



GAMBLING DISORDER OVERVIEW

Scott
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Definition

- Gambling is risking something of value on an event that is determined mostly by chance.
- A person is gambling if he or she puts up something of value, such as money or property.
- The outcome has an element of chance beyond the person's control.
- Once the bet is made, it's not reversible.

ANOTHER DEFINITION

“Gambling is a spirit that talks in your ear so that you can’t hear your heart.”

Anonymous response on a survey of Native Americans in Nevada



Bingo profits in 2014

\$ 92,479,646.83

Bingo

CASINO GROSS REVENUE

- **Number one leisure activity in the USA**
- **182.77 Billion Dollars***

*© Statista 2016

COSTS

- “Casino gambling causes up to \$289 in social costs for every \$46 of economic benefit.”

Gambling in America: Costs and Benefits, by Earl L. Grinols

COSTS

- **Productivity**
- **Divorce**
- **Bankruptcy**
- **Foreclosure**
- **Crime - including money laundering, human trafficking, “cheating,” stealing, domestic violence**

SOCIAL COSTS

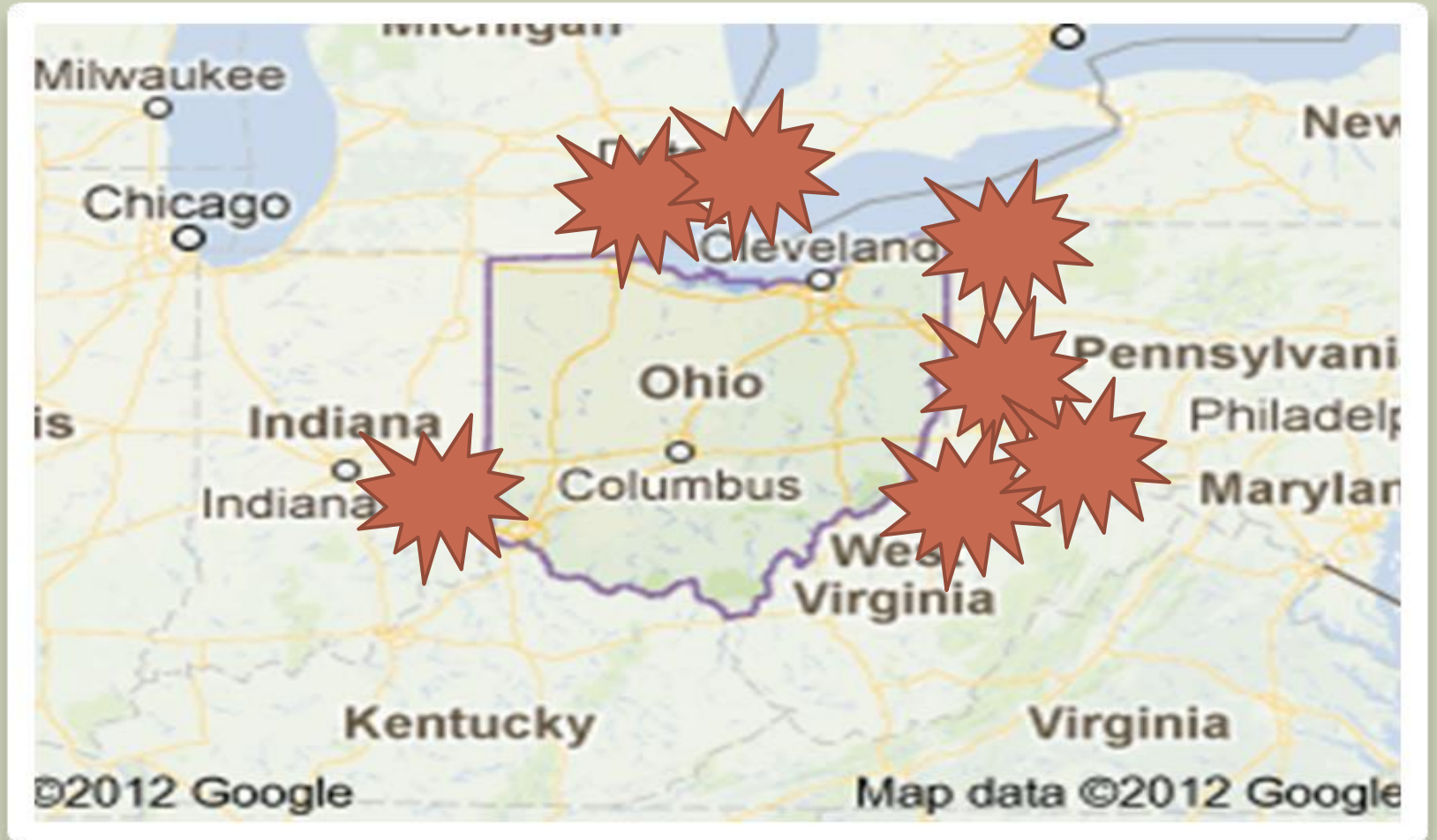
- According to the Gambling Impact and Behavior Study, 19.2% of pathological gamblers have filed bankruptcy while only 5.5% of low-risk and 4.7% of at-risk gamblers.
- Bankruptcy results in social as well as personal/psychological costs; it is estimated that it takes between 33 to 46 good paying households to compensate for one bankruptcy.

Jon E. Grant, J.D., M.D., M.P.H., Liana Schreiber, B.A.,
Brian L. Odlaug, B.A., and Suck Won Kim, M.D.

OHIO GAMBLING VENUES



BORDER STATES



CASINOS
LOTTERY
BINGO
STOCKS
INTERNET CAFES
RAFFLES
HORSES
SPORTS
INTERNET
SLOTS/VLT'S
FANTASY SPORTS
OTHER?



Types of
Gambling

OTHER?

girl scouts
of ohio's heartland

5 for 5
COOKIES

Thank you
for supporting a girl

To enter our drawing for five cases of
Girl Scout cookies, visit
gsoh.org
and submit this unique code:
GSOH260906

Council will announce five randomly selected winners twice throughout the duration of the contest.
Entries must be received by 11:59 p.m. EST on March 7, 2017 or March 26, 2017.

FIELD TRIPS

- Encourage some education for both residents and recreation planners
- For many it is a nice day out, but very risky for some

SCREENING

SOGS-South Oaks Gambling Screen

Widely used, good research, user friendly

NODS-National Opinion Research Center Diagnostic Statistical Manual Screen for Gambling Problems

Based on DSM criteria

BBGS-Brief Bio-Social Gambling Screen

Just 3 questions

SCREENING

Abbreviated versions of the NODS

- NODS-PERC
- NODS-CLIP

- PGSI-Problem Gambling Severity Index
- Volberg Screen

- LIE-BET-Not Recommended

ASSESSMENT

Questions can be “sprinkled in” throughout assessment process.

PATHWAYS

- **Pathway 1: Behaviorally Conditioned Problem Gamblers**
 - **Pathway 2: Emotionally Vulnerable Problem Gamblers**
 - **Pathway 3: Antisocial, Impulsivity Problem Gamblers**
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- http://digitalscholarship.unlv.edu/cgi/viewcontent.cgi?article=1275&context=gaming_institute

by Blaszczynski & Nower (2002)

AT RISK

- Older adults
- Adolescents
- Males 18-34
- Veterans
- TBI/PTSD
- Trauma
- DODD
- Medications for Parkinson's and Restless Leg Syndrome

OLDER ADULTS/DODD

- Grief
- Loss
- Loneliness
- Boredom-escape
- Cognitive impairment
- Power of Attorney or guardian
- Home Healthcare providers
- \$\$\$-hope

TREATMENT

- **Motivational Interviewing - empathy, self- efficacy**
- **CBT - beliefs, fallacies**
- **Acceptance/Commitment, Mindfulness**
- **Brief Intervention**
- **Harm Reduction - Reducing life-damaging consequences**

TREATMENT

Who May Treat Clients with Problem Gambling:

- LISW/LSW
 - PCC/LPC/LPCC
 - Psychiatrist
 - Psychologist
- *Declare Gambling in Scope

ENDORSEMENT

- An endorsement has been made available for licensed Chemical Dependency Counselors.
- www.ocdp.ohio.gov
- LCDC II, LCDC III and LICDC level professionals may obtain a “GAMB”

ENDORSEMENT

- 30 hours of gambling specific education
 - 100 hours of experience with affected population
 - Supervision
 - Will renew along with current credential
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- Also available National Certified Gambling Counselor
 - NCGC I & II
 - Board Accredited Clinical Counselor
 - BACC

TRAINING OPPORTUNITIES

- www.ebasedacademy.org
- www.recrec.org
- www.drugfreeactionalliance.org
- www.ncpgambling.org
- www.ncrg.org
- www.mha.ohio.gov

DSM 5 CHANGES

- Moved from Impulse Control Disorders to Addictions
- Threshold lowered from 5 to 4 criteria
- Illegal acts to finance gambling removed but still relevant for severity

DSM 5

A. Persistent and recurrent problematic gambling behavior

leading to clinically significant impairment or distress, as indicated by the individual exhibiting four (or more) of the

following in a 12 month period

- **Gamble more money in order for desired excitement**
- **Restless or irritable when cut down or stop**
- **Unsuccessful at control, cut back, or stopping gambling**
- **Is often preoccupied with gambling**

DSM 5

- Often gambles when feeling distressed
- Chasing
- Lies
- Risked or lost a significant relationship, job, or school
- Bailouts to relieve a desperate financial situation

B. The gambling behavior is not better accounted for by a Manic Episode.

DSM 5

Gambling Disorder DSM 5 Specifiers

Episodic: meeting criteria at more than one point, symptoms subsiding between periods of gambling disorder for at least several months

Persistent: Experiencing continuous symptoms, to meet diagnostic criteria for multiple years

DSM 5

Specify if

In early remission: after full criteria met, none of the criteria

have been met for at least 2 months but for less than 12 months

In sustained remission: after criteria met, none of the criteria

have been met during a period of 12 or more months

DSM 5

Specify current severity level

Mild: 4-5 criteria

Moderate: 6-7 criteria

Severe: 8-9 criteria

DSM 5

■ Cautionary Statement for Forensic Use of DSM5

Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition. May 2013

CO-OCCURRING

Among pathological gamblers, alcohol has been found to be the most common substance of abuse. At minimum, the rate of problem gambling among people with substance use disorders is four to five times that found in the general population.

POPULATIONS

About 9.2 million adults have co-occurring mental health and addiction disorders

Substance Abuse and Mental Health Services Administration. (2012). Results from the 2010 National Survey on Drug Use and Health: Mental Health Findings NSDUH Series H-42, HHS Publication No. (SMA) 11-4667). Rockville, Md.: Substance Abuse and Mental Health Services Administration, 2012

GAMBLING/CO-OCCURRING

- 7 times more likely to abuse substances; Nicotine and alcohol most widely used
- 76 percent of the gambling addiction treatment group suffered from depression. Astoundingly, 16 to 40 percent of pathological gamblers suffered from lifetime anxiety
- 24 percent of pathological gamblers had a lifetime prevalence of bipolar disorder. 20 percent had symptoms for a lifetime prevalence of ADHD.

Dr. Jon Grant, Professor of Psychiatry & Behavioral Neuroscience at the University of Chicago

SUICIDE

- Among those with gambling problems:
 - 38% suicidal ideation (SI)
 - 32% suicide attempt
 - SI leads to more gambling when gambling
 - SI+ PG = 5x more likely to have depression
 - PG + Drug history = 6x more likely attempt
 - 21% of attempters say it is gambling related

Hodgins et al 2006

INTIMATE PARTNER VIOLENCE

- Study of 300 women, consecutive ER admissions. (*Muehleman et al, 2002*)
- 26% categorized as experiencing IPV
- IPV 10x's as likely if partner was problem gambler
- IPV 6x's as likely if partner was problem drinker
- IPV 50x's as likely if partner was both

GAMBLERS ANONYMOUS

- GA's 20 questions
- Meetings
- Gam-anon
- Pressure relief groups
- <http://www.gamblersanonymous.org/ga/locations>

- **1-800-589-9966**
- **24 hours/7days**
- **Printed on lottery tickets,
all casino marketing**
- **Tagged on radio/tv spots**
- **Continuously updated
resource guide**
- **www.org.ohio.gov**
- **National helpline
1-800-522-4700**



Helpline

LOTTERY TERMINAL





■ Some might not know about this option: customer has ability to voluntarily exclude themselves:

- Urge to gamble significantly reduced
- Perception of control increased
- Intensity of negative consequences from gambling decreased

Self-
Exclusion



- Credit
- Check Cashing
- Mail and Marketing

Restriction

COOPERATION

- **Ohio Lottery Commission**
- **Ohio Casino Control Commission**
- **Ohio Racing Commission**
- **Ohio Department of Mental Health and Addiction Services**

PILOT PROVIDERS

- Recovery Resources - Cleveland
- Maryhaven - Columbus
- Health Recovery Services - Athens
- Zepf Center - Toledo
- Meridian - Youngstown
- Center for Addictions Treatment - Cincinnati

WWW.ORG.OHIO.GOV



org
ohio for responsible
gambling

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