Heights
- 21% of Franklinton residents have a disability, compared to 4.5% in Grandview Heights.
- 44% of Franklinton residents have less than a high school education, compared to only 1% in Grandview Heights
- Franklinton's median household income is nearly \$63,000 less than that of Grandview Heights (\$10,176 compared to \$72,917)



FACTORS:

- 49% of Steubenville residents are black, non-Hispanic, compared to 2% in Smithfield
- 30% of Steubenville residents have a disability, compared to 19% in Smithfield
- 21% of Steubenville residents have less than a high school education, compared to only 10% in Smithfield
- Steubenville's median household income is less than half of Smithfield's (\$17,029 compared to \$42,500)

Summary Assessment of Older Ohioans

Question
1

What are the biggest health and wellbeing strengths and challenges for older Ohioans?

Question
2

Which factors that impact the health and wellbeing of older Ohioans are most important to address?

Key Themes



The opportunity to live a long and full life is out of reach for many Ohioans.



Strengthening housing and transportation in Ohio supports healthy aging.



While most older Ohioans can cover their basic needs, many are not financially prepared for life after work.

Key Themes



Caregiver supports and workforce capacity are key issues facing Ohio's aging population.



Older Ohioans face mounting challenges related to mental health and addiction.



Chronic conditions, including heart disease, dementia and related disorders, remain a concern for older Ohioans.

Key Themes

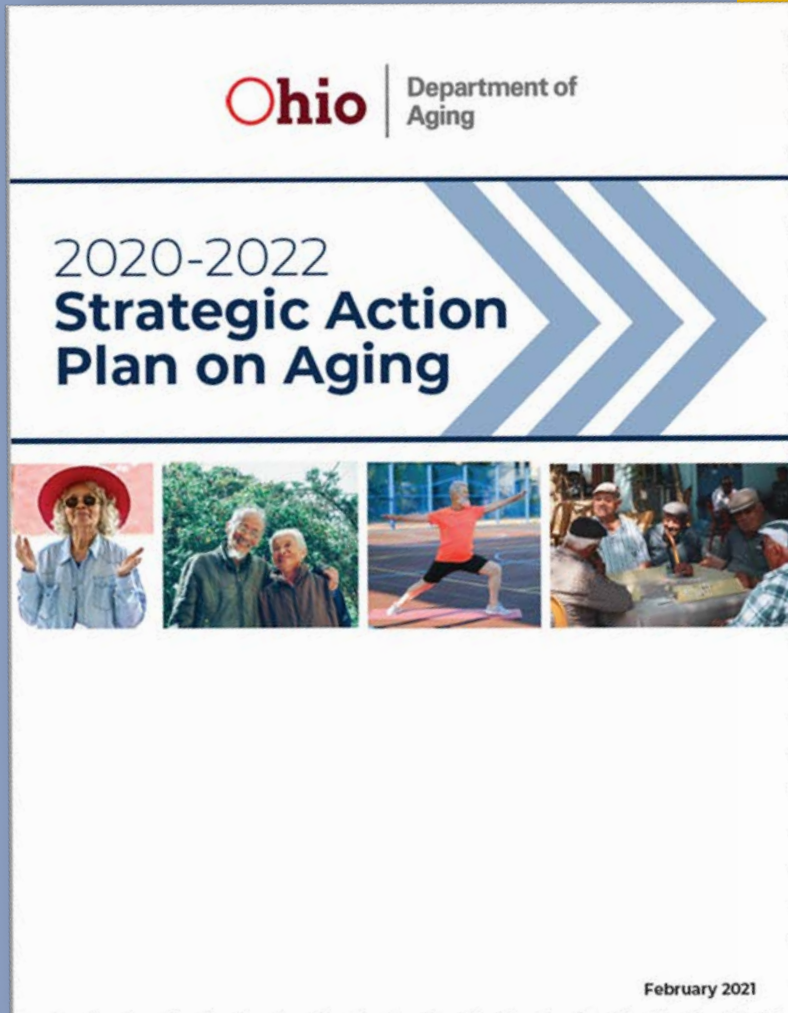


Innovation and partnership are key strengths in Ohio's aging network.



Workforce shortages and social isolation are top challenges exacerbated by COVID-19.

Strategic Action Plan on Aging



Prioritized action plan to **advance elder justice and equity** and **achieve optimal health and well-being** for older Ohioans.



VISION

Ohio is the best place to age in the nation.



GOAL

- All Ohioans live longer, healthier lives with dignity and autonomy.
- Disparities and inequities are eliminated.

What factors impact the health and well-being of older Ohioans?

Issues listed are prioritized in the State Plan

Community Conditions



Social Connectedness



Healthy Living



Population Health



Access to Care



Preserving Independence



PRINCIPLES



Elder Justice



Equity

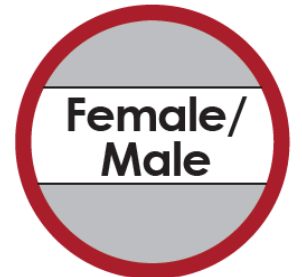


Federal Priorities



Elder Justice and Equity

- ✓ Providing considerations for advancing **elder justice** and **equity**
- ✓ Identifying **priority populations**
- ✓ Highlighting strategies likely to reduce **disparities** and **inequities**
- ✓ Setting specific targets to eliminate **disparities** and **inequities**



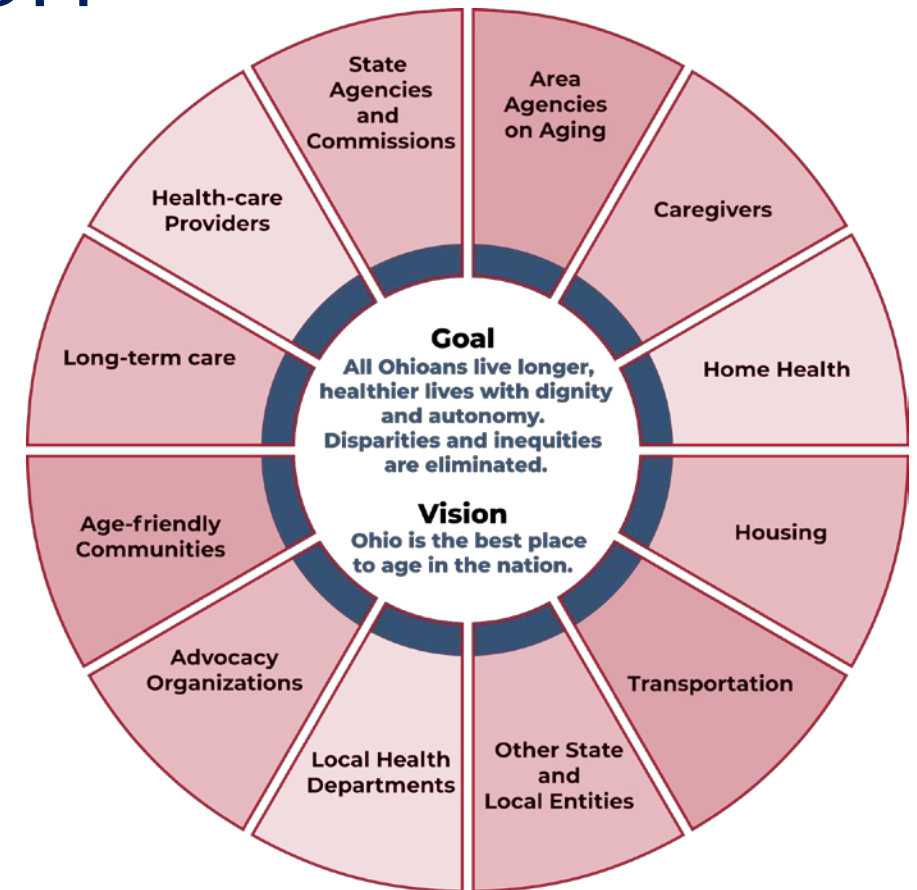
SAPA Strategies and Resources

Focus on **15** issues across **6** topics areas



Call to Action

- 1 Align** with and focus on one or more of the 15 issues and eight priority populations in the SAPA
- 2 Advocate** for funding and policy change to address SAPA issues
- 3 Fund** evidence-informed strategies identified in the SAPA
- 4 Implement** one or more of the evidence-informed strategies identified in the SAPA
- 5 Partner and collaborate** within and across sectors to improve SAPA outcomes
- 6 Evaluate** progress on SAPA objectives and the impact of SAPA strategies



Advance elder justice

SAPA Implementation Toolkit



The Toolkit provides **guidance, best practices, tools, and resources** that state and local partners can use to act on the SAPA.



Advance elder justice



Align



Partner and collaborate



Implement and fund



Advocate



Evaluate

Implementation Toolkit

Implement and fund



Use the flexible menu of evidence-informed strategies in the SAPA to increase opportunities for healthy aging

Strategy selection worksheet

provides you with a set of selection criteria for deciding which SAPA strategies to focus on.



Implementation worksheet can walk you through the steps to implement your selected SAPA strategies.



How can you implement SAPA strategies?

- 1 Collaborate with partners**
- 2 Leverage community strengths**
- 3 Clearly communicate goals and plans**
- 4 Begin strategy implementation**





1 Collaborate with partners

Once you have identified your partner organizations, you can assign roles for strategy implementation. For example, your organization may lead the grant proposal process, while a partner may begin surveying community members and identifying needs.

See the **Partner and collaborate** section (page 23) for tips on building and sustaining strong relationships.



Be sure to include the perspectives and experiences of older adults and make a concerted effort to extend and share decision-making authority with priority populations. This includes partnering on each aspect of the implementation process with priority populations and/or organizations that represent or serve priority populations.



Questions to consider:

- ☐ *Have we set clear expectations for the role of each partner?*
- ☐ *What action steps will each partner lead?*
- ☐ *Have we established a process for ongoing communication?*
- ☐ *How can we engage community members and ensure their voices are reflected in our decisions?*





Strategy selection worksheet

Strategies put action behind your priorities. Once you have identified the 2020-2022 SAPA issues you would like to focus on, you can select strategies to implement or fund to address those priorities.

This worksheet provides you with a set of selection criteria for deciding which SAPA strategies to focus on by evaluating:


- **Impact** on the health and well-being of older adults;
- **Relevance** to the older adults you serve or represent; and
- **Availability of resources** necessary to fully implement the strategy.

Your organization can use this worksheet to facilitate a conversation among partners who agree on the SAPA priorities they want to address and to select new policies, programs, or services to implement in efforts to support the health and well-being of older Ohioans. For more information and resources, see the **Implement and fund** section (page 28) of the [2020-2022 SAPA Implementation Toolkit](#).

Instructions:

You can use the selection criteria below to rate each strategy you are thinking about implementing. Score each criterion based on the rating scale provided in each row below and sum your ratings across all the criteria to calculate an overall score for the strategy. Strategies with the highest scores will have the highest likelihood of successful and impactful implementation. You can also document other considerations or notes for each criterion in the right column to inform your strategy selection.

Once you have selected the strategy(ies) that you want to implement, the **Implementation worksheet** provides considerations for strategy implementation. You can also document your selections in the **Alignment tracker**.

Strategy:			
Selection criteria	Rating scale		Notes or other considerations
	Yes	No	
Impact			
Likely to decrease disparities or inequities: Is there evidence that the strategy is likely to decrease disparities or inequities (marked with  in the SAPA), or can the strategy be tailored and culturally adapted to meet the needs of older adults in priority populations?	4	0	



1

Implementation worksheet

Implementing 2020-2022 SAPA strategies is critical for supporting healthy aging. Once you have selected the SAPA strategy or strategies you want to implement, you are ready to lay out a plan of action.

This worksheet outlines the steps you can take to implement your selected SAPA strategy(ies). Creating an implementation plan is an opportunity for you and other public and private partners to identify goals and available resources, as well as the action steps needed to implement your selected strategy and advance healthy aging. For more information and additional resources, see the **Implement and fund** section (page 28) of the [2020-2022 SAPA Implementation Toolkit](#).

Refer to the instructions and examples below for guidance on how to fill out this implementation worksheet. Then, fill out this worksheet for each strategy you plan to implement.

☐ Get started

Start by listing the SAPA strategy that you have chosen to implement. Next, write out your goal(s) when implementing this strategy (i.e., your SMART objective). For more information about SMART objectives, see the **Evaluate** section (page 42) of this [Toolkit](#).

Example SAPA strategy: The Healthy IDEAS program (integrates depression awareness and management into existing case management services provided to older adults)

Identify the SAPA strategy(ies) you're choosing to implement:

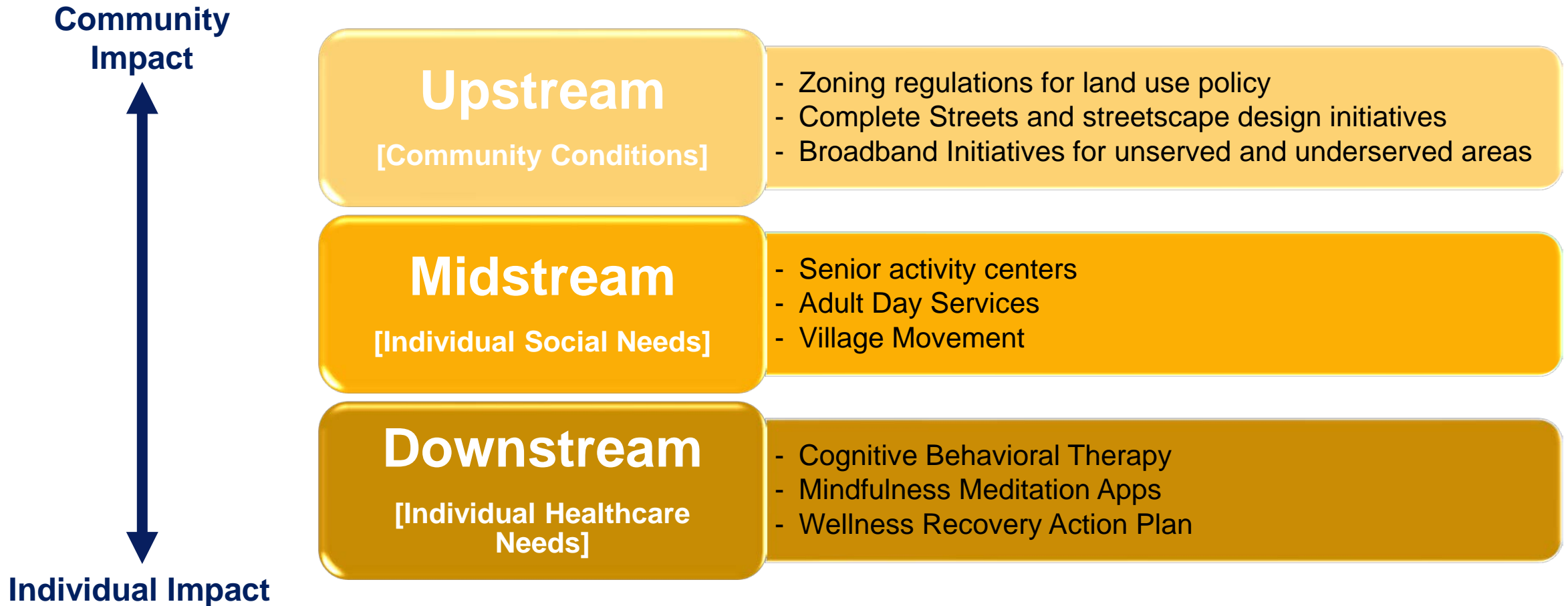
Example objective: Reduce the percent of adults ages 65 and older who report their mental health was not good for 14 or more days in the past 30 days from 7.7% in 2018 to 7.4% in 2023.

Identify the objective(s) you hope to achieve:



1

Social Connectedness



Stretch Break!

5 minutes





Group Activity

Each table/group is assigned an action step and corresponding tool, along with examples of partners in action. Work as a table/group to:

1. Identify the type of partner your table will serve as (get creative!) including identifying your partner profile:
 - Organization type (e.g. adult day, senior center, non-profit, direct care provider, city government, LTC, etc.)
 - Service region (e.g. city, county, region, state)
2. Complete the corresponding tool assigned to your group from the lens of the partner you selected in step #1
3. Select 1 person from the group to share afterward



Group Activity

One person from each table/group, share:

1. The action step and tool your table was assigned
2. Partner identified, organization type, & service region
3. Your table's experience
 - How the activity went
 - What did your table include in the tool
 - General reflections/impressions
 - How the toolkit can be useful in your work



The Future



Ohio's 2023-2026 State Plan on Aging



Background & Requirements

- [42 U.S.C. 3027](#)
 - State Units on Aging (SUA) are designated agencies responsible for developing and administering a multi-year State Plan
- [State Unit on Aging Directors Letter #01-2021](#)
 - Issued by ACL on 8/5/2021
 - Guidance applies to any new state plan taking effect on/after October 1, 2022
 - Incorporates key changes from the 2020 OAA reauthorization
 - Includes Biden-Harris priorities that shape ACL's work

State Plan Development

Ohio's new 2023-2026 State Plan on Aging builds upon:

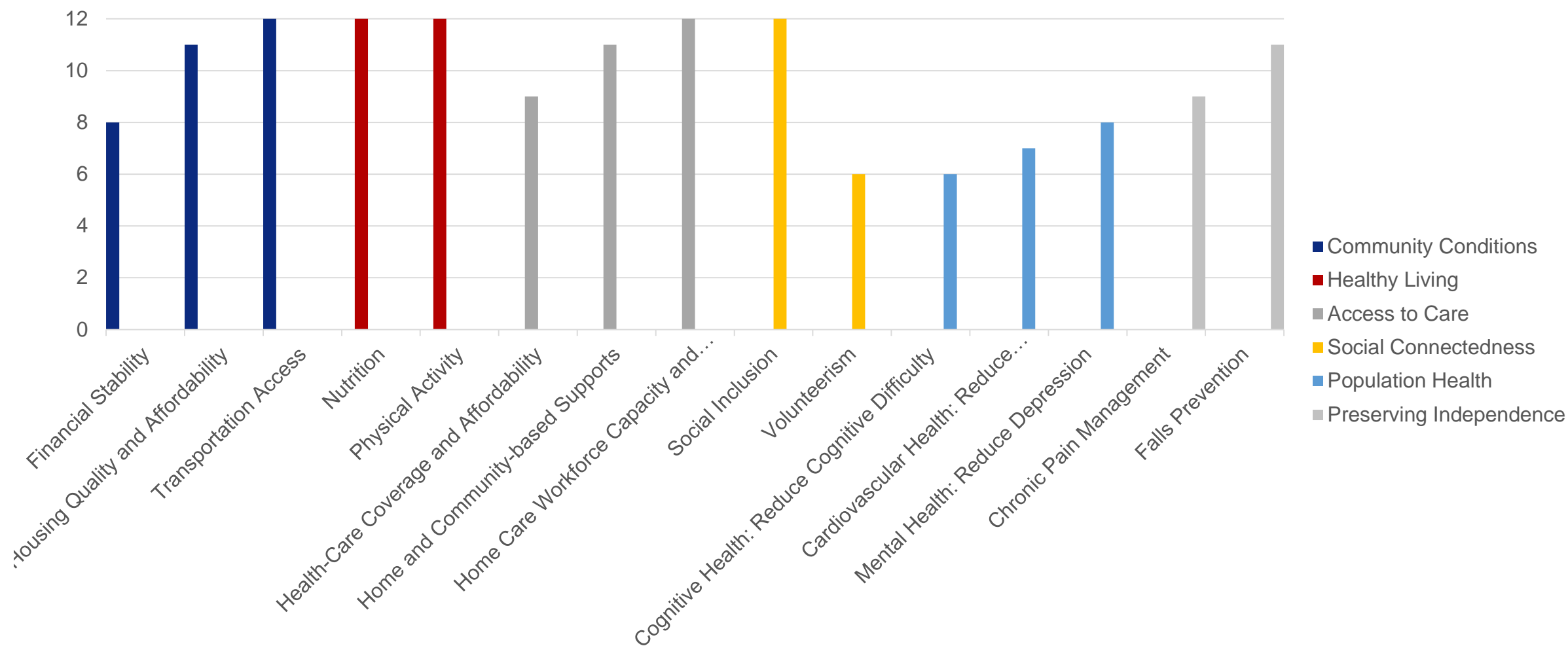
- Summary Assessment of Older Ohioans
- Strategic Action Plan on Aging (SAPA)
- Stakeholder Feedback
- AAA Strategic Area Plan Trends
- Federal Guidance & Priorities



2023-2026 State Plan on Aging



Strategic Area Plans: Local Alignment



2023-2026 State Plan on Aging

Ohio | Department of Aging

Learn ABOUT US | See NEWS & EVENTS | Explore CARE & LIVING | For Agencies & Service PROVIDERS | Find SERVICES | Help

Ohio: The best place to age in the nation!

Find Services in Your Area | Learn About Golden Buckeye | **Ohio's State Plan on Aging**

The Ohio Department of Aging fosters sound public policy, research, and initiatives that benefit older Ohioans.

Ohio | Department of Aging

Learn ABOUT US | See NEWS & EVENTS | Explore CARE & LIVING | For Agencies & Service PROVIDERS | Find SERVICES | Help | Search

Aging / About Us / Plans, Reports, Publications, and Data / **State Plan on Aging, 2023-2026**

State Plan on Aging, 2023-2026

About Us

- Who We Are
- Work with Us
- Plans, Reports, Publications, and Data**
- Subscribe
- Contact Us

Learn About Golden Buckeye

Ohio | Department of Aging

The Ohio Department of Aging develops a strategic framework, required by the federal [Older Americans Act](#), to provide leadership that improves and promotes quality of life and personal choice for older Ohioans, adults with disabilities and their families and caregivers. The most recent framework, or state plan, covers federal fiscal years 2023 through 2026.

Ohio's new State Plan on Aging implements a collaborative approach that stands out from other aging plans across the country. The plan calls on all Ohioans – including state and local partners in both the public and private sectors – to join forces to help Ohioans live longer, healthier lives with dignity and autonomy, and to eliminate disparities and inequities in aging.

ATTACHMENT

Ohio's State Plan on Aging, 2023-2026

DOWNLOAD

SHARE THIS

FOR MORE INFORMATION

- [Executive Summary](#)
- [Statewide Needs assessment and Context](#)
- [State Plan Priorities](#)

Strategic Action Plan on Aging

The screenshot shows the Ohio Department of Aging website. The main heading is "2020-2022 Strategic Action Plan on Aging (SAPA)". Below the heading, there is a description of the SAPA and a list of attachments. A blue arrow points to the "NEW - SAPA Implementation Toolkit" link in the attachments list.

Navigation Menu:

- Learn ABOUT US
- See NEWS & EVENTS
- Explore CARE & LIVING
- For Agencies & Service PROVIDERS
- Find SERVICES
- Help

Left Sidebar:

- About Us
 - Who We Are
 - Work with Us
- Plans, Reports, Publications, and Data
- Subscribe
- Contact Us
- Learn About Golden Buckeye

Main Content:

2020-2022 Strategic Action Plan on Aging (SAPA)

The Strategic Action Plan on Aging (SAPA) is a prioritized plan that addresses the many challenges identified in the [2020 Summary Assessment of Older Ohioans](#).

The goal of the SAPA is that all Ohioans live longer, healthier lives with dignity and autonomy and that disparities and inequities among older Ohioans are eliminated. To achieve this goal, the SAPA provides a comprehensive roadmap that requires public and private collaboration to improve outcomes for older Ohioans.

[Sign up for SAPA email updates.](#)

ATTACHMENT

2020-2022 Strategic Action Plan on Aging

DOWNLOAD

ADDITIONAL DOWNLOADS

Strategic Action Plan on Aging:

- [Executive Summary](#)
- [Quick Guide](#)

SAPA Implementation Toolkit

- [Implementation Toolkit](#)
- [Advance Elder Justice Worksheet](#)
- [Advocacy Worksheet](#)
- [Alignment Tracker](#)

What the SAPA does

Why is the SAPA important?

The SAPA and COVID-19

How will the SAPA be implemented?

NEW - SAPA Implementation Toolkit

How can you act on the SAPA?

How was the SAPA developed?

Expand All Sections

Related Publications

- [Implementation Worksheet](#)
- [Partnership Worksheet](#)
- [Prioritization Worksheet](#)
- [Strategy Selection Worksheet](#)

State Plan on Aging, 2019-2022

Summary Assessment of Older Ohioans

SHARE THIS

FOR MORE INFORMATION

[Sign up for SAPA email updates.](#)

For questions related to the SAPA, please contact elderconnections@age.ohio.gov.

Questions?





FOR MORE INFORMATION:
www.aging.ohio.gov/sapa