

# 2019 o4a 30<sup>th</sup> Annual Conference

FOR AGING AND DISABILITY RESOURCE NETWORKS



## CONFERENCE AGENDA

### CONFERENCE AT A GLANCE

#### Wednesday, October 30, 2019

7:30a - 5:00p	Registration
8:00a - 10:00a	Continental Breakfast
9:00a - 11:00a	Pre-Conference Intensives
11:30a - 1:00p	Opening Luncheon and General Session
1:00p - 1:30p	<b>Break</b>
1:30p - 3:00p	Concurrent Workshops I
3:00p - 3:30p	<b>Break</b>
3:30p - 5:00p	Concurrent Workshops II

#### Thursday, October 31, 2019

8:00a - 10:00a	Breakfast and General Session
10:00a - 10:30a	<b>Break</b>
10:30a - 12:00p	Concurrent Workshops III
12:00p - 12:30p	<b>Break</b>
12:30p - 3:00p	Closing Luncheon and General Session

### HOTEL INFORMATION

Back by popular demand, this year's Conference on Aging takes place at the HILTON COLUMBUS AT EASTON in Columbus, Ohio. This beautiful hotel offers an exciting setting and is a convenient location for travelers.

Rooms are being held for our group until the cut-off date of **September 29, 2019\***. To register at the special conference rate (\$170.00 + tax, \$180.00 w/view + tax), please indicate to the hotel that you are attending the Ohio Association of Area Agencies on Aging Conference (o4a). **The group code is "AAA"**.

To make your guest room reservation, call 614-414-5000 between the hours of 8:00a-5:00p and ask for **in-house reservations**, or follow the link below:

[Reserve a room at the Hilton Columbus at Easton](#)

Hilton Columbus at Easton  
3900 Chagrin Drive  
Columbus, OH 43219

Check-in time is 4:00 p.m. and check-out time is 12:00 p.m. Parking is FREE.

An overflow hotel will be available if the room block at the Easton is full. Call 614-481-3511 for information.

**\*Note Hotel Policy:** Conference registration is not required prior to reserving a hotel room. However, o4a will be cross-checking housing lists against **registered attendees**. Your registration confirmation will also contain the direct links to secure accommodations for the 2019 o4a Annual Conference. **Hotel room reservations are subject to cancellation if not registered in the individual's name attending the o4a Annual Conference by September 16, 2019.**

## WELCOME!

The Ohio Association of Area Agencies on Aging (o4a) welcomes you to the Annual Conference for Aging and Disability Resource Networks (ADRN). This conference provides an opportunity for aging and disability professionals to learn a wide range of cutting edge information on policy, research, and clinical practice. This year we have added extra sessions to cover the many topics we know will be of interest. The conference also serves as a place to network with fellow professionals and advocates from all over the state of Ohio. Make sure you take the opportunity to introduce yourself to others in your sessions and commit to keep the conversations going.

Older Ohioans and people with disabilities can live better lives when we keep up with the latest trends and research and learn how to apply best practices in our own communities. We are all aging and Ohio's changing demographics require new ways of looking at how we respond today and in the future. Most people are not prepared for long-term disability so it is important to learn how to prepare individually, locally and with state and federal policy. Continuing to improve prevention efforts and long-term supports and services in the community to meet the demand is vital. Ohio's aging and disability networks are part of the solution!

Here are a few questions you may have answered at the conference: What are the latest changes in Medicare and what does it mean for us? What's going on with Medicaid in Ohio? How does oral health affect us as we age? What can you expect with a statewide Kinship Navigator program? What are some innovations with older people in the criminal justice system? What role does spirituality have in our later years? What's a livable community and Age-Friendly state and what does it mean for Ohio? What are the health consequences of homelessness and what can we do?

We welcome your participation in this opportunity for learning and networking and look forward to many more years of exploration together.

 Duana Patton, President

 Larke Recchie, CEO



*Advocacy. Action. Answers on Aging.*

p.s. While here do a little early holiday shopping at central Ohio's premier shopping complex, Easton!

## CEU INFORMATION

*There is a \$25 processing fee for CEU credits*

### October 30 - 31, 2019

This program will be submitted for approval to the National Association of Social Workers, OH Chapter for **7.0** continuing education contact hours.

This program will be submitted for approval to the Ohio Department of Developmental Disabilities for **7.0** continuing education contact hours for Adult Services/Day Habilitation and Service & Support Administration.

\*RNs & LPNs: The Ohio Board of Nursing will accept sessions approved for Social Workers for continuing nurse education.

### Optional CEUs

Pre-Conference Intensives, October 30th (Additional \$50)

This program will be submitted for approval to the National Association of Social Workers, OH Chapter for **2.0** continuing education contact hours.

This program will be submitted for approval to the Ohio Department of Developmental Disabilities for **2.0** continuing education contact hours for Adult Services/Day Habilitation and Service & Support Administration.

\*RNs & LPNs: The Ohio Board of Nursing will accept sessions approved for Social Workers for continuing nurse education.

**\* Keep your CEU validation/registration form in a safe place after the conference; there is a \$25 replacement fee!**

Wednesday, October 30, 2019

**OPTIONAL CONCURRENT PRE-CONFERENCE INTENSIVES 9:00A – 11:00A**

**A. Oral Health for Older Adults**

Oral health for older adults is often ignored or not a high priority, but it can have substantial health implications. What are some innovative strategies in Ohio to address the issue and reach more older Ohioans? Learn about a state advocacy organization, Oral Health Ohio, and its efforts to improve oral health policy and practice around the state. Also hear from innovative practices in urban and rural areas to reach and treat older adults, and educate them on the importance of good oral health.

*Marla Morse, Program Director, Oral Health Ohio*

*Dr. Suparna Mahalaha, Faculty member, Case Western Reserve University and Dental Director at Care Alliance Health Center, Cleveland*

*Sherry Shamblin, Chief Strategy Officer, Hopewell Health Centers, Athens*

**B. Ohio Medicaid Update**

This is always a popular session to learn the newest developments from key Ohio Department of Medicaid staff. Medicaid has undergone many transformations in the last few years because of federal and state initiatives and changes. If you want to stay on top of current programs and future changes, this is the session for you.

*Roxanne Richardson, Deputy Director of Managed Care, Ohio Department of Medicaid*

*Karla Warren, Integrated Care Manager, Ohio Department of Medicaid*

*Carol Schenck, Provider Compliance Manager, Ohio Department of Medicaid*

**C. Medicare on the Move: New Insights and Opportunities**

The passage of the Chronic Care Act and new attention to social determinants of health have driven the Centers for Medicare and Medicaid Services (CMS) to promote dramatic changes in Medicare. Our speaker brings a wealth of knowledge and know-how to the discussion of these changes in Medicare regulations and new initiatives. You will learn how these changes can affect what services Medicare beneficiaries can access and how these changes open up new opportunities for community-based organizations like AAAs.

*Tim McNeill, RN, MPH, Freedmen's Health*

**OPENING LUNCHEON AND GENERAL SESSION 11:30A – 1:00P**

**Motivation: Healing Humor**

Laughter doesn't just feel good, it's good for you. Besides providing a release for stress, a sense of humor has also been associated with improved immune function, pain relief, lowered blood pressure and is a proven predictor of longevity. Finding the joy in what you do not only benefits your patients and clients, it unleashes your own natural healing potential.

Dave Caperton's programs have been described by his many clients in business, education and healthcare as a perfect blend of relevant content and entertaining high-energy humor. Drawing on his 20-plus years as an international keynote speaker, business owner, entrepreneur and executive coach and his background as an educator, stand-up comedian and comedy writer, Dave Caperton combines his long business experience and award-winning teaching strategies with razor sharp humor and comic timing to provide transformative insights on engagement, service and managing perception in a way that delivers results and fun.

Dave Caperton talks have been requested and lauded by such iconic organizations as Boeing Aerospace, GE, The Federal Aviation Administration, Nationwide Insurance, Limited Brands, The Cleveland Clinic, and over 750 other successful organizations and associations all over North America. Dave is also the author of **Happiness Is a Funny Thing**, a book he describes not as a how-to but a why-to book for realizing greater happiness, health, and joyful laughter both at work and at home.

*Dave Caperton, Motivational Humorist and Author*

Wednesday, October 30, 2019

**CONCURRENT WORKSHOPS I 1:30P – 3:00P**

**1. Ethical Implications with a Focus on Relationships and Boundary Settings - Part 1**

Participants will get an overview of the boundary and relationships sections of the Counselor and Social Work Board's code of Ethics. There will also be a review of the January 2018 revisions that NASW suggested for online and internet boundaries. From starting the relationship with a client with the consent to treat, to determining competencies and dual relationships, participants will be discussing the challenges and gray areas that come with this section of the code of ethics.

*Jennifer Haywood, LISW-S, LICDC-CS, Adjunct Professor, The Ohio State University, MSW Program*

**2. The Role of Spirituality in Preventing Social Isolation Among Low-Income Older Adults**

Social isolation has been linked to increasing mental and physical challenges that create more hurdles for older adults. Many older adults find that spirituality provides them with emotional and social supports. Learn about programs and partnerships built around spirituality that can prevent social isolation particularly with low-income older adults.

*Jacqi Bradley, Chief Executive Officer, Area Agency on Aging 3*

*Fatima Perkins, Director of Community Outreach & Advocacy, Western Reserve Area Agency on Aging*

**3. Grandparents Raising Grandchildren: Kinship Navigation and Care in Ohio**

Many grandparents are raising grandchildren, but some need assistance in navigating the system, and need to be able to take care of themselves as well. Learn more about initiatives in the state to support kinship caregivers, including: the state's plan for a new statewide kinship navigation program; the Statewide Grandparent and Kinship Care Coalition and what issues grandparents face; and the Area Office on Aging of Northwestern Ohio's Kinship Navigator Program.

*Arcelia Armstrong, Coordinator, Caregiver Support Program and Kinship Navigator Program, Area Office on Aging of Northwestern Ohio*

*Katina (Tina) Gaston, Kinship Navigator Program Supervisor, Area Office on Aging of Northwestern Ohio*

*Barbara Turpin, Co-Secretary, Ohio Grandparent and Kinship Care Coalition and Fellow, Ohio Federation for Health Equity and Social Justice*

**4. Re-Entry into Society: Supporting Older Adults with Criminal Convictions and Other Justice Involvement**

Decades of mass incarceration in the United States have created a population of older adults who are navigating the transition to life after prison. Past criminal convictions can complicate the aging process by presenting additional barriers to jobs, housing and public benefits, as well as social stigma. This workshop will focus on ways to support this population through the re-entry process.

*Laura Roan, Program Director, Elder Re-entry Initiative, Osborne Foundation*

*Michelle Missler, Director, Franklin County Office on Aging*

*Michael Daniels, Justice Policy Coordinator, Franklin County Justice Policy and Program*

**5. Stark County Court Angel Program**

The Stark County Probate Court Angel Program is the first volunteer-based monitoring program by a probate court in Ohio. It is designed to confirm the well-being of persons under guardianship. Scripps researchers recently conducted an evaluation of the program and have published a report that describes the program, highlights the evaluation findings, and provides advice for other counties who may want to start a Court Angel program.

*Honorable Dixie Park, Probate Judge, Stark County Probate Court of Common Pleas*

*Dr. Amy Roberts, Assistant Professor, Department of Family Science & Social Work, Miami University*

**Wednesday, October 30, 2019**

**CONCURRENT WORKSHOPS II 3:30P – 5:00P**

**6. Ethical Implications with a Focus on Relationships and Boundary Setting- Part 2**

Participants will get an overview of the boundary and relationships sections of the Counselor and Social Work Board's code of Ethics. There will also be a review of the January 2018 revisions that NASW suggested for online and internet boundaries. From starting the relationship with a client with the consent to treat, to determining competencies and dual relationships, participants will be discussing the challenges and gray areas that come with this section of the code of ethics.

*Jennifer Haywood, LISW-S, LICDC-CS, Adjunct Professor, The Ohio State University, MSW Program*

**7. LGBTQ Aging: The Journey Toward the Future of Cultural Competent Care**

Older adults who are lesbian, gay, bisexual, transgender, and/or Queer (LGBTQ) are a large and growing segment of the older adult population. The older LGBTQ community has unique needs and faces discrimination in access to services. Learn how the minority stress model explains health disparities and how to address them through cultural competence, humility and organizational readiness to serve older LGBTQ adults.

*Jerry Mallicoat, LGBTQ Health Initiatives Manager for Public Health, Dayton & Montgomery County; co-founding board member of Rainbow Elder Care of Greater Dayton*

**8. Reframing Aging & Elder Abuse**

Using the research and recommendations from the Frameworks Institute, panelists will share how they use evidence-based communications strategies and outreach to drive a more informed conversation about aging and elder abuse and the implications for our communities and public policy.

*Beth Kowalczyk, Chief Policy Officer, Ohio Association of Area Agencies on Aging (o4a)  
Reverend Beth Long-Higgins, Executive Director, Ruth Parker Center for Abundant Aging*

**9. Chronic Pain: What are the Consequences and What Can Be Done to Ease Pain?**

What is chronic pain? How does it affect older adults and people with disabilities? What are the options for treating chronic pain? Is medical marijuana a viable option and what do we need to know about it for the people we serve. Are there good alternatives to standard pain medications? What does the latest research tell us about avoiding opioid addiction? Hear from a noted central Ohio geriatrician about these questions and more.

*Dr. Meredith Mucha, Physician, OhioHealth Faculty of Geriatrics, Hospice Medical Director*

**10. With, Not For: Leveraging Community Engaged Design to Address Senior Hunger**

Design Impact will share how solving *with* — not for — community members is making a difference in efforts to address food insecurity in older adults. Over the past year, four food banks across the country have been collaborating with older community members in a senior-centered community engagement process to better address food insecurity among older adults. These older community members came up with ideas and tested them with food banks. You'll also walk away with practical tools for community engagement so you can try this process with your own organization.

*Michelle Sucher, Senior Social Innovation Specialist, Design Impact*

**Thursday, October 31, 2019**

**BREAKFAST AND GENERAL SESSION 8:00A – 10:00A**

**Greeting from Ursel McElroy, Director, Ohio Department of Aging**

**Livable Communities and the Age-Friendly Movement**

AARP Livable Communities supports the efforts of neighborhoods, towns, cities and rural areas across the country to be great places for people of all ages. Communities should provide safe, walkable streets; age-friendly housing and transportation options; access to needed services; and opportunities for residents of all ages to participate in community life. Learn how AARP is supporting livable communities and promoting the World Health Organization Age-Friendly Initiative in states, counties, and cities across the country.

*William Armbruster, Senior Advisor, AARP Livable Communities*

Thursday, October 31, 2019

**CONCURRENT WORKSHOPS III 10:30A – 12:00P**

**11. “POP Care” - a Healthcare Model to Improve Health of Homebound Adults and their Pets**

Both human and animal patients stand to benefit from an innovative new model of healthcare launched by leaders of The Ohio State University Colleges of Nursing, Veterinary Medicine and Social Work. Learn how the POP Care program borrows from the “One Health” concept endorsed by the Centers for Disease Control and Prevention, which suggests that the health of people can be directly connected to the health of the animals and environment around them. This innovative program addresses the health needs of people and their pets, with the goal of improving health outcomes for both.

*Dr. Bernadette Mazurek Melnyk, Vice President for Health Promotion, Dean and Professor, College of Nursing, Professor of Pediatrics & Psychiatry, College of Medicine, The Helene Fuld Health Trust National Institute for EBP*

*Dr. Holly Dabelko-Schoeny, MSW, Associate Professor, Research Director of Age-Friendly Communities, College of Social Work*

*Dr. Laurie Millward, MS, DACVP, Assistant Professor, College of Veterinary Medicine Department of Veterinary Clinical Sciences*

**12. How to Bring Mental Health First Aid to Your Community**

Mental Health First Aid is a national public education program that introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports. The goal is to make Mental Health First Aid as common as learning CPR. Learn how to access Mental Health First Aid courses in your community, for your staff, and about the efforts to focus on older adults. The course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional, peer, social, and self-help care.

*Jennifer Cox, MA, Director of Training, Montgomery County Alcohol, Drug Addiction and Mental Health Services; National Trainer/Instructor, Mental Health First Aid-USA*

**13. Don’t Click on That! Weathering a “Cyber Disaster”**

Emergency operations at your agency may not start with stormy weather! Presenters will describe how programs and staff across their organizations were impacted by a major computer virus and share lessons learned from operationalizing during an emergency. How can staff manage day to day without computers during recovery? How can an organization plan to get “back to normal?”

*Erica Drewry, Client Services Director, Central Ohio Area Agency on Aging*

*Abigail Morgan, Senior Vice President, Business Strategy & Performance, Direction Home Akron Canton Area Agency on Aging and Disabilities*

**14. PACE: The Program for All-Inclusive Care for the Elderly**

The Programs of All-Inclusive Care for the Elderly (PACE) provides comprehensive medical and social services to certain frail, community-dwelling elderly individuals, most of whom are dually eligible for Medicare and Medicaid benefits. An interdisciplinary team of health professionals provides PACE participants with coordinated care. This program is getting more national attention as a service delivery method for integrated care. Ohio has one PACE with multiple sites in the Cleveland area. Learn about this model of care and what it means for its participants.

*Tangi McCoy, MPA, Chief Executive Officer, McGregor PACE*

*Dr. Peter DeGolia, Medical Director, PACE*

*Kimberly Henderson, Chief Financial Officer, PACE*

**15. So You Want to Start an Age-Friendly Initiative**

What does it mean to be an Age-Friendly community, why would your community want to seek an Age-Friendly designation, and how do you go about it? Hear from AARP Ohio, Age-Friendly Columbus and Franklin County, Age-Friendly Cleveland, and Age-Friendly Clinton County about how the initiative came about in their respective communities and what they are doing to become more Age-Friendly.

*Katie White, Director of Age-Friendly Communities, Columbus and Franklin County*

*Mary McNamara, Director, City of Cleveland Department of Aging*

*Doug Tayek, Associate State Director for Outreach, AARP Ohio*

*Taylor Stuckert, Executive Director, Clinton County Regional Planning Commission*

**Thursday, October 31, 2019**

**CLOSING LUNCH AND GENERAL SESSION 12:30P – 3:00P**

**Homelessness and the Health Outcomes for Older Adults**

The number of older Ohioans who are homeless increased 97% from 2012 to 2017. It is a problem Aging and Disability advocates are confronting more and more at the front door of services and in care coordination and management. Dr. Kushel will share her extensive knowledge about reducing the burden of homelessness on health through examining efforts to prevent and end homelessness. She will also discuss mitigating the effects of housing instability on health care outcomes.

*Dr. Margot Kushel, Professor of Medicine, Director of University of California San Francisco Center for Vulnerable Populations*

**Register online TODAY ... space is limited!**

**\*Note: Registration Link Will Be Available on August 26, 2019**

**Registration: [2019 o4a Annual Conference Registration](http://o4a.formstack.com/forms/2019_o4a_annual_conference_registration)**

(if link is not working, go to: [http://o4a.formstack.com/forms/2019\\_o4a\\_annual\\_conference\\_registration](http://o4a.formstack.com/forms/2019_o4a_annual_conference_registration) )

**Registration Deadline is Wednesday, October 23rd**

**Registration Fees:**

**Standard registration fee for the two-day conference is \$275 (includes meals)**

**Pre Conference Intensive fee is \$50 (optional)**

**CEUs are \$25 (optional)**

*\*No refund request will be accepted or honored after **October 13, 2019** regardless of the reason for the cancellation. Registrations may be transferred in full to another individual you designate to attend the conference in your place if you are unable to attend and are unable to cancel your registration prior to the cancellation deadline by notifying us before the conference at the email or phone number listed below.*

**Questions? Email [arebalo@ohioaging.org](mailto:arebalo@ohioaging.org) or call (614) 481-3511**