

2024 O4A 35th Annual Conference for the Aging and Disability Network Agenda

October 23-24, 2024

Columbus Hilton at Easton

Conference At A Glance

Wednesday, October 23, 2024

7:30am – 5:00pm	Registration	
8:00am – 10:00am	Continental Breakfast	
9:00am – 11:00am	Pre-Conference Intensives	2.00 hours
11:30am – 1:00pm	Opening Luncheon & Keynote Speaker	1.00 hours
1:00pm – 1:30pm	Break	
1:30pm – 3:00pm	Concurrent Workshops I	1.50 hours
3:00pm – 3:30pm	Break	
3:30pm – 5:00pm	Concurrent Workshops II	1.50 hours

Thursday, October 24, 2024

7:30am – 3:00pm	Registration	
8:00am – 10:00am	Breakfast & General Session	1.00 hours
10:00am – 10:30am	Break	
10:30am – 12:00pm	Concurrent Workshops III	1.50 hours
12:00pm – 12:30pm	Break	
12:30pm – 3:00pm	Closing Luncheon & General Session	1.00 hours

Wednesday, October 23, 2024

Applying for 9.50 CEU Hours

Pre-Conference Intensives (Optional)

9:00am – 11:00am

A. Ohio Medicaid: Updates, Innovations, and Advances

Join us for exploration of the ever-evolving landscape of Ohio Medicaid. Learn about the latest updates and improvements in Long-Term Services and Supports (LTSS) waivers, Next Generation Medicaid Managed Care enhancements, the promising future of MyCare Ohio, and the transformative potential of self-direction and program improvements. Led by leading experts from the Ohio Department of Medicaid, this workshop is designed to provide attendees with a comprehensive understanding of recent shifts in Ohio's Medicaid initiatives and how these changes will impact service delivery, participant experiences, and community engagement.

B. PACE in Ohio: Coming Soon to a Community Near You!

The expansion of Ohio's Program for All-Inclusive Care for the Elderly (PACE) is underway in eight Ohio counties, and the DeWine Administration has indicated its hopes to continue to make PACE available across the Buckeye State. Join this session to learn: 1) ·What is PACE and why is it growing so rapidly in Ohio and nationwide? 2) Key characteristics of consumers that would benefit from this care model; and 3) ·What steps AAAs should take to be ready for PACE in their communities.

C. Building Dementia-Friendly Communities: Ohio's Innovative Approaches for Dementia-Friendly Initiatives and New Resources for I/DD

Join the Ohio Council for Cognitive Health, USAging's state lead for Dementia Friends and Dementia Friendly Communities, as they unveil their latest initiatives to transform communities throughout Ohio into a Dementia Friendly state. This session will include information about their new national project to support individuals with intellectual and developmental disabilities (I/DD) and dementia through Dementia Friends training and a new companion piece for the Gerontological Society of America's KAER toolkit for brain health, which provides practical strategies, resources, and clinical tools for better detection, diagnosis, and community support for dementia. Learn how their collaborative efforts, alongside local and national partners, are fostering scalable and sustainable dementia-friendly practices across Ohio and discover how these resources can help your community embrace, support those living with dementia and their caregivers and align with age-friendly efforts.

Opening Luncheon & Keynote Speaker

11:30am – 1:00pm

Keynote Speaker: Living in the Gray Area: A Guide for Transformation in the World of Aging Services

Step into the "gray areas" of aging services with Lachandra Baker, where life's challenges become opportunities for growth. In this dynamic keynote, Lachandra combines humor, personal stories, and actionable insights to help you navigate change, build resilience, and celebrate your impact on older adults' lives.

Designed to energize you after lunch, this session will leave you inspired, motivated, and ready to tackle the future of aging services with confidence. Don't miss this chance to connect, learn, and transform the way you approach your work.

Join us for this uplifting experience!

1. *Ethics 1 - Decision Making and Older Adults*

Does normal aging affect one's capacity for decision-making? How do we balance autonomy in decision-making with the changes aging brings to older adults? When physical and cognitive changes occur, families and other supporters may want to step in and make some or all decisions for older adults. How can professionals support older adults' autonomy in decision making?

2. *A New Model of Telephone Reassurance to Better Support the Unmet Needs of Vulnerable Older Adults*

Discover how the Western Reserve Area Agency on Aging (WRAAA) and Benjamin Rose Institute on Aging are transforming telephone reassurance programs for older adults. This session will explore the development and research behind a new semi-structured model that significantly improves the identification of unmet needs and increases service referrals, as compared to traditional unstructured calls. Learn about the positive outcomes from a 24-month pilot study and discuss future steps to make this model a key component of aging services. Join us to gain insights that could enhance your own support programs for isolated older adults.

3. *Revitalizing Adult Day Services in Ohio: Exploring Insights, Trends and Opportunities*

Join us for an exploration in Ohio's Adult Day Services as we examine the current landscape and exciting new developments shaping the field! We will take a closer look at the evolving demographics of adult day providers and explore current initiatives aimed at enhancing and expanding these vital services. Whether you're a provider, case manager, or interested community partner, you'll gain valuable insights into the trends and innovations driving the future of adult day services in Ohio. Don't miss this opportunity to understand how Ohio is transforming its approach to adult day services and discover how these changes can positively impact the lives of those we serve.

4. *Bridging the Gaps: Growing Connections Between Aging and Disability*

As people with intellectual and developmental disabilities (IDD) live longer, both the aging and IDD fields face an urgent need to address the shared challenges and opportunities presented by this evolving demographic. In this interactive breakout, we will discuss how aging and IDD services intersect, identify barriers and facilitators to bridging gaps in knowledge and services between these two networks, and explore areas for collaboration toward common goals. Join us for this transformative dialogue and take the first step toward reshaping the future of care for aging individuals with IDD and their supports.

5. *Ethics - Aging and End of Life Discussions*

Before POA-HC, POA-F, or an executor is needed, what plans can older adults make that guide their caregiving? How do you motivate older adults to create a plan when they are no longer able to voice their preferences? We will explore several tools and documents to guide older adults in their decision-making through the lens of diversity.

6. *Applying Trauma-Informed Care in Your Professional and Personal Life*

Trauma is widespread and pervasive; up to ninety percent of adults nationwide have experienced some type of trauma during their lives, regardless of age, ability, socioeconomic status, race, ethnicity, gender, or sexual orientation. This session will provide a foundational overview of trauma, compassion fatigue, and the Trauma-Informed Care (TIC) framework and their relevance in health and human service sectors. Participants will learn to identify trauma in those they serve and understand how trauma manifests in their own work experiences, including compassion fatigue and burnout. Spillover effects of professional trauma into personal life will also be explored, discussing its cumulative impact on health and wellbeing. The workshop will conclude with practical strategies for integrating TIC into organizational culture and practicing effective self-care. Resources for further education and support will be provided. This workshop is open to all, with implications for case management, social work, nursing, and middle- and upper-management.

7. *Structured Family Caregiving (SFC) 101*

Learn about Structured Family Caregiving (SFC), Ohio's new initiative designed to empower family caregivers who provide essential support to older adults or individuals with physical disabilities at home. By offering dedicated support to these caregivers, SFC enhances their ability to deliver high-quality care and improves the overall well-being of both the caregiver and their loved one. Join experts from the Ohio Department of Medicaid and Careforth, an experienced SFC provider, to uncover the benefits, eligibility criteria, and impact of this valuable service. SFC is available to individuals aged 18 and over enrolled in PASSPORT, MyCare Ohio, and the Ohio Home Care waiver programs.

8. *Centering Disabled Voices: Strategies for Successful Advocacy*

Learn from leading disability advocates about their fight to maintain ballot access for voters with disabilities, voters who are in nursing homes, home-bound or in other institutional settings, and how to get help for these consumers. Our speakers will also share about their outreach and advocacy efforts that led to historic increases in rates for direct service providers in the last state budget and their current policy priorities.

End of Day 1

Thursday, October 24, 2024

Breakfast & General Session

8:00am – 10:00am

Adapting for the Future: Evolving Strategies and National Support for Area Agencies on Aging

Join Sandy Markwood, CEO of USAging, for an insightful session exploring the dynamic evolution of Area Agencies on Aging and their pivotal role in enhancing the well-being of older adults. Discover how these agencies have innovated to address community needs and build robust, sustainable organizations. Sandy will also highlight USAging's national policy advocacy and initiatives centered around business acumen, caregiver supports, dementia respite innovation and social isolation, among others. Gain valuable perspectives on how national support is shaping the future of aging services and strengthening our collective impact.

Concurrent Workshops III

10:30am – 12:00pm

9. *Not all Heroes Wear Capes*

Interested in how to utilize Community Health Workers in your agency? Want to enhance front door services? Attend this session to learn how to identify unique challenges for the front door, how to capitalize on various funding sources; and how to effectively incorporate Community Health Workers in your agency.

10. *Exploring Whole Person Care for Older Adults*

Providing whole person care means meeting older adults where they are in their lives and recognizing that physical, environmental, social, and behavioral factors contribute to the overall wellbeing of individuals. This session features two innovative projects that are examining how to do that. Area Agency on Aging 3 has implemented an award-winning innovative program that offers behavioral health counseling services for older adults and caregivers. Stages Behavioral Health program collaborates with other AAA3 programs and outside agencies to provide quality services to older adults.

The Ohio State University Kirwan Institute received funding from OhioMHAS to expand its previous research on addressing challenges and behavioral health needs of older African Americans in the State of Ohio. This statewide research project created an Older Ohioan Vulnerability Index and a report which found that 44% of census tracts in Ohio are in neighborhoods where older African Americans are experiencing multiple complex needs. It offered 16 recommendations, including both policy and programmatic remedies. Find out what is next for this important study and how local communities can share their perspectives in this work.

11. *State of HCBS: Impact of the State Budget on Home Care and Assisted Living Providers*

Ohio's 2024-2025 state budget (HB33) included unprecedented provider rate increases and assisted living rate enhancements that were intended to address the increasing need for services and significant workforce challenges. Is it working? Find out what our panelists have to share about the impact of the budget and what the future holds with state and federal policy changes.

12. *Weathering the Storm: Enhancing Emergency Preparedness for Older Adults in Ohio*

Ohio's population is aging while the Earth is warming. Older adults and people with disabilities are at an increased risk of harm from the increasing numbers and intensity of extreme weather events. Attend this session to hear about how one area agency on aging has partnered with a university and age-friendly community to prepare for and respond to this new reality. This workshop will provide examples of evidence-informed actions area agencies on aging and their partners can take to support the health and well-being of those they serve. Participants will gain insights into program and policy interventions and community engagement efforts to better support older adults and those who serve them amid increasing climate-related impacts. Specific focus will be on identifying challenges faced, engaging older adults and service providers in solution identification, and evaluating efforts to ensure activities are making a difference.

Closing Luncheon & General Session**12:30pm – 3:00pm*****The State of Aging in Ohio: Becoming the Best Place to Age in the Nation***

Ohio's 2023-2026 State Plan on Aging sets a bold goal that all Ohioans live longer, healthier lives with dignity and autonomy, and that disparities and inequities are eliminated. The Department of Aging is reframing how we view and approach aging, with an emphasis on the need for increased investments and innovative approaches to meet the needs of all of us as we age. Learn about the Department of Aging's latest priorities from Jamie Carmichael, Chief Program Officer and find out what the outlook is for the future.

End of the Conference