



Advocacy. Action. Answers on Aging.

Annual Conference for Aging and Disability Resource Networks

November 15-16, 2017 | Hilton Easton | Columbus, Ohio

“Preliminary” Conference Narrative

CONFERENCE AT A GLANCE

Wednesday, November 15, 2017

7:30a - 5:00p	Registration
8:00a - 10:00a	Continental Breakfast
9:00a - 11:00a	Pre-Conference Intensives
11:30a - 1:00p	Opening Luncheon and General Session
1:00p - 1:30p	Break
1:30p - 3:00p	Concurrent Workshops I
3:00p - 3:30p	Break
3:30p - 5:00p	Concurrent Workshops II

Thursday, November 16, 2017

8:00a - 10:00a	Breakfast and General Session
10:00a - 10:30a	Break
10:30a - 12:00p	Concurrent Workshops III
12:00p - 12:30p	Break
12:30p - 3:00p	Closing Luncheon and General Session

HOTEL INFORMATION

Back by popular demand, this year's Conference on Aging takes place at the HILTON COLUMBUS AT EASTON in Columbus, Ohio. This beautiful hotel offers an exciting setting and is a convenient location for travelers.

Rooms are being held for our group until the cut-off date of **October 15, 2017**. To register at the special conference rate (\$172.00 + tax), please indicate to the hotel that you are attending the Ohio Association of Area Agencies on Aging Conference (o4a). **The group code is "AGA"**.

To make your guest room reservation, call 614-414-5000 between the hours of 8:00a-5:00p and ask for **in-house reservations**.

Check-in time is 4:00 p.m. and check-out time is 12:00 p.m. Parking is FREE.

Hilton Columbus at Easton
3900 Chagrin Drive
Columbus, OH 43219

<http://www3.hilton.com/en/hotels/ohio/hilton-columbus-at-easton-CMHCHHF/index.html>

WELCOME ...

To The Ohio Association of Area Agencies on Aging (o4a) Annual Conference for Aging and Disability Resource Networks (ADRN). Ohio's changing demographics require new ways of addressing long-term services and supports for today and the future. Ohio is currently experiencing an unprecedented growth in the older population-especially age 80 plus. More older, middle-aged, and younger Ohioans are less healthy than previous generations, which means an even greater increase in Ohioans who will require long-term services and supports (LTSS). Most people are not prepared for long-term disability so it is important to learn how to prepare individually, locally and with state and federal policy. Continuing to improve prevention efforts and the practice and delivery of LTSS to meet the demand is vital. Ohio's aging and disability networks are part of the solution!

Each year this conference provides an opportunity for aging and disability professionals to learn cutting edge information on policy, research, and clinical practice. The conference also brings professionals from Ohio's Area Agencies on Aging, providers, board members, local aging and disability organizations, and others to learn and share together.

This conference turns its focus toward key challenges for professionals in services for the elderly and people with disabilities: how to address the needs of caregivers, the latest in dementia care, malnutrition, and the challenges of the Ohio opioid crisis and new medical interventions such as medical marijuana. We hope these and other topics addressed by regional, state, and national experts and practitioners will engage and inform you.

We welcome your participation in this opportunity for learning and networking and look forward to many more years of exploration together.

p.s. While here do a little early holiday shopping at central Ohio's premier shopping complex, Easton!



Joe Rossi, President



Larke Recchie, CEO



CEU INFORMATION

There is a \$25 processing fee for CEUs.

November 15 - 16

7.0hrs This program will be submitted for approval to the National Association of Social Workers, OH Chapter for **7.0** continuing education contact hours.

7.0hrs This program will be submitted for approval to the Ohio Department of Developmental Disabilities for **7.0** continuing education contact hours for Adult Services/Day Habilitation and Service & Support Administration.

RNs & LPNs: "The Ohio Board of Nursing will accept sessions approved for Social Workers for continuing nurse education."

Optional CEUs

Pre-Conference Intensives, November 15 (Additional \$50)

2.0hrs This program will be submitted for approval to the National Association of Social Workers, OH Chapter for **2.0** continuing education contact hours.

2.0hrs This program will be submitted for approval to the Ohio Department of Developmental Disabilities for **2.0** continuing education contact hours for Adult Services/Day Habilitation and Service & Support Administration.

RNs & LPNs: "The Ohio Board of Nursing will accept sessions approved for Social Workers for continuing nurse education."

Wednesday, November 15, 2017

Optional Concurrent Pre-Conference Intensives

9:00a – 11:00a

A. Ohio Medicaid Update

The Ohio Department of Medicaid (ODM) has initiated many new revisions and reforms to longstanding programs. This session will provide an update and the rationale behind many of these changes. Participants will get a deeper understanding of Ohio Benefits Long-Term Services and Supports (OBLTSS), MyCare Ohio, Managed Long-Term Services and Supports (MLTSS), and other ODM initiatives.

Patrick Stephan, Director of Managed Care, Ohio Department of Medicaid

Tonya Hawkins, Section Chief, Ohio Department of Medicaid

B. National and State Efforts to Combat Senior Malnutrition and Hunger

In 2013, Ohio was ranked tenth in the nation for the percent of seniors facing the threat of hunger. In 2014, Ohio fell out of the top ten but the numbers are still high. In 2016, the Ohio General Assembly passed a bill creating a Malnutrition Prevention Commission to study the effects of malnutrition on seniors, and to issue recommendations. This session will discuss advocacy, policy and practical efforts to address senior malnutrition and hunger in Ohio and the nation.

E. Douglas Beach, Chief Executive Officer, Western Reserve Area Agency on Aging

Ainsley Malone, Clinical Practice Specialist, The American Society for Parenteral and Enteral Nutrition (ASPEN)

Shon Gress, Executive Director, Guernsey County Senior Citizens Center

Rebecca Liebes, Director of Nutrition and Wellness, Area Office on Aging of Northwest Ohio

C. Addiction and The Opioid Crisis: The Impact on Older Adults

Older adults are not immune to the opioid crisis. This session will educate participants on addiction in older adults, prevention strategies, recovery programs specifically for older adults, and an introduction to the Deterra Project (a community response to reduce opiate access).

Darryl Brake, Executive Director, Summit County Community Partnership

Cindy McQuown, Licensed Clinical Counselor, Cornerstone Wellness Center

Karen Hrdlicka, President/Chief Executive Officer, Mature Services

Opening Luncheon and General Session

11:30a – 1:00p

Motivation: A Funny Thing

A motivational presentation designed to give you the “jump-start” you’ve been missing. This program delivers clean, original material, creating the perfect blend of laughter, thought and inspiration. Using laughter as a super connector, Tim builds up the collective energy of team-building and morale. When you have your health, family, and priorities balanced, life just seems to fall into place. Learn to use laughter to open new channels of connection and communication.

Tim Clue, Motivational Humorist

Wednesday, November 15, 2017

Concurrent Workshops I

1:30p – 3:00p

1. Ethical Boundaries: Sacred Trust, Dual Relationships and Social Media - Part 1

While we would agree that ethics is an important element in virtually every part of society, it is an essential part of the healthcare profession. Participants will revisit what healthy ethical boundaries are and are not. We will take a closer look at the sacred trust placed in us by those we serve and the need for healthy boundaries regarding confidentiality. The definition of what constitutes dual relationships in each profession will be considered. We will also wrestle with the function of healthy ethical boundaries in the world of social media. Lastly, we will apply these ethical boundaries to case-scenarios.

Thomas O'Reilly, MS, PCC-S, Lakeshore Educational & Counseling Services

2. Activating and Supporting Family Caregivers in Dementia Care

The panel of experts will explore innovative approaches to activating caregivers of people living with dementia early in their caregiving journey. Solutions to activate these caregivers should provide value not only to those who receive care but also protect caregivers against burnout, stress and mental health concerns, such as depression and anxiety.

Laurie Herndon, Clinical Program Innovation Director, Seniorlink/Caregiver Homes
Beth Kallmyer, Vice President of Care and Support, Alzheimer's Association
Pam Schuellerman, Area Director, Caregiver Homes

3. Livable Communities

A livable community is one that is safe and secure, has affordable and appropriate housing and transportation options, and offers supportive community features and services. This session will introduce the Age-Friendly Columbus initiative, its assessment of the age-friendliness of Columbus, and how it will create a three-year city-wide action plan of improvement. This session will also feature the Kirwan Institute's Opportunity Mapping Project, which is a tool using existing data and GIS mapping to identify vulnerable older adults down to the neighborhood level.

Emily Campbell, Associate Director, The Center for Community Solutions
Amelia Costanzo, Planning Manager, Mid-Ohio Regional Planning Commission
Glennon Sweeney, Graduate Research Associate, Kirwan Institute

4. Problem Gambling and Older Adults

Problem gambling can be especially problematic for older adults. This session will discuss screening and assessment strategies, risk factors for the older adult population, evidence-based treatment modalities, and the similarities and differences in substance use and gambling disorders.

Scott Anderson, Problem Gambling Specialist, Ohio Mental Health and Addiction Services (MHAS)

Wednesday, November 15, 2017

Concurrent Workshops II

3:30p – 5:00p

5. Ethical Boundaries: Sacred Trust, Dual Relationships and Social Media - Part 2

While we would agree that ethics is an important element in virtually every part of society, it is an essential part of the healthcare profession. Participants will revisit what healthy ethical boundaries are and are not. We will take a closer look at the sacred trust placed in us by those we serve and the need for healthy boundaries regarding confidentiality. The definition of what constitutes dual relationships in each profession will be considered. We will also wrestle with the function of healthy ethical boundaries in the world of social media. Lastly, we will apply these ethical boundaries to case-scenarios.

Thomas O'Reilly, MS, PCC-S, Lakeshore Educational & Counseling Services

6. Direct-Care Workforce Initiatives in Ohio

Home care providers, long-term care facilities, and home and community based services face a shortage of direct care workers. This shortage will only continue to grow. This session will discuss practical ideas at the local level to address the shortage, as well as public policy initiatives to improve access.

Kathryn Brod, President/Chief Executive Officer, LeadingEdge Ohio

John Stacy, Director of Advocacy and Communications, Ohio Council for Home Care & Hospice (OCHCH)

Duana Patton, Chief Executive Officer, Ohio District 5 Area Agency on Aging

Mindy Cayton, Program Development Coordinator, Buckeye Hills Area Agency on Aging PSA 8

7. LGBTQ Elders: Best Practices for AAAs

Professionals in the aging and disability network must understand the unique challenges of all of the Ohioans they serve. Participants in this session will learn the importance of cultural competency in serving LGBTQ (Lesbian, Gay, Bisexual, Transgender, Queer) elders. Concrete examples of changes that can be made to better serve LGBTQ elders will be discussed.

Kim Welter, Chief Executive Officer, KLV Consulting LLC

Jennifer Tiedt, Outreach Specialist, Central Ohio Area Agency on Aging

8. n4a Federal Policy Update

Our presenter leads n4a's public policy, advocacy, communications, external relations and membership relations activities; and serves as the lead to Congress to ensure that needed resources and support services are available to older Americans and their caregivers. Participants will learn the latest information on a changing federal landscape affecting aging policies and issues, the federal budget, and health care policy.

Amy Gotwals, Chief of Public Policy/External Affairs, National Association of Area Agencies on Aging (n4a)

Thursday, November 16, 2017

Breakfast and General Session

8:00a – 10:00a

Reduce Your Risk - Maintain Your Brain: How Can You Make a Difference for Yourself?

Dementia affects about 6-10% of all 65 year olds and close to 50% of all 85 year olds. It is fast becoming the most feared and one of the deadliest conditions we can have. Most of us fear getting it, but few of us understand the risk factors and what we can do and not do to possibly help ourselves reduce our risk. Participants will learn to consider their genetics, behaviors, and choices that are related to getting dementia, and what we can do to make a difference. This session is designed to be fun, informative, and engaging. The impact of dementia is significant. Estimates are that if we could delay the average age of onset by five years, we could change the lives of hundreds of thousands of people each year. This session offers a place to start.

Teepa Snow, Owner/Trainer, Positive Approach LLC

Concurrent Workshops III

10:30a – 12:00p

9. Legal Regulation of Nursing Practice in Ohio

With the continuing challenges and changes in health care, it is important that nurses and dialysis technicians stay current with the law regulating their practice. This workshop meets the 1.0 hour continuing education requirement by the Ohio Board of Nursing for content on the law and rules regulating practice. Selected sections of the law and rules regarding scope of practice, delegation and discipline are reviewed.

Carol Roe, JD, MSN, RN, Lakeshore Educational & Counseling Services

10. Why Do They Do THAT? Understanding Symptoms and Behaviors in Dementia

This workshop will provide the selected key differences between dementia and forgetfulness, will identify changes in the brain that result in typical changes in behavior and function, and will describe common behaviors that are symptoms of dementia in the areas of memory, understanding, language use, movement and sensation, and impulse control. Participants will also learn effective versus typical caregiver responses to typical behaviors.

Teepa Snow, Owner/Trainer, Positive Approach LLC

11. The Practice Implications of Understanding Caregiving as a Journey of Change

This workshop will introduce the Caregiver Identity Change Theory, which identifies five phases of caregiving and key factors that create caregivers' distress. The model provides a new lens for rethinking caregiver support and for designing efficient and effective caregiver support programs. Implications for practice will be discussed.

Dr. Rhonda J.V. Montgomery, Professor Emerita, School of Social Welfare, University of Wisconsin Milwaukee

12. What Ohio Needs to Know About Medical Marijuana

This workshop will describe the medical marijuana control program in the state of Ohio and discuss the clinical considerations of medical marijuana, such as mechanism of action, patient selection, adverse effects, etc. Participants will also learn the impact of medical marijuana on older Ohioans and people with disabilities.

*Stephanie Abel, Palliative Medicine Clinical Pharmacy Specialist, OSU Wexner Medical Center
Ireatha Hollie, Medication Reconciliation Reviewer, Area Office on Aging of Northwestern Ohio*

Thursday, November 16, 2017

Closing Lunch and General Session

12:30p – 3:00p

What Good is Caregiver Assessment Without a Care Plan?

Without essential knowledge, skills and proven processes, professionals are not able to use information from caregiver assessments. Drawing on decades of research and practice experience, this two-part presentation will: (1) identify the types of tools, knowledge and skills needed to create viable and acceptable care plans to meet caregiver needs that are often complex and changing; and (2) discuss implications for selecting and implementing an array of evidence based interventions.

Dr. Rhonda J.V. Montgomery, Professor Emerita, School of Social Welfare, University of Wisconsin Milwaukee

Register online TODAY ... space is limited!

http://o4a.formstack.com/forms/2017_o4a_annual_conference_registration_copy

Registration Deadline is Monday, November 6th

Registration fees are:

Standard registration fee is \$250

(optional) Pre Conference Intensive fee is \$50

(optional) CEUs are \$25

*No refund request will be accepted or honored after **November 1, 2017**, regardless of the reason for the cancellation. Registrations may be transferred in full to another individual you designate to attend the conference in your place if you are unable to attend and are unable to cancel your registration prior to the cancellation deadline.*

Questions? Email rose@ohioaging.org