



## 2023 O4A Annual Conference for the Aging and Disability Network

October 18-19, 2023

Hilton Easton, Columbus Ohio

### Conference At A Glance

#### **Wednesday, October 18, 2023**

|                  |                                    |            |
|------------------|------------------------------------|------------|
| 7:30am – 5:00pm  | Registration                       |            |
| 8:00am – 10:00am | Continental Breakfast              |            |
| 9:00am – 11:00am | Pre-Conference Intensives          | 2.00 hours |
| 11:30am – 1:00pm | Opening Luncheon & General Session | 1.00 hours |
| 1:00pm – 1:30pm  | <b>Break</b>                       |            |
| 1:30pm – 3:00pm  | Concurrent Workshops I             | 1.50 hours |
| 3:00pm – 3:30pm  | <b>Break</b>                       |            |
| 3:30pm – 5:00pm  | Concurrent Workshops II            | 1.50 hours |

#### **Thursday, October 19, 2023**

|                   |                                    |            |
|-------------------|------------------------------------|------------|
| 7:30am – 3:00pm   | Registration                       |            |
| 8:00am – 10:00am  | Breakfast & General Session        | 1.00 hours |
| 10:00am – 10:30am | <b>Break</b>                       |            |
| 10:30am – 12:00pm | Concurrent Workshops III           | 1.50 hours |
| 12:00pm – 12:30pm | <b>Break</b>                       |            |
| 12:30pm – 3:00pm  | Closing Luncheon & General Session | 1.00 hours |

### Wednesday, October 18, 2023

#### **Pre-Conference Intensives (Optional)**

**9:00am – 11:00am**

#### *A. Ohio Medicaid: Updates, Innovations, and Advances*

*Regent 3*

Join us for exploration of the ever-evolving landscape of Ohio Medicaid. Learn about the latest updates and improvements in Long-Term Services and Supports (LTSS) waivers, Next Generation Medicaid Managed Care enhancements, the promising future of MyCare Ohio, and the transformative potential of self-direction and program improvements. Led by leading experts from the Ohio Department of Medicaid, this workshop is designed to provide attendees with a comprehensive understanding of recent shifts in Ohio's Medicaid initiatives and how these changes will impact service delivery, participant experiences, and community engagement.

#### **SPEAKERS:**

Jesse Wyatt, Bureau Chief, Long Term Services and Supports, Ohio Department of Medicaid

Jim Tassie, Deputy Director, Project Management Office, Ohio Department of Medicaid

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*B. Incorporating Age into Diversity, Equity, and Inclusion (DEI) Initiatives:  
A Dialogue about Intersecting Identities in Later Life*

*Regent 1*

The population of older adults is becoming increasingly diverse; recent statistics report that nearly 25 percent of older adults identify as belonging to a diverse racial or ethnic group (ACL, 2021). As the population of adults ages, nearly all (93.4%) of this cohort are experiencing added discrimination based on age – ageism and/or able-ism (Ober Allen et al., 2022). Through a presentation and utilizing the ‘World Café’ method, this pre-conference workshop will: expand on the social construction of aging, discuss the intersection of age, equity, and inclusion, and allow participants to reflect on their own understanding of self to best serve others. It is paramount that age be incorporated into diversity, equity, and inclusion (DEI) initiatives, along with socioeconomic status.

**SPEAKERS:**

Vivian J. Miller, PhD, MSSA, LSW, Assistant Professor in Social Work College of Health and Human Services, Bowling Green State University

Daniel J. VanDussen, PhD Professor, DePizzo Endowed Chair of Gerontology, Youngstown State University

Jennifer M. Kinney, PhD, Professor, Sociology and Gerontology, Miami University

*C. Disability Awareness: How Case Management Can Successfully Collaborate with  
Individuals with Lived Experience*

*Easton Ballroom*

A discussion for health and social care professionals that serve people in the community with disabilities to help enrich the understanding of disability awareness and the daily experiences of those with disabilities. The workshop will include a presentation on disability history, etiquette, and other disability related topics. It will be followed by an interactive discussion with a panel of individuals with disabilities to delve deeper into their experiences and the impacts of case management.

**SPEAKERS:**

Maria Sutter, Peer Support and Community Education Specialist, Linking Employment, Abilities and Potential (LEAP)

Jennifer Kucera, Healthcare Outreach Coordinator, Center for Disability Empowerment

Brittanie Maddox, Community Engagement Coordinator, Disability Rights Ohio

Jeremy Bigelow, Advocate, Artist, Speaker



## Opening Luncheon & General Session

**11:30am – 1:00pm**

### *General Session: Innovations in Serving Dually Eligible Individuals: Streamlining Access to Coverage and Promoting Integrated Care* *Easton Ballroom*

This plenary presentation offers a unique opportunity to hear directly from CMS experts about (a) improving access to the Medicare Savings Programs and (b) the evolution of integrated care models, with a specific focus on FIDE SNPs. Participants will leave with a comprehensive understanding of the differences between FIDE SNPs and other care models, such as the current MyCare Ohio program. As the landscape of dual eligible coordination continues to evolve, this session promises to equip attendees with the knowledge necessary to drive positive change within their respective organizations and communities.

#### **SPEAKERS:**

Tim Engelhardt, Director of the Medicare Medicaid Coordination Office of CMS

Benjamin Chin, Health Insurance Specialist, Centers for Medicare Medicaid Services

## Concurrent Workshops I

**1:30pm – 3:00pm**

### *1. LGBTQ+ Older Adults: An Overview - Ethics Part 1* *Regent 2*

By an exploration of language, concepts, and historical context, this training cultivates a foundation of knowledge essential for providing quality care to LGBTQ2+ older adults. This session will examine the social, cultural, and systemic factors that contribute to health disparities, enabling participants to identify and address the specific needs of LGBTQ2+ older adults.

#### **SPEAKERS:**

Jess Homan, Education Coordinator, Clinical Therapist, Clintonville Counseling and Wellness

### *2. A Resource and Education Center for Dementia Caregiving in Ohio* *Regent 3*

This presentation provides an overview of the charge from the Ohio Department of Aging for a new Center led by faculty at The Ohio State University College of Nursing in partnership with organizations across the state in response to RFP #: SRC4811 Alzheimer's and Related Dementias Statewide Resource Program. The center will provide guidance for statewide dementia screening tools, referral processes, and a hub for dementia caregiving resources and training for lay and professional caregivers, and employers. We will discuss findings from a review of statewide resources, dementia screening tools and progress and plans for statewide dissemination of resources and training. We will show links to the 2023-2026 State Plan on Aging. Attendees will participate by providing feedback on resources, needs and ways/opportunities to connect with AAA in their areas.



**SPEAKERS:**

Dr. Karen M. Rose, Dean, The Ohio State University College of Nursing

Dr. Mary Beth Happ, Nursing Distinguished Professor of Critical Care Research, Co-Director, T32 Training in the Science of Health Development, The Ohio State University College of Nursing

*3. Pathways to Organizational Wellbeing: Building Trauma Informed Policies*

*Juniper ABC*

This workshop will explore how positive client outcomes may be better served through a broad organizational effort to address trauma and promote client and staff resiliency. Addressing compassion distress in staff and building trauma informed policies and practices into the organizational culture supports staff wellbeing and capacity for client care, increases retention, and leads to better outcomes for everyone. Participants will be empowered to share learnings and advocate for culture shifts with leadership at their own agencies, to identify impacts they can have within their own sphere of influence within their organization, and to advocate with other organizational partners in their service areas.

**SPEAKERS:**

Julie Sespico, Training Coordinator, The Center for Family Safety and Healing

Chelsey Getz, LISW, Training Coordinator, The Center for Family Safety and Healing

*4. Where all Roads Meet: Navigating Behavioral Health, Aging & Disability  
Network Services*

*Regent 1*

This workshop will address the critical role that Area Agencies on Aging (AAAs) play in supporting and enhancing the behavioral health network for aging and disability services in Ohio. The aging population(s) experience unique and complex behavioral health challenges that demand coordinated care and innovative solutions. With a focus on the intersection of aging, mental health, and disability services, this workshop aims to equip AAA staff and professionals with the knowledge and skills necessary to effectively navigate these challenges and improve outcomes for older adults in need of behavioral health and aging services.

**SPEAKERS:**

Craig Thomas, Senior Director of Clinical Services, Western Reserve Area Agency on Aging

Tanisha Hill, Clinical Manager, Western Reserve Area Agency on Aging



## Concurrent Workshops II

**3:30pm – 5:00pm**

### *5. LGBTQ+ Older Adults: Affirming Care for Aging Populations - Ethics, Part 2*

*Regent 2*

Through case studies and exploration of intersectional identities within these populations, participants will be encouraged to critically reflect on their own biases and assumptions, fostering self-awareness and cultural humility. Strategies and best practices for creating inclusive care environments will be shared, emphasizing the importance of affirming language, respectful communication, and supportive policies.

#### **SPEAKERS:**

Jess Homan, Education Coordinator, Clinical Therapist, Clintonville Counseling and Wellness

### *6. Connecting Older Adults with Legal Help: A Practical Overview of the Delivery System for Legal Assistance – Tips on Issue Spotting and Advice for Effective Referrals*

*Regent 3*

Nationwide only 26% of low-income older adults seek help for their substantial civil legal problems. And, of those who seek help, 91% do not receive any or enough assistance. There is a low level of awareness around the fact that lawyers can help resolve many of the everyday civil legal problems people face. In Ohio we can do better. Join Pro Seniors' Executive Director and Legal Helpline Managing Attorney to learn about the statewide senior legal assistance network, strategies for identifying legal issues and tips for making effective referrals.

#### **SPEAKERS:**

Dimity Orlett, Executive Director, ProSeniors, Inc.

Mike Walters, Legal Helpline, Managing Attorney, ProSeniors, Inc.



## *7. All the Lonely People Movie Screening and Filmmaker Q&A Experience*

*Easton Ballroom AB*

It's common knowledge that the COVID-19 virus has been deadly, but the necessary social isolation that came with it was also dangerous. Lack of social interaction in adults may cause accelerated brain aging and create many other physical and behavioral health issues. The creators of the film, "All the Lonely People" take us to the heart of the issues with a handful of people who documented how they overcame crippling social isolation and loneliness. They share how they did it in "All the Lonely People". Come see this extraordinary film and process with the filmmakers and professionals. This session promises to be an unforgettable experience.

### **SPEAKERS:**

Discussion Moderator: Joseph Applebaum, Producer/Filmmaker/Co-Owner, The Clowder Group

## *8. Charting the Course: Federal Aging Policy Insights and USAging's Priorities*

*Regent 1*

Discover the latest in federal aging policy updates and learn about USAging's forward-looking priorities from Amy Gotwals, USAging's policy chief. Gain insights into evolving federal budgetary priorities, legislation and regulations and their impact on older adults and the national aging network. USAging represents and supports the national network of Area Agencies on Aging and advocates for the Title VI Native American Aging Programs that help older adults and people with disabilities live with optimal health, well-being, independence and dignity in their homes and communities. To do this work, each year USAging develops a set of its top policy priorities that guide its legislative and administrative advocacy efforts to support the aging network and the growing number of older Americans and caregivers.

### **SPEAKER:**

Amy Gotwals, Chief, Public Policy and External Affairs, USAging

## **End of Day 1**



Thursday, October 19, 2023

## **Breakfast & General Session**

**8:00am – 10:00am**

### *Fostering Collaborative Partnerships: Aligning Social Care for Enhanced Community Health Outcomes*

*Easton Ballroom ABC*

In this informative plenary session, Tim McNeill, of Freedmen's Health and Co-Chair of the Partnership to Align Social Care, will provide the latest initiatives from the Partnership on assisting Community-Based Organizations (CBOs) in aligning social care with health care payers and providers. With a focus on the evolving landscape of Area Agencies on Aging (AAAs) and other CBOs, McNeill will also highlight new Centers for Medicare & Medicaid Services (CMS) proposed rules and programs that offer avenues for contracting with health plans. Join us for this enlightening plenary session as we explore the potential of collaborative partnerships in transforming community health and creating a brighter future for individuals and families.

#### **SPEAKER:**

Tim P. McNeill, RN, MPH, Chief Executive Freedmen's Health, and Co-Chair of Partnership to Align Social Care

## **Concurrent Workshops III**

**10:30am – 12:00pm**

### *9. Building our Future: Housing and Homelessness Advocacy Efforts, Policy Innovations, and Aging in Place Solutions*

*Easton CDE*

This panel presentation will delve into the multifaceted approach required to address housing access and homelessness in Ohio. The discussion will center on advocacy strategies aimed at expanding housing opportunities, recent policy initiatives targeting housing options for older adults, and the essential role of home modification services in enabling individuals to age in their homes and communities. The panelists will share insights, experiences, and success stories, providing attendees with an understanding of the challenges and solutions related to housing and homelessness and older Ohioans.

#### **SPEAKERS:**

Diane Ramey, Chief Clinical Officer at Ohio District 5 Area Agency on Aging, Inc.

Gina Wilt, Advocacy Director, Coalition on Homelessness and Housing in Ohio



Susan Wallace, President, CEU, LeadingAge Ohio

## 10. State and National Efforts to Help Community-Based Organizations Better Support Family and Friend Caregivers Juniper ABC

In this workshop, participants will learn about recent efforts to enhance the support provided to family and friend caregivers by Area Agencies on Aging and other types of community-based organizations. Trae Turner from Ohio District 5 Area Agency on Aging will share results from a review of caregiver supports and services currently provided by Ohio AAAs and will discuss efforts to produce a caregiver support model that can be folded into Medicare Advantage plans' care transitions interventions. Jennifer Heston-Mullins from the Scripps Gerontology Center at Miami University will discuss how a National Caregiving Learning Collaborative made up of community-based organizations from 15 states has contributed to the development of a toolkit designed for organizations that want to develop programs that better serve caregivers in their communities. The toolkit, set to be released in late 2023, serves as a guide to help community-based organizations assess their current caregiver support programming; identify community service gaps; select a program of focus; and plan, implement, and evaluate programmatic change.

### **SPEAKERS:**

Jennifer Heston-Mullins, Associate Director of Research, Scripps Gerontology Center

Trae Turner, Chief of Community Living, Ohio District 5 Area Agency on Aging

## 11. *Highway to Health: Building New Roads to Equity and Increasing Successful Referrals for Social Determinants of Health* Magnolia

CliniSync is Ohio's statewide Health Information Exchange (Health Information Exchange), bringing together health systems, health plans, providers, and community-based organizations to advance whole-person care and reduce health disparities. This session will discuss innovative ideas and promote dialogue about the HIE and how it can improve outcomes for our shared populations.

### **SPEAKERS:**

Dan Paoletti, CEO, Ohio Health Information Partnership

Abby Morgan, COO, Direction Home Akron-Canton Area Agency on Aging

Ami Cole, Plan President for Molina Healthcare of Ohio





## *12. Social Care: The Future of Health Equity*

*Columbus ABC*

Central Ohio Area Agency on Aging's Social Determinants of Health Accelerator Program (SDOHAP) launched in the Spring of 2023 to create programs and interventions to accelerate health equity. Foundational to the program is the development and testing of a screening process and proprietary screening tool, as well as the design and implementation of interventions to meet social care needs.

### **SPEAKERS:**

Katie White, MSW, Director, Central Ohio Area Agency on Aging (AAA 6)

Melissa Gualtieri, BSN, RN, Director of Clinical Innovations, Central Ohio Area Agency on Aging (AAA 6)

Lisa Castro, MSW, Clinical Manager, Central Ohio Area Agency on Aging (AAA 6)

Joy Zhang, MBA, CEO & CO-Founder, Mon Ami

## **Closing Luncheon & General Session**

**12:30pm – 3:00pm**

### *Motivation: Refresh, Recharge and Reactivate*

*Easton Ballroom ABC*

Long before the pandemic, chronic stress was a national epidemic. The pandemic has brought about new stressors that impact helping professionals and those they serve. Due to drastic changes in daily routines, stress and uncertainty, Americans report experiencing increased anxiety, fear, loneliness, sadness, and grief. Left unchecked, this can lead to depression, PTSD, substance misuse, child/spousal abuse, and suicide.

In the Refresh, Recharge and Reactivate keynote with Dr. Kami J. Anderson, participants will be empowered and inspired to pour into themselves as the best opportunity to support those they serve. Participants will also learn the value of effective strategies for maintaining strong mental health. Finally, participants will be empowered with effective self-care habits and a system for permanently integrating them into their daily routine.

### **SPEAKERS:**

Dr. Kami J. Anderson, Director of Learning Design & Senior Trainer, Presidential Consultants, LLC

## **End of the Conference**